



SPORTS
for Exceptional Athletes

SPORTS for Exceptional Athletes (S4EA) is a sports program serving athletes with developmental disabilities ages 5 through adult in San Diego. 9575 Aero Drive, Suite B, San Diego, CA 92123 * Website: www.s4ea.org * E-mail: sds4ea@gmail.com * Phone 858-565-S4EA (7432).

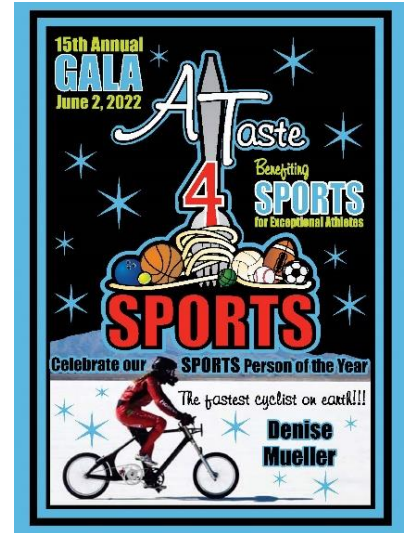
SPORTS NEWS - JUNE 2022

Published Monthly for Athletes, Families, Friends, Volunteers, Coaches & Other Supporters of SPORTS for Exceptional Athletes. Editor: Walter Jackson.

"A Taste 4 SPORTS" Gala Fundraiser June 2 at Balboa Park Club

S4EA is hosting for our members the 15th Annual "A Taste 4 SPORTS" Gala Fundraiser on Thursday, June 2nd from 6-9pm at the [Balboa Park Club](#) (2144 Pan American Road West, SD 92101) featuring food & wine from 15-20 restaurants, personal chefs, caterers & wineries. Mingle with notable local & sports figures, including NBA Hall of Fame player Bill Walton & Mad Mike from MTVs "Pimp My Ride", enjoy live music with 'The Night Owls' & bid on an exquisite array of auction items. S4EA is honoring "The Fastest Cyclist on Earth" Denise Mueller as our 2022 'SPORTS Person of the Year'. [Reservations](#) are \$60 per person.

Sponsorship opportunities available at following levels: Platinum-\$10,000, Gold-\$5,000, Silver-\$1,000 & Bronze-\$500. Please donate gift certificates, trips, autographed sports memorabilia to enhance the auction. For more info, call 858-565-7432 or visit www.s4ea.org/taste4sports.



S4EA Thanks "A Taste 4 SPORTS" Event Sponsors

SPORTS for Exceptional Athletes thanks the Event Sponsors at "A Taste 4 SPORTS" June 2nd:

Gold Level

Nick Brumbach
Idy Land Surveying

Bronze Level

Brixton Capital
Gibson Family
HME
Jerry & Mary Ellen Harris Family
Richard Harris Family
Jackson/Snowdall Family
The Arc of San Diego
Yates/Julius Family

Bronze Level

Alvarez Family
Benavidez Family
Colors Gourmet Pizza
Cunningham Family
Clara Downes
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Goldbaum Family
Brian Miller
Jennifer Styer/Duane MacNeilan
Kathy Nelson
Peters Family
Bill Randall
Rathbun Family
Screaming Pete's BBQ
Sonnenberg & Company, CPAs
Super Wash/Dry Laundromat-CV
Triad Components Group

"A Taste 4 SPORTS" Food & Drink Sponsors

AleSmith Brewing Co.
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Dream Dinners
Guillermo's-Pepe's St. Tacos
Jellybear Jelly Company
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MexiCocina Restaurant
Mimi's Kitchen
Preferred MM SD Ins Serv

PRP Wine International
Screaming Pete's BBQ
Uncle Ed's Damn Good Vodka
& many more



"A Taste 4 SPORTS" Auction & Raffle Items

Getaways to a variety of exciting locations.
Sports Memorabilia—baseball, golf, football, soccer, basketball, etc.
Gift Certificates/Tickets to local restaurants, museums, theatres, hotels, spa treatments, fun & games, whale watching, and more.
Artwork, Jewelry & many more items.
For more items: www.s4ea.org/taste4sports

