



**SPORTS**  
for Exceptional Athletes

SPORTS for Exceptional Athletes (S4EA) is a sports program serving athletes with developmental disabilities ages 5 through adult in San Diego. 9575 Aero Drive, Suite B, San Diego, CA 92123 \* Website: [www.s4ea.org](http://www.s4ea.org) \* E-mail: [sds4ea@gmail.com](mailto:sds4ea@gmail.com) \* Phone 858-565-S4EA (7432).

# SPORTS NEWS - MAY 2019

Published Monthly for Athletes, Families, Friends, Volunteers, Coaches & Other Supporters of SPORTS for Exceptional Athletes. Editor: Walter Jackson.

## "A Taste 4 SPORTS" Gala Fundraiser May 30th at Balboa Park Club



S4EA is hosting the 12th Annual "A Taste 4 SPORTS" Gala Fundraiser on Thursday, May 30th from 6-9pm at the [Balboa Park Club](#) (2144 Pan American Road West, SD 92101) featuring food & wine from 25 restaurants, personal chefs, caterers & wineries. Mingle with notable local & sports figures, enjoy music & bid on an exquisite array of auction items. **S4EA is honoring NHL Hockey Hall of Fame player Willie O'Ree as our 2019 'SPORTS Man of the Year'.** [Reservations](#) are \$60 per person.

"A Taste 4 SPORTS" includes Master of Ceremonies Perette Godwin, music by the 'Steph Johnson Band', a fabulous silent and live auction, raffle, food & drinks, and fun. Notable sports figures expected to attend include NBA Hall of Fame player Bill Walton, San Diego Chargers players including Kris Dielman and Nick Hardwick, MMA Champions Dominick Cruz & Darrion Caldwell, Paralympic 100M Gold Runner Josiah Jamison, special celebrity guest Mad Mike from MTV's "Pimp My Ride" & many more. We expect the 2019 "A Taste 4 SPORTS" to raise over \$50,000 to support our sports programs.

Sponsorship opportunities available at following levels: Platinum-\$10,000, Gold-\$5,000, Silver-\$1,000 & Bronze-\$500. Please donate gift certificates, trips, autographed sports memorabilia to enhance the auction. For more info, call 858-565-7432 or visit [www.taste4sports.com](http://www.taste4sports.com).

## S4EA Thanks "A Taste 4 SPORTS" Event Sponsors

SPORTS for Exceptional Athletes thanks the Event Sponsors at "A Taste 4 SPORTS" May 30 at Balboa Park Club in Balboa Park:

### Silver Level

Brian Cox Mechanical, Inc.  
Mary & Rick Cunningham Family  
Gibson Family  
Tom Goff  
Richard Harris Family

HM Electronics, Inc.  
National Certified, Inc.  
San Diego Gulls  
The Arc of San Diego  
Yates/Julius Family

### Bronze Level

Colors Gourmet Pizza  
Goldbaum Family  
Jackson Family  
Rathbun Family

Sonnenberg & Company, CPAs  
The Absolute Truth  
UDW Homecare Providers Union

### "A Taste 4 SPORTS" Food & Drink Sponsors

AleSmith Brewing Company  
Bread & Cie  
Creative Ideas  
Glutenberg Brewing Company  
Guillermo's-Pepe's Street Tacos  
Koji Morisaki  
Mimi's Kitchen

Party Pop  
Pick Up Stix  
PRP Wine International  
Screaming Pete's BBQ  
Societe Brewing Company  
St. Petersburg Vodka  
Troy's Authentic Greek Cuisine  
... & many more



### "A Taste 4 SPORTS" Auction & Raffle Items

**Getaways** to a variety of exciting locations, including Hawaii & Las Vegas.  
**Sports Memorabilia**—baseball, golf, football, soccer, basketball, etc.  
**Gift Certificates/Tickets** to local restaurants, museums, theatres, hotels, spa treatments, Aztec football, fun & games, whale watching, and more.  
**Artwork, Jewelry & many more items.**  
For more items: [www.taste4sports.com](http://www.taste4sports.com)

## S4EA Athlete Council Elects New Officers for 2019-2020

The S4EA Athlete Council had elections at the S4EA Pancake Breakfast in April. Congratulations to the following officers: President-Kenyetta Pete, Vice Pres.-Johnny Adair, Secretary-McKenzie Crossley-Cox, Treasurer-Debbie Gillaspay, Sgt. At Arms-Isaac Hernandez.

