



SPORTS
for Exceptional Athletes

SPORTS for Exceptional Athletes (S4EA) is a sports program serving athletes with developmental disabilities ages 5 through adult in San Diego. 8380 Vickers Street Suite E, San Diego, CA 92111 | Website: www.s4ea.org | E-mail: sds4ea@gmail.com | Phone 858-565-S4EA (7432).

SPORTS NEWS - SEPTEMBER 2026

Published Monthly for Athletes, Families, Friends, Volunteers, Coaches & Other Supporters of SPORTS for Exceptional Athletes. Editor: Walter Jackson.

S4EA Pancake Breakfast Saturday September 26 at S4EA Office



S4EA has scheduled an Outdoor Family [Pancake Breakfast](#) on Saturday, September 26 from 8-10am at [S4EA Office](#) (8380 Vickers St. #E, San Diego 92111). The breakfast includes pancakes, scrambled eggs, sausage, milk, juice & coffee for \$10 per person. A raffle will be held. An Athlete Council meeting will be held at the end of the pancake breakfast to discuss upcoming Athlete Council Activities. Come join S4EA at our Pancake Breakfast. For more info, call S4EA at (858)565-7432.

S4EA Oktoberfest, Dinner & Dance October 10 at S4EA Office



S4EA has scheduled our own version of [Oktoberfest](#) on Saturday, Oct 10 from 3-5:30pm at the [S4EA Office](#) (8380 Vickers St. #E, SD 92111) for \$20. Besides drinking non-alcoholic beer, root beer & other soft drinks, we are serving brats, sausages, potato pancakes & various other German/food dishes. Participants are encouraged to wear lederhosen or other German attire. Music & lively dancing will take place, Call S4EA at 858-565-7432 to reserve your spot.



S4EA Halloween SPORTS Camp October 23-25 at Camp Marston in Julian

S4EA has scheduled Halloween SPORTS Camp for October 23-25 at [Camp Marston](#) (4761 Pine Hills Rd, Julian 92036). Camp Marston offers sports & traditional camp activities (climbing tower, candle making, paintball slingshots, hikes, nature center, Ga-Ga, talent show, dance) as well as Halloween fun (haunted house, costumes & trick-or-treating). Campers spend 2 nights in group cabins with bathrooms under guidance of chaperones/camp counselors. Because Camp Marston is hilly, a camper using a wheelchair may be limited to certain activities (cabins & dining hall are accessible). Persons with disabilities, families, friends, volunteers, coaches & supporters are welcome to join S4EA at camp.



The S4EA SPORTS Camp Registration Fee is \$450 per person to help pay for lodging, meals, insurance, supplies, etc. Mail Fee & [S4EA Camp Registration Form](#) as soon as possible to S4EA (8380 Vickers St. #E, SD, CA 92111). \$100 advance deposit will guarantee a spot at camp. Transportation is available for \$100 or campers may be brought directly to Camp Marston in Julian which is a little over a 1 hour drive from San Diego. **S4EA has received Vendor Approval from Regional Center for SPORTS Camp (PQ8659). Please contact your Regional Center worker to apply & get approval for Registration Fee &/or Transportation Fee.**

The 1-on-1 Chaperone Fee (to help pay extra cost of 1-on-1 chaperone that camper's family brings) of \$100 is no longer paid by Regional Center, but by family. If parent can chaperone an additional camper besides their son/daughter, then S4EA waives the \$100 fee. The 1-on-1 Chaperone Fee & Transportation Fee for parent must be paid in advance.

For more info, call S4EA at (858)565-7432 or go to website at www.s4ea.org.



S4EA Event Dates

September 13 S4EA Softball & Tennis Tourn.-Morley Field, Balboa Park (9am-5pm)

September 20 S4EA Bocce & Flag Football Tourn.-La Jolla Country Day Sch. (9am-3:30pm)

September 26 S4EA Pancake Breakfast - S4EA Office (8-10am)

October 10 S4EA Oktoberfest, Dinner & Dance - S4EA Office (3-5:30pm)

October 23-25 S4EA Halloween SPORTS Camp - Camp Marston in Julian (Fri 4:30pm-Sun 12noon)

November 21 S4EA Volleyball Tournament - Balboa Park Activity Center (9am-4pm)

