

#### for Exceptional Athletes

SPORTS for Exceptional Athletes (S4EA) is a sports program serving athletes with developmental disabilities ages 5 through adult in San Diego. 8380 Vickers Street Suite E, San Diego, CA 92111 I Website: <a href="http://www.s4ea.org">www.s4ea.org</a> I E-mail: <a href="http://sds4ea@gmail.com">sds4ea@gmail.com</a> I Phone 858-565-S4EA (7432).

# **SPORTS NEWS - JULY 2025**

Published Monthly for Athletes, Families, Friends, Volunteers, Coaches & Other Supporters of SPORTS for Exceptional Athletes. Editor: Walter Jackson.

#### S4EA Athlete Council Activities- S4EA Bingo Sat July 12 at S4EA Office



SPORTS for Exceptional Athletes presents <u>Bingo Bash</u> on Saturday, July 12 at our <u>S4EA Office</u> (8380 Vickers St. #E, San Diego 92111) in Kearny Mesa from 3:30-5pm. We will play bingo outside. For \$10.00 per set of 5 Bingo Cards, you can play Bingo with families & friends. Bingo winners will receive prizes. Snacks will be provided. Call S4EA at 858-565-7432 to reserve your spot.



#### S4EA SPORTS Camp August 1-3 at Pine Valley Bible Conference Center

S4EA has scheduled <u>SPORTS Camp</u> for August 1-3 at Pine Valley Bible Conference Center (8668 Pine Creek Road, Pine Valley 91962). Camp offers sports & traditional camp activities (zipline, pool, crafts, slip n' slide, talent show, dance) in 10-12 person rustic cabins.





The S4EA SPORTS Camp Registration Fee is \$350 per person to help pay for lodging, meals, insurance, supplies, etc. If camper needs 1-on-1 chaperone, a Supplemental Staffing Fee of \$150 will be charged.

Transportation is available for \$75 or campers may be brought directly to Pine Valley Camp which is about a 45-minute drive from San Diego. S4EA has received Vendor Approval from Regional Center for SPORTS Camp (PQ8659). Please contact your Regional Center worker to apply & get approval for Registration Fee, Supplemental Staffing Fee or Transportation Fee.

Limited spots available. First-come, first-served based on date of receipt of <u>Camp Athlete Registration Form</u>. Original cabin spots are basically full. Turn in Pine Valley Bible Conference Center Guidelines

S4EA is sharing the Pine Valley Bible Conference Center with other groups. Out of respect for others, we should abstain from swearing and keep noise levels respectable.

Skimpy swim wear is not allowed. Females should wear a one piece swimsuit. Board shorts are appropriate for males.

The cabins are rustic as each cabin has 12 bunk beds (6 bottom & 6 top bunks) with 1 toilet, 1 shower & 2 sinks in the cabin. PVBCC requires at least 10 persons in each cabin.

Camp Athlete Registration Form to be put on waiting list for any additional spots that may become available. For more info, call S4EA at (858)565-7432 or go to website at <u>www.s4ea.org</u>.



#### "A Taste 4 SPORTS" Gala Fundraiser May 29 Raises \$70,000 for S4EA

S4EA celebrated our 18<sup>th</sup> Annual <u>"A Taste 4 SPORTS"</u> on May 29<sup>th</sup> from 6-9pm at the Balboa Park Club. S4EA honored the Ron Newman Family as our 2025 'SPORTS Family of the Year'. Over 250 guests tasted food from 12 restaurants, listened to the music by the 'Beatle Trax' band & bid on fabulous silent auction items. Thank you to the 30 sponsors and over 60 auction donors who helped make "A Taste 4 SPORTS" a financial success with \$70,000 raised for S4EA. Thank you to everyone who participated.