## S4EA Tournament/Event Dates

- |                    |   |
|--------------------|---|
| <b>May 10</b>      | <b>S4EA Bunco Fundraiser – S4EA/North Shores (6-8pm)</b>                                      |
| <b>May 19</b>      | <b>S4EA Spring Floor Hockey Tournament – Francis Parker School (9am-5pm)</b>                  |
| <b>May 30</b>      | <b>S4EA "A Taste 4 SPORTS" Gala Fundraiser – Balboa Park Club (6-9pm)</b>                     |
| <b>June 22</b>     | <b>S4EA Swim Meet – St. Madeleine Sophie's Center, El Cajon (8am-1pm)</b>                     |
| <b>August 2-4</b>  | <b>S4EA SPORTS Camp #2 – Buckhorn Camp in Idyllwild (Fri 4pm-Sun 1pm)</b>                     |
| <b>August 7</b>    | <b>S4EA Golf Fundraiser – Riverwalk Golf Club (1-8pm)</b>                                     |
| <b>August 25</b>   | <b>S4EA Soccer &amp; Golf Tournament – Morley Field in Balboa Park (9am-5pm)</b>              |
| <b>September 8</b> | <b>S4EA Softball, Cycling &amp; Tennis Tournament – Morley Field in Balboa Park (9am-5pm)</b> |
| <b>Oct 25-27</b>   | <b>S4EA SPORTS Camp #3 – Green Oak Ranch, Vista (Fri 4pm-Sun 4pm)</b>                         |

## S4EA Spring Season

*Athletes and volunteer coaches come join us in the following spring season sports (also see calendar):*

<b>Sport-Practices Meet</b>	<b>Day</b>	<b>Time</b>	<b>Location</b>
<b>Baseball</b>	Sat	10:00am-12noon	Balboa (3900 Mt. Acadia, San Diego 92111) [see calendar or coach for game schedule]
	Sat	9:00am-11:00am	Chollas Lake (6005 College Grove Dr, SD 92115) [see calendar or coach for game schedule]
	Sat	9:00am-11:00am	Mira Mesa Youth Baseball Field (Camino Ruiz Park, 11489 Camino Ruiz, San Diego 92126)
<b>Basketball</b>	Tue	6:00-9:00pm	Hoover High School (4474 El Cajon Blvd., SD 92115) ending May 7 [League Play]
<b>Bowling</b>	Sat	11:00am-1:00pm	Bowlero Chula Vista (845 Lazo Ct, CV 91910) end May 11-\$7 for 2 games [League Play]
	Sat	1:30-3:30pm	Poway Fun Bowl (12941 Poway Rd., Poway 92064)-\$5.50 for 2 games plus \$2 for shoes
<b>Cycling</b> Tourn-Sep 8	Sat	1:15-3:30pm	Various Locations starting May 11 <sup>th</sup> [see calendar, S4EA website, coach for more info]
	Sun	9am-1pm	San Diego Velodrome at Morley Field in Balboa Park (2221 Morley Field Dr., SD 92104)
<b>Floor Hockey</b> Tourn-May 19	Mon	6:00-8:00pm	Mid-City Gym (4302 Landis St, San Diego 92105) ending May 13 [League Play]
	Thu	4:00-5:30pm	Kearny Mesa Recreation Center (3170 Armstrong, San Diego 92111) end May 16 [Juniors]
	Thu	6:00-7:30pm	Bostonia Recreation Center (1049 Bostonia, El Cajon 92021) ending May 16
	Sun	9:00am-5:00pm	Francis Parker School (6501 Linda Vista Rd, San Diego 92111)
<b>Golf</b> Tourn-Aug 25	Sat	11am-12:30pm	Town Park Villas Golf Course (6301 Gullstrand St., San Diego 92122)-cost \$8
	Sun	9am-2pm	Balboa Park Golf Course (2600 Golf Course Dr., San Diego 92102)
<b>Ice Skating</b> (Figure & Speed)	Sat	1:00-3:00pm	TSA Kroc Center (6845 University Ave, San Diego 92115)-\$5 per session
	Wed	4:00-5:00pm	San Diego Ice Arena (11048 Ice Skate Place, San Diego 92126)
	Thu	3:30-5:00pm	University Towne Center (4545 La Jolla Village Dr, San Diego 92122)
<b>Swimming</b> Meet-June 22	Fri	3:30-5:00pm	Copley YMCA (4300 El Cajon Blvd, SD 92105)-\$5/ses.-\$15/month [swimmers only]
	Fri	5:00-7:00pm	Vista Terrace Pool (301 Athey, SD 92173)-\$20/mo.[Swim 1 <sup>st</sup> Hour/Non-Swim 2nd Hour]
	Sat	8:00am-1:00pm	St. Madeleine Sophie's Ctr (2119 E. Madison Ave., EC 92019) [Harbor Kiwanis provide lunch]
<b>Table Tennis</b>	Sun	12:00pm-1:00pm	After School Learning Tree (11525 Sorrento Valley Rd, San Diego 92121)

