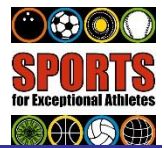




858-565-7432

SPORTS for Exceptional Athletes

www.s4ea.org



~ November 2023 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Fall Season Sports - Bowling (BO) - Cycling (CY) - Floor Hockey (FH) - Pickleball (PB) - Volleyball (VB)	San Diego Co. Location C - San Diego City EC - East County NC - North County SB - South Bay	Facilities Bostonia Recreation Ctr. Bowlero Chula Vista Boys & Girls Clubs Vista Kearny Mesa Rec. Ctr. Mira Mesa Lanes Park de la Cruz		Facebook Birthday FR For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.	Donate Stocks to S4EA Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.	Vols Needed for Office Projects Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help.
Community Giving Program Please contact Clara at sds4ea@gmail.com or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program.	Designate S4EA with United Way United Way & Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name & address: S4EA, 8380 Vickers St. #E, SD 92111. Thanks for your support.		1	2 FH-Jr. 4-5:30pm Kearny FH-EC 6-7:30pm Bostonia	3	4 BO-SB 11am-1pm Bowlero CV CY 1:15-3:30pm No Ride
5 Daylight Savings Ends S4EA Bunco-S4EA Office-8380 Vickers St #E 1-3pm Vaccine Clinic-S4EA Office 12-4pm	6 FH-C 6:30-8:30 Park de la Cruz VB-C 5:30-7pm Park de la Cruz	7 Election Day VB-NC 6-7pm B&G Vista	8	9 FH-Jr. 4-5:30pm Kearny FH-EC 6-7:30pm Bostonia	10	11 Veterans Day CY 7am-11:30am Liberty Station "Ride the Point", Picnic at 10:30am
12	13 FH-C 6:30-8:30 Park de la Cruz VB-C 5:30-7pm Park de la Cruz	14 VB-NC 6-7pm B&G Vista	15	16 FH-Jr. 4-5:30pm Kearny FH-EC 6-7:30pm Bostonia	17	18 S4EA Volleyball Tourn-Balboa Park Activity Center 9am-4pm BO-SB 11am-1pm Bowlero CV
19	20 FH-C 6:30-8:30 Park de la Cruz PB-C 5:30-6:45 Park de la Cruz	21	22	23 Thanksgiving	24	25
26	27 FH-C 6:30-8:30 Park de la Cruz PB-C 5:30-6:45 Park de la Cruz	28	29	30 FH-Jr. 4-5:30pm Kearny FH-EC 6-7:30pm Bostonia		