San Diego Parks & Recreation-Therapeutic Recreation Services

The City of

SAN DIEGO
Parks and Recreation Department

San Diego Parks & Recreation (SDP&R) – Therapeutic Recreation Services (TRS) provides therapeutic recreation programs for children and adults with any type of disability. Over the years TRS has been supporting SPORTS for Exceptional Athletes in obtaining contracts for the use of San Diego City Recreation Facilities (gyms & fields) through a SUP agreement which ended in March. SDP&R-TRS is now co-sponsoring activities at SD City Facilities so that S4EA athletes and volunteers also need to register with SDP&R-TRS. S4EA athletes need to either register on-line with SDRecConnect.com or register at the first practice with SDP&R-TRS. The facilities that S4EA uses in the summer are Park de la Cruz-Soccer Mon (Code: [101431](#)), Morley Field Bocce Courts-Bocce Tue (Code: [101430](#)), and Morley Field Softball Fields-Softball Wed (Code: [101432](#)).

S4EA Moving Our Offices – 8380 Vickers St. #E, San Diego 92111

Because Arc has sold North Shores which has been S4EA's home for the last 11 years, S4EA is moving in June. Our new location is in Kearny Mesa at 8380 Vickers St. #E, San Diego 92111 near Balboa Ave & Hwy 163.

S4EA Event Dates

June 2

S4EA "A Taste 4 SPORTS" Gala Fundraiser – Balboa Park Club (6-9pm)

S4EA Summer Season









S4EA has opened up our indoor & outdoor sports that met all Guidelines (depends on COVID-19 status)

Contact S4EA at www.s4ea.org or 858-565-7432 for more updates.

Once you are ready, athletes & volunteer coaches come join us in the following sports (also see calendar):

CDC Sports Recommendations

Based on CDC recommendations to help stop the spread of COVID-19 & especially the Delta & Omicron variants, S4EA would like everyone (age 5 & above) participating in S4EA activities to have been vaccinated & boosted.

Sport-Practices	Day	Time	Location	Tentative Summer Season Sports, Call S4EA at 858-565-7432 For More Info
Bocce 	Tue	5:30-7:00pm	Morley Bocce Ct (2221 Morley Field Dr, SD 92104)	start Jul 5 [League Play] (Code: 101430)
	Thu	5:30-7:00pm	Brengele Terrace Park (1200 Vale Terrace Dr., Vista 92084)	starting in July (tentative)
Bowling 	Sat	11am-1pm	Bowlero Chula Vista (845 Lazo Ct, CV 91910)	ending June 11-\$8 for 2 games [League Play]
	Sat	11:30am-3pm	Parkway Bowl (1280 Fletcher Pkwy, EC 92020)	end Jun 18-\$6 for 3 games (register-call Sue)
Cycling 	Sat	1:15-3:30pm	Jun 4- Liberty Station to Coronado, Jun 11- DeAnza Cove to Mission Bay, Jun 18- CV Marina to IB, Jun 25- Liberty Station to Navy Base [see calendar, S4EA website, coach for more info]	
Ice Skating 	Wed	3:45-4:45pm	San Diego Ice Arena (11048 Ice Skate Place, San Diego 92126)	Put skates on at 3:30pm [New athletes call Terry Poletto at 858-349-7388 before starting]
Soccer 	Mon	5:30-8:00pm	Park de la Cruz (3901 Landis St., SD 92105)	starting June 20 [League Play] (Code: 101431)
	Thu	6:00-7:00pm	South Bay – Location To Be Determined	starting July 7 (tentative)
Softball 	Wed	5:30-8:30pm	Morley Softball Fds (2221 Morley Field Dr, SD 92104)	start Jun 22 [League Play] (Code: 101432)
	Thu	5:00-6:00pm	South Bay – Location To Be Determined	starting July 7 (tentative)
	Sun	3:30-5:30pm	Breeze Hill Park (645 S. Melrose, Vista 92081)	starting July 17 (tentative)
Swimming 	Sat	10:30-11:30am	La Mesa Pool (5100 Memorial Dr, La Mesa 91942)	start June 25-\$5 per session (swim only)
	Day at the Beach-Sat Jul 9	9am-3pm	Windansea teach surfing La Jolla Shores-Limited spots available-Call Clara 858-565-7432	
Tennis 	Mon	6:30-7:30pm	Barnes Tennis Center (4490 W. Point Loma Blvd., SD 92107)	starting June 13
Workouts-Hikes/Exercise			Limitless Adventures is a volunteer-led, 501(c)(3) nonprofit organization that provides outdoor recreational experiences for people with disabilities. Their current programming consists of hikes and other activities & operates within the Greater San Diego Area. For more info, go to: https://www.limitless-adventures.org/ - Upcoming events: Hike-June 25	