## Ride Along with our Cycling Program

Athletes are encouraged to join the cycling program as cycling is a fun way to spend a Saturday afternoon enjoying the sights of San Diego while also a great way to get exercise to keep in shape. Families and caregivers are welcome to ride along with the group. Rides are generally about 12 miles. Must wear helmets and provide own bikes and transportation to the meeting site. If you would like to join the cycling program, call S4EA at 858-565-7432.

The cyclists ride on Saturdays from 1:15-3:30pm at various locations starting May 11<sup>th</sup>.

Rides are posted on the S4EA website [www.s4ea.org](http://www.s4ea.org), calendar, or call head coach Russ Buckley at 619-992-0164 for more information.

## S4EA Summer Sports Season - Bocce, Soccer, Softball, Tennis

The S4EA Summer Sports Season will be starting in June with practices and league play in soccer, bocce, softball & tennis tentatively scheduled as follows: Soccer on Mondays from 6-8pm at TSA Kroc Center (6845 University Ave., San Diego 92115) starting June 17; Bocce on Tuesdays from 5:30-7pm at Morley Field Bocce Courts (2221 Morley Field Dr. near Texas & Upas St., SD 92104) starting July 9; Softball on Wednesdays from 5:30-8:00pm at Morley Field Softball Fields (2221 Morley Field Dr. near Texas & Upas St., SD 92104) starting June 12; South Bay Soccer & Softball tentatively every Tuesday from 3-6pm at Palomar Elementary (300 E. Palomar St., Chula Vista 91911) starting June 4 with Softball the first half of practice; Bocce practices in South Bay; Softball and Bocce practices in North County; and Tennis on Mondays from 6:30-8pm at Barnes Tennis Center (4490 W. Point Loma Blvd, San Diego 92106) starting June 3; See June Newsletter for more information.