December 13 S4EA Floor Hockey Tournament - Park de la Cruz (9am-5pm)



S4EA Summer & Fall Season

<u>Sport-Practices</u>	<u>Day</u>	<u>Time</u>	<u>Location</u>	Call S4EA at 858-565-7432 to confirm or for more Info
Bocce 	Tue Thu Sun	5:30-7:00pm 5:30-7:00pm 9am-3:30pm	Morley Bocce Ct (2221 Morley Field Dr, SD 92104) Jul 7-Sep 15 [League] (Code: 132127) Downtown IV (2248 Tierra Verde Rd, Vista 92084) Jul 16-Sep 17 La Jolla Country Day School (9490 Genesee Ave, La Jolla 92037)	
Bowling	Sat Sun	11am-1pm 10:45-12:20pm	Lucky Strike (845 Lazo Ct, CV 91910) Sep 12-Apr 24 not Sep 26-\$10 for 2 games [League] Mira Mesa Lanes (8210 Mira Mesa Blvd, SD 92126)-\$5 per hour+, cathysturdivant@yahoo.com to confirm	
Cycling 	Sat	1:15-3:30pm	Sep 5-No Ride, Sep 12- Hospitality Pt to Mission Valley via Friars Rd, Sep 19- Parking Lot (9404 Genesee) to UCSD, Sep 26- Liberty Station take Ferry ride around SD Bay [see calendar, S4EA website, coach or call S4EA at 858-565-7432 for more info]	
Flag Football	Wed Wed Sun Sun	5:45-7:15pm 5:45-8pm 9am-3:30pm 8:30am-3:00pm	Morley Field Athletic Fields (2221 Morley Field Dr., SD 92104) Sep 16-Oct 21 (Code: 135739) Park de la Cruz (3901 Landis St., SD 92105) (Sep 2&9 then move to Morley) La Jolla Country Day School (9490 Genesee Ave, La Jolla 92037) SNAP Flag Football Tournament at Valenica High School in Santa Clarita	
Floor Hockey	Mon Thu Sun	6:30-8:00pm 4:00-5:30pm 9am-5pm	Park de la Cruz (3901 Landis St., SD 92105) Sep 14-Dec 7 [League Play] (Code: 135738) Kearny Mesa Rec (3170 Armstrong, SD 92111) from Sep 17-Dec 10 [Jr] (Code: 135740) Park de la Cruz (3901 Landis St., San Diego 92105)	
Softball 	Wed Fri Sun	5:45-8:30pm 5:00-6:30pm 9am-5pm	Park de la Cruz (3901 Landis St., SD 92105) Jul 8-Sep 9 [League Play](Code: 132128) Robert Egger Sr-South Bay Rec Ctr (1885 Coronado Ave, SD 92154) Jun 12-Sep 11 Morley Field Softball Fields (2221 Morley Field Dr. near Texas & Upas St., SD 92104)	
Swimming	Fri	7:00-8:00pm	Copley YMCA (4300 El Cajon Blvd, SD 92105) Apr 10-Dec 18 [swimmers only]	
Tennis	Mon Sun	6:30-7:30pm 9am-3pm	Barnes Tennis Center (4490 W. Point Loma Blvd., SD 92107) Jun 1-Aug 31 Morley Field Tennis Courts (2221 Morley Field Dr. near Texas & Upas St., SD 92104)	
Volleyball	Mon Thu Thu Fri Sat	5:30-7:00pm 6:00-7:00pm 6:00-7:30pm 5:30-7:00pm 9am-4pm	Park de la Cruz (3901 Landis St., SD 92105) Sep 14-Nov 16 [League Play] (Code: 135738) Boys & Girls Club-Vista (410 W. California Ave, Vista 92083) from Sep 24-Nov 19 Bostonia Rec Ctr (1049 Bostonia, El Cajon 92021) from Sep 24-Nov 19 Parkway Full Gymnasium (373 Park Way, CV 91910) from Sep 18-Nov 20 Balboa Park Activity Center (2145 Park Blvd., San Diego 92101)	

Also see Calendar for Practices, Tournaments, and Events.