#### **S4EA Event Dates**

July 12 July 19 August 1, 2	S4EA Bingo Bash – S4EA Office (3:30-5pm) Windansea 'Day at the Beach' – La Jolla Shores (9am-3pm) S4EA SPORTS Comp. – Bing Volley Bible Conf. Ctr. (Fri Anm. Sun 11cm)	<b>5</b>
August 1-3 August 9	S4EA SPORTS Camp – Pine Valley Bible Conf. Ctr. (Fri 4pm-Sun 11am) S4EA Swim Meet – St. Madeleine Sophie's Center, El Cajon (8am-1pm)	IMPO
August 24	S4EA Soccer Tournament – Morley Field in Balboa Park (9am-5pm)	-
September 7	S4EA Softball & Tennis Tournament – Morley Field in Balboa Park (9am	1-5pm)

S4EA Summer Season								
Bocce . T	<mark>)ay</mark> ue hu	Time 5:30-7:00pm 5:30-7:00pm	Location Summer Season Sports, Call S4EA at 858-565-7432 to confirm/for more Info Morley Bocce Ct (2221 Morley Field Dr, SD 92104) Jul 8-Sep 9 [League Play](Code: <u>123213</u> ) Brengle Terrace Park (1200 Vale Terrace Dr., Vista 92084) from Jul 10-Sep 11					
<b>Cycling</b> s	Sat	1:15-3:30pm	Jul 5-No Ride, Jul 12- <u>Plaza Bonita</u> to South Bay Jul 19- <u>Chula Vista Marina</u> to Imperial Beach, Jul 26- <u>Presidio Park</u> to Balboa Park [see calendar, S4EA website, coach or call S4EA at 858-565-7432 for more info]					
No practice Jul 4 F	/lon Fri Sun	6:30-7:30pm	Park de la Cruz (3901 Landis St, SD 92105) Jun 9-Aug 18 [League Play] (Code: <u>123212</u> ) Robert Egger SrSouth Bay Rec. Center (1885 Coronado Ave, SD 92154) Jun 13-Aug 22 Morley Field Soccer Fields (2221 Morley Field Dr. near Texas & Upas St., SD 92104)					
No practice Jul 4 F	Ved Sun Fri Sun	5:45-8:30pm 6:00-7:00pm 5:00-6:30pm 9am-5pm	Park de la Cruz (3901 Landis St., SD 92105) Jun 25-Sep 3 [League Play](Code: <u>123214</u> ) <u>Breeze Hill Park</u> (645 S. Melrose, Vista 92081) Jul 20-Aug 24 (need coach for Jul 20 practice) <u>Robert Egger SrSouth Bay Rec. Center</u> (1885 Coronado Ave, SD 92154) Jun 13-Sep 5 <u>Morley Field Softball Fields</u> (2221 Morley Field Dr. near Texas & Upas St., SD 92104)					
	Sat Jul 1		Las Palmas Pool (1800 E 22 <sup>nd</sup> St, NC 91950) \$20/mo. Jun 4-Aug 27 (Non-Swim 5-6/Swim 6-7) La Mesa Pool (5100 Memorial Dr, LM 91942)Jun 21-Aug 30 not Jul 19-\$5/ses.(swimmer only) Copley YMCA (4300 El Cajon Blvd, SD 92105)-\$5/ses.[Starting Date To Be Determined] Windansea teach surfing La Jolla Shores-Limited spots available-Call Clara 858-565-7432 St. Madeleine Sophie's Center (2119 E. Madison Ave., El Cajon 92019)					
	/lon Sun	7:00-8:00pm 9am-3pm	Barnes Tennis Center (4490 W. Point Loma Blvd., SD 92107) Jun 2-Aug 25 not Aug 4 Morley Field Tennis Courts (2221 Morley Field Dr. near Texas & Upas St., SD 92104)					

#### Workouts-Hikes/Exercise

Limitless Adventures is a volunteer-led, 501(c)(3) nonprofit organization that provides outdoor recreational experiences for people with disabilities. Their current programming consists of hikes and other activities & operates within the Greater San Diego Area. For more info, go to: https://www.limitless-adventures.org/ - Upcoming events: Rock Climbing-July 26

#### San Diego Parks & Recreation-Therapeutic Recreation Services

The City of

SAN DIEGO

San Diego Parks & Recreation (SDP&R) – Therapeutic Recreation Services (TRS) provides therapeutic recreation programs for children and adults with any type of disability. SDP&R-TRS is co-sponsoring S4EA Parks and Recreation Department activities at SD City Facilities so that S4EA athletes and volunteers also need to register with SDP&R-TRS.

