



# SPORTS

for Exceptional Athletes

SPORTS for Exceptional Athletes (S4EA) is a sports program serving athletes with developmental disabilities ages 5 through adult in San Diego. 8380 Vickers Street Suite E, San Diego, CA 92111 | Website: [www.s4ea.org](http://www.s4ea.org) | E-mail: [sds4ea@gmail.com](mailto:sds4ea@gmail.com) | Phone 858-565-S4EA (7432).

# SPORTS NEWS - JULY 2024

Published Monthly for Athletes, Families, Friends, Volunteers, Coaches & Other Supporters of SPORTS for Exceptional Athletes. Editor: Walter Jackson.

## S4EA Summer Sports Festival July 13 at Park de la Cruz

S4EA is bringing back the popular [Summer Sports Festival](#) on Saturday, July 13<sup>th</sup> to be held at [Park de la Cruz](#) (3901 Landis St., San Diego 92105) from 9am-3pm. Play a variety of sports such as Basketball, Bocce, Flag Football, Floor Hockey, Futsal, Lacrosse, Pickleball, Quidditch, Soccer, Softball & Volleyball. The picnic will also include lunch, music, classic cars, relay races, fun & games, party time & socializing with your friends & family.



The SPORTS Festival is sponsored by SPORTS for Exceptional Athletes and co-sponsored by San Diego Parks & Recreation – Therapeutic Recreation Services (code: [115154](#)). Athletes with developmental disabilities, families, friends, coaches, volunteers, supporters, and others in the community are invited to play in our Sports Festival/Picnic. Join in the fun & games! Play as many sports as you want. There is no cost. To sign up or for more information, call SPORTS for Exceptional Athletes at 858-565-7432.

## “A Taste 4 SPORTS” Gala Fundraiser June 26 Raises Over \$50,000 for S4EA

S4EA celebrated our 17<sup>th</sup> Annual “[A Taste 4 SPORTS](#)” on June 26<sup>th</sup> from 6-9pm at the Balboa Park Club. S4EA honored San Diego Padres Pitching Legend Randy Jones as our 2024 ‘SPORTS Man of the Year’. Over 200 guests tasted food from 13 restaurants, listened to the music by the ‘Beatle Trax’ band & bid on fabulous silent auction items. Thank you to the 26 sponsors and over 75 auction donors who helped make “A Taste 4 SPORTS” a financial success with over \$50,000 raised for S4EA. Thank you to everyone who participated.

## S4EA Thanks “A Taste 4 SPORTS” Event Sponsors

SPORTS for Exceptional Athletes thanks the Event Sponsors at “A Taste 4 SPORTS” June 26<sup>th</sup>:

### Platinum Level

Brian & Kimberly Cox

### Silver Level

Ahrens Family  
Gillaspy Family  
HME  
Jerry/Mary Ellen Harris Family  
Richard Harris Family  
Jackson/Snowdall Family  
Karen & Robert Kawamoto  
Greg Mitchell/Bill Randall  
Rathbun Family  
Tipple Family  
Yates/Julius Family

### Gold Level

Nick Brumbach  
UDW

### Bronze Level

Alvarez Family  
Mary & Rick Cunningham Family  
Clara Downes  
Glinatsis Family  
Goldbaum Family  
Jennifer Styer/Duane MacNeilan  
Brian Miller  
Peters Family  
Super Wash/Dry Laundromat-CV  
The Arc of San Diego  
Triad Components Group  
UNICO Engineering



### “A Taste 4 SPORTS” Food & Drink Sponsors



AleSmith Brewing Co.  
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CaliFino Tequila  
Creative Ideas  
Guillermo's-Pepe's Street Tacos  
MC Sweet Treats  
Mimi's Kitchen  
Pick Up Stix  
PRP Wine International  
Richard's Bees  
Screaming Pete's BBQ  
Troy's Authentic Greek Cuisine  
We Be OB  
... & many more

### BILL WALTON WAS EXCEPTIONAL,

one of the greatest basketball players of all time, an unconventional sports commentator and a dedicated Deadhead. He was proud to be San Diego's own and San Diego will forever be proud of him. The contributions Bill has made to our community and beyond are immeasurable and profound. He shared his kindness and enthusiastic spirit in countless ways. Bill's good deeds made a difference in many lives. He was a friend to SPORTS for Exceptional Athletes from our beginning days. Bill honored us by coming out to support our very 1st “A Taste 4 SPORTS” and was with us for almost every one that followed. Sadly we lost Bill Walton on May 27, 2024. His gigantic, infectious spirit will live on to inspire goodwill always.