San Diego Parks & Recreation – Therapeutic Recreation Services

The City of **SAN DIEGO** Parks and Recreation Department San Diego Parks & Recreation (SDP&R) – Therapeutic Recreation Services (TRS) provides therapeutic recreation programs for children and adults with any type of disability. SDP&R-TRS is co-sponsoring S4EA activities at SD City Facilities so that S4EA athletes and volunteers also need to register with SDP&R-TRS. S4EA athletes need to either register on-line with [SDRecConnect.com](#) or register at first practice with SDP&R-TRS. The facilities that S4EA uses in the fall are Park de la Cruz-Floor Hockey/Volleyball Mon (Code: [135738](#)), Morley Field Sports Complex-Flag Football Wed (Code: [135739](#)), Kearny Mesa Rec Ctr Gym-Floor Hockey Thu (Code: [135740](#)).

S4EA Fall Sports – Need Volunteer Coaches

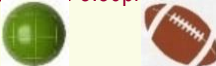
S4EA needs volunteer coaches this fall for the following sports:

- South Bay Bowling on Sat 11am-1pm at Lucky Strike Chula Vista Sep 12-Apr 24
- South Bay Volleyball on Fri 5:30-7pm at Parkway Full Gymnasium Sep 18-Nov 20
- East County Volleyball on Thu 6-7:30pm at Bostonia Recreation Center Sep 24-Nov 19
- North County Volleyball on Thu 6-7pm at Boys & Girls Club-Vista Sep 24-Nov 19
- Bowling, Flag Football, Floor Hockey & Volleyball at various other practice site locations

If interested in volunteer coaching or to get a [Volunteer Application](#), call S4EA at 858-565-7432.



~ September 2026 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Summer Season Sports - Bocce (BC) - Cycling (CY) - Softball (SB) - Swimming (SW) - Tennis (TE)	Fall Season Sports - Bowling (BO) - Flag Football (FB) - Floor Hockey (FH) - Volleyball (VB)	San Diego Co. Location C - San Diego City EC - East County NC - North County SB - South Bay	Facilities Bostonia Recreation Ctr. Boys & Girls Clubs Vista Kearny Mesa Rec Ctr Morley Field-Balboa Pk Park de la Cruz	Facilities Bowlero Chula Vista Copley YMCA Downtown IV Mira Mesa Lanes Parkway Full Gymnasium Robert Egger-S. Bay Rec Ctr	Donate to S4EA 	Community Giving Program Please contact Clara at sds4ea@gmail.com or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program
Donate Stocks to S4EA Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.		1 BC-C 5:30-7pm Morley Fd	2 FB-C 5:45-8pm Park de la Cruz SB-C 5:45-8:30pm Park de la Cruz	3 BC-NC 5:30-7 Downtown	4 SB-SB 5-6:30 Egger-SB Rec SW-C 7-8pm Copley YMCA	5 CY 1:15-3:30pm No Ride
6	7 Labor Day 	8 BC-C 5:30-7pm Morley Fd	9 FB-C 5:45-8pm Park de la Cruz SB-C 5:45-8:30pm Park de la Cruz	10 BC-NC 5:30-7 Downtown	11 SB-SB 5-6:30 Egger-SB Rec SW-C 7-8pm Copley YMCA	12 BO-SB 11am-1pm Bowlero CV CY 1:15-3:30pm Hospitality Pt to Mission Valley via Friars Rd
13 S4EA Softball/Tennis Tourn-Morley Fd-Balboa Park 9am-5pm  BO-C/NC 10:45a-12:20 Mira Mesa	14 FH-C 6:30-8pm Park de la Cruz VB-C 5:30-7pm Park de la Cruz	15 BC-C 5:30-7pm Morley Fd	16 FB-C 5:45-7:15pm Morley	17 BC-NC 5:30-7 Downtown FH-Jr. 4-5:30pm Kearny	18 SW-C 7-8pm Copley YMCA VB-SB 5:30-7 Parkway Gym	19 BO-SB 11am-1pm Bowlero CV CY 1:15-3:30pm Parking Lot (9404 Genesee Ave) to UCSD
20 Yom Kippur S4EA Bocce/Flag Football Tourn-La Jolla Country Day School 9am-3:30pm 	21 FH-C 6:30-8pm Park de la Cruz VB-C 5:30-7pm Park de la Cruz	22 Autumn Begins 	23 FB-C 5:45-7:15pm Morley	24 FH-Jr. 4-5:30pm Kearny VB-EC 6-7:30pm Bostonia VB-NC 6-7pm B&G Vista	25 SW-C 7-8pm Copley YMCA VB-SB 5:30-7 Parkway Gym	26 S4EA Pancake Breakfast – S4EA Office 8-10am  CY 1:15-3:30pm Liberty Station take Ferry ride around SD Bay
27 BO-C/NC 10:45a-12:20 Mira Mesa	28 FH-C 6:30-8pm Park de la Cruz VB-C 5:30-7pm Park de la Cruz	29	30 FB-C 5:45-7:15pm Morley	Facebook Birthday FR For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.	Volunteers Needed for Office Projects Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help	Designate S4EA with United Way United Way & Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name & address: S4EA, 8380 Vickers St. #E, SD 92111. Thanks for your support