S4EA athletes need to either register on-line with SDRecConnect.com or register at the first practice with SDP&R-TRS. The facilities that S4EA uses in the summer are Park de la Cruz-Soccer Mon (Code: 123212), Morley Field Bocce Courts-Bocce Tue (Code: 123213), and Park de la Cruz Softball Field-Softball Wed (Code: 123214).

## Windansea Surf Club 'Day at the Beach' July 19 at La Jolla Shores



Windansea Surf Club is sponsoring their 24th Annual 'Day at the Beach' for Special Surfers on Saturday, July 19 from 9am-3pm at La Jolla Shores. Windansea Surf Club volunteers will teach our athletes how to surf. Athletes should already know how to swim. Limited spots available. Call Clara at 858-565-7432 to reserve your spot.



#### **S4EA Summer Sports – Need Volunteer Coaches**

S4EA urgently needs volunteer coaches this summer for the following:

- North County Softball on Sundays from 6-7pm at Breeze Hill Park from Jul 20-Aug 24
- South Bay Softball Fridays from 5-6:30pm at Robert Egger Sr-South Bay Rec Ctr Jun 13-Sep 5
- South Bay Soccer Fridays from 6:30-7:30pm at Robert Egger Sr-South Bay Rec Ctr Jun 13-Aug 22
- East County/San Diego Swimming on Saturdays from 10-11:30am at La Mesa Pool Jun 21-Aug 30
- South Bay Swimming on Wednesdays from 5-7pm at Las Palmas Pool from June 4-August 27





## 858-565-7432

# **SPORTS for Exceptional Athletes**

www.s4ea.org

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~ July 2025 ~											
Sun	Mon	Tue	Wed	Thu	Fri	Sat					
	C - San Diego City EC - East County NC - North County	<u>Facilities</u> Barnes Tennis Center La Mesa Pool Las Palmas Pool Mira Mesa Lanes	<u>Facilities</u> Breeze Hill Park Brengle Terrace Park Morley Field-Balboa Pk Park de la Cruz Robert Egger-S. Bay Rec Ctr	Donate to S4EA	Donate Stocks to S4EA Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.	Vols Needed for Office Projects Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help					
Community Giving Program Please contact Clara at sds4ea@gmail.com or 858- 565-7432 if your company has a community giving, matching gift or volunteer recognition program		1	<b>2</b> SB-C 545-830pm <u>Park de la Cruz</u> SW-SB 5-7pm <u>Las Palmas</u>	3	4 Independence Day	<b>5</b> CY 1:15-3:30pm No Ride SW-EC 10-11:30am <u>LM Pool</u>					
<b>6</b> BO-C/NC 10:45a-12:20 <u>Mira Mesa</u>	<b>7</b> SO-C 5:45-8pm <u>Park de la Cruz</u> TE-C 7-8pm <u>Barnes Tennis Ctr</u>	<b>8</b> BC-C 5:30-7pm <u>Morley Fd</u>	<b>9</b> SB-C 545-830pm <u>Park de la Cruz</u> SW-SB 5-7pm <u>Las Palmas</u>	<b>10</b> BC-NC 5:30-7 <u>Brengle Ter</u>	<b>11</b> SB-SB 5-6:30 <u>Egger-SB Rec</u> SO-SB 630-730 <u>Egger-SB Rec</u>	12 S4EA Bingo Bash – S4EA Office 3:30-5pm CY 1:15-3:30pm Plaza Bonita to South Bay SW-EC 10-11:30am LM Pool					
13	<b>14</b> SO-C 5:45-8pm <u>Park de la Cruz</u> TE-C 7-8pm <u>Barnes Tennis Ctr</u>	<b>15</b> BC-C 5:30-7pm <u>Morley Fd</u>	<b>16</b> SB-C 545-830pm <u>Park de la Cruz</u> SW-SB 5-7pm <u>Las Palmas</u>	<b>17</b> BC-NC 5:30-7 <u>Brengle Ter</u>		<b>19</b> Windansea 'Day at the Beach' LJ Shores 9am-3pm CY 1:15-3:30pm <u>Chula Vista</u> <u>Marina</u> to Imperial Beach					
BO-C/NC 10:45a-12:20 Mira Mesa	<b>21</b> SO-C 5:45-8pm <u>Park de la Cruz</u> TE-C 7-8pm <u>Barnes Tennis Ctr</u>	<b>22</b> BC-C 5:30-7pm <u>Morley Fd</u>		<b>24</b> BC-NC 5:30-7 <u>Brengle Ter</u>	<b>25</b> SB-SB 5-6:30 <u>Egger-SB Rec</u> SO-SB 630-730 <u>Egger-SB Rec</u>	<b>26</b> CY 1:15-3:30pm <u>Presidio Park</u> to Balboa Park SW-EC 10-11:30am <u>LM Pool</u> <u>Limitless Adventures</u> Rock Climbing					
SB-NC 6-7pm Breeze Hill	<b>28</b> SO-C 5:45-8pm <u>Park de la Cruz</u> TE-C 7-8pm <u>Barnes Tennis Ctr</u>			<b>31</b> BC-NC 5:30-7 <u>Brengle Ter</u>	Facebook Birthday FR For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.	Designate S4EA with United Way United Way & Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name & address: S4EA, 8380 Vickers St. #E, SD 92111. Thanks for your support					