858-565-7432

# SPORTS for Exceptional Athletes

www.s4ea.org



~ May 2019 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>Padres Charity Tickets</b> S4EA is receiving tickets for Tuesday, May 21 at 7:10pm vs Arizona from SD Padres Charity Ticket Program. Call Clara at S4EA at 858-565-7432 to reserve tickets.</p>	<p><b>Spring Season Sports</b> - Basketball (BB) - Bowling (BO) - Cycling (CY) - Figure Skating (IS) - Speed Skating (IS)</p>	<p><b>Spring Season Sports</b> - Challenger Baseball (CB) - Floor Hockey (FH) - Golf (GO) - Swimming (SW) - Table Tennis (TT)</p>	<p><b>San Diego Co. Location</b> C - San Diego City EC - East County NC - North County SB - South Bay SR - Scripps Ranch</p>	<p><b>Facilities</b> Bostonia Recreation Center Hoover High School Kearny Mesa Rec. Center Mid-City Gym</p>	<p><b>Facilities – Copley YMCA</b> After School Learning Tree Bowlero Chula Vista Poway Fun Bowl Town Park Villas Golf Course University Towne Center Vista Terrace Pool</p>	<p><b>Challenger Baseball (CB)</b> Balboa-Mt. Acadia Sat 10am Cubs (Cub) &amp; Royals (Roy) Chollas Lake (Chollas) Sat 9am Padres (Pads) Mira Mesa Youth Baseball (MMYB) Sat 9am</p>
<p><b>Vols Needed in S4EA Office</b> Volunteers are needed to help with various office projects including mail-outs, newsletters, etc. Call S4EA at 858-565-7432 to help.</p>	<p><b>Community Giving Program</b> Please contact Clara at <a href="mailto:sds4ea@gmail.com">sds4ea@gmail.com</a> or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program.</p>	<p><b>Donate Stocks to S4EA</b> Tax season has arrived &amp; if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.</p>	<p><b>1</b> IS-SR 4-5pm SD Ice Arena CB-Practice 4:30-6pm Balboa</p>	<p><b>2</b> FH-EC 6-7:30pm Bostonia FH-Jr 4-5:30pm Kearny IS-SR 3:30-5pm UTC</p>	<p><b>3</b> SW-C 3:30-5pm Copley Y SW-SB 5-7 Vista Terrace</p>	<p><b>4</b> BO-NC 1:30-3:30 Poway BO-SB 11am-1pm Bowlero CV CB-Cubs vs Royals 10-12 Balboa CB-MMYB vs Padres 9-11 MMYB GO 11-12:30pm Town Park Villas IS-C 1-3pm TSA Kroc Center</p>
<p><b>5</b> TT-C 12-1pm Sch. Learn Tree</p>	<p><b>6</b> FH-C 6-8pm Mid-City</p>	<p><b>7</b> BB-C 6-9pm Hoover</p>	<p><b>8</b> IS-SR 4-5pm SD Ice Arena CB-Practice 4:30-6pm Balboa</p>	<p><b>9</b> FH-EC 6-7:30pm Bostonia FH-Jr 4-5:30pm Kearny IS-SR 3:30-5pm UTC</p>	<p><b>10 S4EA Bunco</b> <b>-North Shores 6-8pm</b> SW-C 3:30-5pm Copley Y SW-SB 5-7 Vista Terrace</p>	<p><b>11</b> BO-NC 1:30-3:30 Poway BO-SB 11am-1pm Bowlero CV CB-Cub/Roy vs MMYB 10-12 Balboa CB-Padres Practice 9-11 Chollas CY 1:15-3:30pm DeAnza Cove GO 11-12:30pm Town Park Villas IS-C 1-3pm TSA Kroc Center</p>
<p><b>12 Mother's Day</b> TT-C 12-1pm Sch. Learn Tree</p>	<p><b>13</b> FH-C 6-8pm Mid-City</p>	<p><b>14</b></p>	<p><b>15</b> IS-SR 4-5pm SD Ice Arena CB-Practice 4:30-6pm Balboa</p>	<p><b>16</b> FH-EC 6-7:30pm Bostonia FH-Jr 4-5:30pm Kearny IS-SR 3:30-5pm UTC</p>	<p><b>17</b> SW-C 3:30-5pm Copley Y SW-SB 5-7 Vista Terrace</p>	<p><b>18</b> BO-NC 1:30-3:30 Poway CB-Cub/Roy vs Pads 10-12 Balboa CB-MMYB Closing Cer.9-11 MMYB CY 1:15-3:30pm Hospitality Point GO 11-12:30pm Town Park Villas IS-C 1-3pm TSA Kroc Center</p>
<p><b>19 S4EA Floor Hockey Tourn-</b> <b>Francis Parker School 9-5</b> TT-C 12-1pm Sch. Learn Tree</p>	<p><b>20</b></p>	<p><b>21</b></p>	<p><b>22</b> IS-SR 4-5pm SD Ice Arena CB-Practice 4:30-6pm Balboa</p>	<p><b>23</b> IS-SR 3:30-5pm UTC</p>	<p><b>24</b> SW-C 3:30-5pm Copley Y SW-SB 5-7 Vista Terrace</p>	<p><b>25</b> BO-NC 1:30-3:30 Poway GO 11-12:30pm Town Park Villas IS-C 1-3pm TSA Kroc Center</p>
<p><b>26</b> TT-C 12-1pm Sch. Learn Tree</p>	<p><b>27 Memorial Day</b></p>	<p><b>28</b></p>	<p><b>29</b> IS-SR 4-5pm SD Ice Arena CB-Practice 4:30-6pm Balboa</p>	<p><b>30 "A Taste 4 SPORTS" -</b> <b>Balboa Park Club 6-9pm</b> IS-SR 3:30-5pm UTC</p>	<p><b>31</b> SW-C 3:30-5pm Copley Y SW-SB 5-7 Vista Terrace</p>	<p><b>Shop Online with AmazonSmile</b> By registering S4EA at <a href="http://smile.amazon.com">smile.amazon.com</a>, Amazon will donate 0.5% of the purchase price to S4EA. You get the same low prices &amp; selection as on Amazon.com.</p>