S4EA Practices & Tournaments – Guidelines During COVID-19

- Download [Athlete Registration Form](#) & [COVID-19 Waiver of Liability Form](#) from S4EA website, fill out/email to S4EA
- Do not come if you are sick
- Check temperature (if above normal, don't come to practice)
- Before & during practice, coaches clean various surfaces & sports equipment with disinfectant to kill COVID-19 virus
- Wash hands often with soap & water for at least 20 seconds
- **Avoid giving handshakes, high fives, and hugs**
- **Wear a facemask & practice social distancing of at least 6 ft. indoor to help protect our athletes with disabilities**
- Bring your own filled water bottle (recommended)
- Bring your own sports equipment (recommended)
- Bring your own chair (recommended)
- Do not touch other people
- Only touch your own equipment
- Avoid touching eyes/nose/mouth with unwashed hands

Get your vaccine now & be safe to play our sports.

What To Do To Get Vaccine

The Delta Variant of COVID-19 spread rapidly and the Omicron Variant spread even more quickly. Getting the vaccine and then the booster when eligible is the best way to keep from getting the virus & going to the hospital.

Anyone 5 and up can now get a vaccine. COVID-19 vaccines are safe, effective and 100% free. Sign up for your appointment today and join the millions who are putting an end to this pandemic. Some websites to help find vaccines:

<https://myturn.ca.gov/>

<https://vaccinefinder.org/>

<https://www.sandiegocounty.gov/>

If you need help getting the vaccine, contact S4EA at 858-565-7432 to get COVID vaccine at Vincent Pharmacy.





858-565-7432

S4EA has opened up our indoor and outdoor sports that met all Guidelines.
Once you are ready, athletes & volunteer coaches come join us in the following sports.

SPORTS for Exceptional Athletes

www.s4ea.org



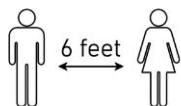
~ June 2022 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>CDC Recommendations</u> Get your COVID Vaccines/Booster & Be Safe to Play our Sports.</p>	<p><u>Vols Needed for Office Projects</u> Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help.</p>		<p>1 IS-SR 3:45-4:45 SD Ice Arena</p>	<p>2 "A Taste 4 SPORTS" Balboa Park Club 6-9pm</p>	<p>3</p>	<p>4 BO-SB 11am-1pm Bowlero CV BO-EC 11:30-3pm Parkway Bowl CY 1:15-3:30pm Liberty Station to Coronado</p>
5	6	7	<p>8 IS-SR 3:45-4:45 SD Ice Arena</p>	9	10	<p>11 BO-SB 11am-1pm Bowlero CV BO-EC 11:30-3pm Parkway Bowl CY 1:15-3:30pm De Anza Cove to Mission Bay</p>
12	<p>13 TE-C 6:30-7:30 Barnes Tennis Ctr</p>	<p>14 Flag Day</p>	<p>15 IS-SR 3:45-4:45 SD Ice Arena</p>	16	17	<p>18 BO-EC 11:30-3pm Parkway Bowl CY 1:15-3:30pm CV Marina to Imperial Beach</p>
<p>19 Father's Day Juneteenth</p>	<p>20 SO-C 5:30-8pm Park de la Cruz TE-C 6:30-7:30 Barnes Tennis Ctr</p>	<p>21 Summer Begins</p>	<p>22 IS-SR 3:45-4:45 SD Ice Arena SB-C 5:30-8:30pm Morley</p>	23	24	<p>25 CY 1:15-3:30pm Liberty Station to Navy Base SW-EC 10:30-11:30am LM Pool Limitless Adventure Hike</p>
26	<p>27 SO-C 5:30-8pm Park de la Cruz TE-C 6:30-7:30 Barnes Tennis Ctr</p>	28	<p>29 IS-SR 3:45-4:45 SD Ice Arena SB-C 5:30-8:30pm Morley</p>	30	<p><u>Donate Stocks to S4EA</u> Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.</p>	<p><u>Shop Online with AmazonSmile</u> By registering S4EA at smile.amazon.com, Amazon will donate 0.5% of the purchase price to S4EA. You get the same low prices & selection as on Amazon.com.</p>
<p><u>Sports - Bocce (BC)</u> - Bowling (BO) - Cycling (CY) - Ice Skating (IS) - Soccer (SO) - Softball (SB) - Swimming (SW) - Tennis (TE)</p>	<p><u>San Diego Co. Location</u> C - San Diego City EC - East County NC - North County SB - South Bay SR - Scripps Ranch</p>	<p><u>Facilities</u> Bowlero Chula Vista La Mesa Pool Parkway Bowl San Diego Ice Arena</p>	<p><u>Facilities</u> Barnes Tennis Center Breeze Hill Park Brengle Terrace Park Morley Field-Balboa Park Park de la Cruz</p>	<p><u>Community Giving Program</u> Please contact Clara at sds4ea@gmail.com or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program.</p>	<p><u>Designate S4EA with United Way</u> United Way & Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name & address: S4EA, 9575 Aero Dr #B, SD 92123. Thanks for your support.</p>	<p><u>Facebook Birthday FR</u> For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.</p>