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

SPORTS – Special Program Opportunities in Recreation, Teamwork, and Sports

FALL SPORTS

Celebrate SPORTS by Joining a Fall SPORTS Program!



Message from Exec. Dir. Walter Jackson

Join S4EA at Pancake Breakfast on Sep 26 at S4EA Office & Halloween SPORTS Camp Oct 23-25 at Camp Marston in Julian. S4EA is starting our fall sports in bowling, flag football, floor hockey, and volleyball. Browse thru Newsletter, visit www.s4ea.org or call S4EA at 858-565-7432 for more info.



SPORTS
for Exceptional Athletes



ADDRESS SERVICE REQUESTED

SPORTS for Exceptional Athletes
8380 Vickers St. Suite E
San Diego, CA 92111
E-mail: sds4ea@gmail.com
Website: www.s4ea.org
Phone: 858-565-S4EA (7432)
Fax: 858-496-7309

NONPROFIT ORG.
US POSTAGE
PAID
SAN DIEGO, CA
PERMIT NO.1781

SPORTS Camp Chaperones Needed

Volunteers (especially males) age 18+ are needed to chaperone Halloween SPORTS Camp Oct 23-25 at Camp Marston in Julian. Family & friends are welcome to chaperone. No experience needed.

Call S4EA at 858-565-7432 to sign-up or send in [S4EA Volunteer Application for SPORTS Camp Chaperone](#).



How To Register In S4EA



If you are interested in becoming an athlete in SPORTS for Exceptional Athletes, please call the S4EA Office at 858-565-7432 and we will send you a Registration Packet. You can also download registration information ([Athlete Registration Form](#)) directly from the SPORTS for Exceptional Athletes website at www.s4ea.org. The Registration Fee is \$20 per sport (scholarships available). S4EA offers over 20 sports: basketball, bocce, bowling, cross country/ downhill skiing, cycling, flag football, floor hockey, golf, ice skating, pickleball, snowboarding, snowshoeing, soccer, softball, swimming, table tennis, tennis, track, volleyball & walking/running/exercise workouts.

In team sports, teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams.

SPORTS for Exceptional Athletes (S4EA) is a sports program serving 1,400 athletes with developmental disabilities ages 5 through adult in San Diego County.

SPORTS Pledge

*I practice hard. I do my best. . .
I play with Pride. . . You'll be impressed!
We are SPORTS for Exceptional Athletes.*

S4EA Needs Your Help

SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
 - To provide sports facilities, equipment, meals, and other in-kind services.
 - To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County.
- SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax deductible as allowed by law.
- To [donate a vehicle to S4EA](#), call toll free 855-500-7433; free pick-up; tax receipt provided; and no smog certificate required.



Volunteers are needed as coaches for the fall season in bowling, flag football, floor hockey & volleyball. You do not need any prior experience in the sport or working with persons with developmental disabilities, just a desire to help. Head coaches run the practices, while assistant coaches help the athletes under the direction of the head coach in teaching the athletes various sports

skills. Volunteers also act as scorekeepers and timers in team sports league play. Coaches spend 2-3 hours weekly for a 3-month period. Call S4EA Office at 858-565-7432 to get involved.



Donate to S4EA



SPORTS Endowment Fund

S4EA has created the [SPORTS Endowment Fund](#) to help ensure long-term continuity and sustainability for S4EA. For more information on planned giving and other endowment options, call attorney Jerry Harris at 619-282-4415.