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

## SPORTS – Special Program Opportunities in Recreation, Teamwork, and Sports



# Celebrate Independence Day on the 4<sup>th</sup> of July!

Message from Exec. Dir. Walter Jackson

Join S4EA at Bingo Bash on Sat July12 at S4EA office and SPORTS Camp August 1-3 at Pine Valley Camp. S4EA is running our summer sports in bocce, cycling, soccer, softball, swimming, and tennis. Browse thru

the Newsletter, visit www.s4ea.org or call S4EA

at 858-565-7432 for more info.

#### SPORTS Camp Chaperones Needed

Male volunteers ages 18 & over are needed to chaperone SPORTS Camp August 1-3 at Pine Valley Camp. Family and friends are welcome to chaperone. No experience needed.

Call S4EA at 858-565-7432 to sign-up or send in a S4EA Volunteer Application for SPORTS Camp Chaperone.



SPORTS for Exceptional Athletes 8380 Vickers St. Suite E San Diego, CA 92111 E-mail: sds4ea@gmail.com Website: www.s4ea.org Phone: 858-565-S4EA (7432) Fax: 858-496-7309

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## **How To Register In S4EA**



If you are interested in becoming an athlete in SPORTS for Exceptional Athletes, please call the S4EA Office at 858-565-7432 and we will mail you a Registration Packet. You can also download registration information (Athlete Registration Form) directly from the SPORTS for Exceptional Athletes website at www.s4ea.org. The Registration Fee is \$20 per sport (scholarships available). S4EA offers over 20 sports: basketball, bocce, bowling, cross country/ downhill skiing, cycling, flag football, floor hockey, golf, ice skating, pickleball, snowboarding, snowshoeing, soccer, softball, swimming, table tennis, tennis, track, volleyball & walking/running/exercise workouts.

In team sports, teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams.

SPORTS for Exceptional Athletes (S4EA) is a sports program serving 1,400 athletes with developmental disabilities ages 5 through adult in San Diego County.

#### **S4EA Needs Your Heip**

SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
- To provide sports facilities, equipment, meals, and other in-kind services.
- To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County. SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax deductible as allowed by law. To donate a vehicle to S4EA, call toll free 855-500-7433; free pick-up; tax receipt provided; and no smog certificate required.



Volunteers are needed as coaches for the summer season in bocce, cycling, soccer, softball, swimming, and tennis. You do not need any prior experience in the sport or working with persons with developmental disabilities, just a desire to help. Head coaches run the practices, while assistant coaches help the athletes under the direction of the head coach in teaching the athletes

various sports skills. Volunteers also act as scorekeepers and timers in team sports league play. Coaches spend 2-3 hours weekly for a 3-month period. Call S4EA Office at 858-565-7432 to get involved.



SPORTS Pledge

I practice hard. I do my best. . .

I play with Pride. . . You'll be impressed! We are SPORTS for Exceptional Athletes.

#### **SPORTS Endowment Fund**

S4EA has created the SPORTS Endowment Fund to help ensure long-term continuity and sustainability for S4EA. For more information on planned giving and other endowment options, call attorney Jerry Harris at 619-282-4415.