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

SPORTS – Special Program Opportunities in Recreation, Teamwork, and Sports

Printing courtesy of a grant from Las Patronas



Maintain Social Distancing & Wear Your Mask Indoor To Help Protect our Athletes with Disabilities!



Message from Executive Dir. Walter Jackson

Join S4EA at "A Taste 4 SPORTS" on Thursday, June 2 from 6-9pm at the Balboa Park Club. S4EA is opening our summer season in June & July. Visit www.s4ea.org or call S4EA at 858-565-7432 for more info.

S4EA Board of Directors – 2022-23

Congratulations to the new 2022-23 S4EA Board of Directors elected at the S4EA Board meeting on May 12th.

3-year term: Martin Duarte.

1-year terms: Joe Alvarez-Salas, Kelly Choularton, Isaac Hernandez, Teri King.

Executive Com.: Ron Choularton (Pres.), Randy Levinson (Vice Pres.), Teri King (Treas.), Adrian Lizano (Sec.), Skip Covell (Past Pres.).

Other Current Board Members: Rodney Caudillo, Carissa Nelson-Zink.

Special thanks to out-going Board Member Nicole Alvarez for her great dedication to S4EA.



SPORTS for Exceptional Athletes
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How To Register In S4EA

If you are interested in becoming an athlete in SPORTS for Exceptional Athletes, please call the S4EA Office at 858-565-7432 and we will mail you a Registration Packet. You can also download registration information ([Athlete Registration Form](#) & [COVID-19 Waiver of Liability Form](#) – Needed to participate during COVID-19) directly from the SPORTS for Exceptional Athletes website at www.s4ea.org. The Registration Fee is \$20 per sport (scholarships available). S4EA offers over 20 sports: baseball, basketball, bocce, bowling, cross country/downhill skiing, cycling, flag football, floor hockey, golf, ice skating, snowboarding, snowshoeing, soccer, softball, swimming, table tennis, tennis, track, volleyball & walking/running/exercise workouts.

In team sports, teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams.

SPORTS for Exceptional Athletes (S4EA) is a sports program serving over 450 athletes with developmental disabilities ages 5 through adult in San Diego County during the pandemic.

SPORTS Pledge

*I practice hard. I do my best. . .
I play with Pride. . . You'll be impressed!
We are SPORTS for Exceptional Athletes.*

S4EA Needs Your Help

SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
- To provide sports facilities, equipment, meals, and other in-kind services.
- To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County. SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax deductible as allowed by law.
- To [donate a vehicle to S4EA](#), call toll free 855-500-7433; free pick-up; tax receipt provided; and no smog certificate required.

[Volunteers](#) are needed as coaches for the summer season in bocce, bowling, cycling, ice skating, soccer, softball, swimming, and tennis. You do not need any prior experience in the sport or working with persons with developmental disabilities, just a desire to help. Head coaches run the practices, while assistant coaches help the athletes under the direction of the head coach in teaching the athletes various sports skills. Volunteers also act as scorekeepers and timers in team sports league play. Coaches spend 2-3 hours weekly for a 3-month period. Call S4EA Office at 858-565-7432 to get involved.

SPORTS Endowment Fund

S4EA has created the [SPORTS Endowment Fund](#) to help ensure long-term continuity and sustainability for S4EA. For more information on planned giving and other endowment options, call attorney Jerry Harris at 619-282-4415.