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

**SPORTS** – Special Program Opportunities in Recreation, Teamwork, and Sports

**Mother's Day**

Happy Mother's Day – May 12th!



### S4EA Bunco Fundraiser May 10

SPORTS for Exceptional Athletes presents 'Bunco' on Friday, May 10 at S4EA/North Shores (9575 Aero Drive, San Diego 92123) from 6-8pm. Tickets are \$20, which includes hors d'oeuvres, soft drinks and two rounds of tournament play. Win prizes for most Buncos, most wins, and most losses. A unique fundraising adventure that will be fun for all. If interested in playing Bunco, winning prizes & supporting S4EA, call 858-565-7432 or go to the S4EA website [www.s4ea.org](http://www.s4ea.org).

### SPORTS Camp Aug 2-4 in Idyllwild

S4EA SPORTS Camp Session #2 on August 2-4 at Buckhorn Camp in Idyllwild offers a general program of camp & sports activities. Mail \$190 Reg. Fee & S4EA Camp Registration Form to S4EA. Call S4EA at 858-565-7432 for more info.



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## How To Register In S4EA

If you are interested in becoming an athlete in SPORTS for Exceptional Athletes, please call the S4EA Office at 858-565-7432 and we will mail you a Registration Packet. You can also download registration information directly from the SPORTS for Exceptional Athletes website at [www.s4ea.org](http://www.s4ea.org). The Registration Fee is \$20 per sport (scholarships available). S4EA offers 24 sports: baseball, basketball, bocce, bowling, cross country/downhill skiing, cycling, figure/speed skating, flag football, floor hockey, golf, judo, sailing, snowboarding, snowshoeing, soccer, softball, swimming, table tennis, tennis, track, volleyball & walking/running/exercise.

In team sports, teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams.

SPORTS for Exceptional Athletes (S4EA) is a sports program serving over 1,400 athletes with developmental disabilities ages 5 through adult in San Diego County.

### ***SPORTS Pledge***

*I practice hard. I do my best. . .  
I play with Pride. . . You'll be impressed!  
We are SPORTS for Exceptional Athletes.*

## S4EA Needs Your Help

SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
- To provide sports facilities, equipment, meals, and other in-kind services.
- To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County. SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax deductible as allowed by law.
- To [donate a vehicle to S4EA](#), call toll free 855-500-7433; free pick-up; tax receipt provided; and no smog certificate required.

 Find us on  
**Facebook**  
WWW.FACEBOOK.COM/SPORTS4EA

[Volunteers](#) are needed as coaches for the Spring Season in baseball, basketball, bowling, cycling, floor hockey, golf, ice skating, swimming, and table tennis. You do not need any prior experience in the sport or working with persons with developmental disabilities, just a desire to help. Head coaches run the practices, while assistant coaches help the athletes under the direction of the head coach in teaching the athletes various sports skills. Volunteers also act as scorekeepers and timers in team sports league play. Coaches spend 2-3 hours weekly for a 3-month period. Call S4EA Office at 858-565-7432 to get involved.

### SPORTS Endowment Fund

S4EA has created the [SPORTS Endowment Fund](#) to help ensure long-term continuity and sustainability for S4EA. For more information on planned giving and other endowment options, call attorney Jerry Harris at 619-282-4415.