2021 Bill Walton & Kelly Chouleron at our 14th Annual “A Taste 4 SPORTS”. That same year S4EA athlete, Kelly, joined our S4EA Board of Directors

## S4EA Event Dates

- June 26** S4EA “A Taste 4 SPORTS” – Balboa Park Club (6-9pm)
- July 13** S4EA Summer Sports Festival – Park de la Cruz (9am-3pm)
- August 3** S4EA Swim Meet – St. Madeleine Sophie's Center, El Cajon (8am-1pm)
- August 17** S4EA Bingo Bash – S4EA Office (3-4:30pm)
- August 25** S4EA Soccer Tournament – Morley Field in Balboa Park (9am-5pm)
- September 8** S4EA Softball & Tennis Tournament – Morley Field in Balboa Park (9am-5pm)
- October 11- 13** S4EA Halloween SPORTS Camp – Green Oak Ranch, Vista (Fri 4pm-Sun 3pm)



## S4EA Summer Season

Sport-Practices	Day	Time	Location	Summer Season Sports, Call S4EA at 858-565-7432 to confirm/for more Info	
<b>Bocce</b> 	Tue	5:30-7:00pm	<a href="#">Morley Bocce Ct</a> (2221 Morley Field Dr, SD 92104)	Jul 9-Sep 10 [League] (Code: <a href="#">115152</a> )	
	Thu	5:30-7:00pm	<a href="#">Brengele Terrace Park</a> (1200 Vale Terrace Dr., Vista 92084)	from Jul 11-Sep 12	
<b>Cycling</b> 	Sat	1:15-3:30pm	Jul 6-No Ride, Jul 13- <a href="#">Liberty Station</a> to Shelter Island, Jul 20- <a href="#">Crown Point</a> to South Mission Jul 27- <a href="#">Fry's Parking Lot</a> (off Hwy 15, north of Hwy 8) to Mission Valley [see calendar, S4EA website, coach or call S4EA at 858-565-7432 for more info]		
<b>Soccer</b> 	Mon	5:45-8:00pm	<a href="#">Park de la Cruz</a> (3901 Landis St, SD 92105)	Jun 17-Aug 19 [League Play] (Code: <a href="#">115151</a> )	
	Tue	6:30-7:30pm	<a href="#">Orange Park</a> (341 Orange Ave., Chula Vista 91911)	starting June 18 <b>[Note New Location]</b>	
	Tourn-Aug 25	Sun	9am-5pm	<a href="#">Morley Field Soccer Fields</a> (2221 Morley Field Dr. near Texas & Upas St., SD 92104)	
<b>Softball</b>	Wed	5:45-8:30pm	<a href="#">Park de la Cruz</a> (3901 Landis St., SD 92105)	from Jul 3-Aug 14 [League Play](Code: <a href="#">115153</a> )	
	Tue	5:00-6:30pm	<a href="#">Orange Park</a> (341 Orange Ave., Chula Vista 91911)	starting June 18 <b>[Note New Location]</b>	
	Sun	6:00-7:30pm	<a href="#">Breeze Hill Park</a> (645 S. Melrose, Vista 92081)	from Jul 14-Aug 25	
	Tourn-Sep 8	Sun	9am-5pm	<a href="#">Morley Field Softball Fields</a> (2221 Morley Field Dr. near Texas & Upas St., SD 92104)	
<b>Swimming</b> 	Fri	5:00-7:00pm	<a href="#">Las Palmas Pool</a> (1800 E 22 <sup>nd</sup> St, NC 91950)	\$20 per month (Non-Swim 5-6pm, Swim 6-7pm)	
	Meet-Aug 3	Sat	10:00-11:30am	<a href="#">La Mesa Pool</a> (5100 Memorial Dr, LM 91942)	from Jun 22-Sep 28-\$5/session(swimmers only)
	Sat	8:00am-1:00pm	<a href="#">St. Madeleine Sophie's Center</a> (2119 E. Madison Ave., El Cajon 92019)		
<b>Tennis</b>	Mon	6:00-7:00pm	<a href="#">Barnes Tennis Center</a> (4490 W. Point Loma Blvd., San Diego 92107)	from Jun 3-Jul 29	
	Tourn-Sep 8	Sun	9am-3pm	<a href="#">Morley Field Tennis Courts</a> (2221 Morley Field Dr. near Texas & Upas St., SD 92104)	

### Workouts-Hikes/Exercise

Limitless Adventures is a volunteer-led, 501(c)(3) nonprofit organization that provides outdoor recreational experiences for people with disabilities. Their current programming consists of hikes and other activities & operates within the Greater San Diego Area. For more info, go to: <https://www.limitless-adventures.org/> - Upcoming events: Sailing-July 20

## Halloween SPORTS Camp October 11-13 at Green Oak Ranch in Vista

[S4EA SPORTS Camp](#) on October 11-13 at [Green Oak Ranch](#) in Vista offers a general program of camp & sports activities. Join in the fun trick-or-treating, visiting the Nature Center, going on a Hayride, playing various sports, dancing, showing your talent at the Talent Show & participating in various other camp activities. Athletes spend 2 nights in cabins under the guidance of chaperones/camp counselors. Persons with disabilities, families, friends, volunteers, coaches & supporters are all welcome to join S4EA at camp. Transportation will not be available. Campers must be brought directly to Green Oak Ranch which is only a 35 minute drive from San Diego.

The S4EA SPORTS Camp Registration Fee is \$300 per person to help pay for lodging, meals, insurance, supplies, etc. Mail Fee & [S4EA Camp Registration Form](#) as soon as possible to S4EA (8380 Vickers St. #E, SD, CA 92111). Turn in S4EA Camp Registration Form and Fee by September 11 and pay Early Bird Price of only \$280. A non-refundable deposit of \$95 will reserve your spot in S4EA SPORTS Camp. *S4EA has received Vendor Approval from Regional Center for SPORTS Camp (PQ8659). Please contact your Regional Center worker to apply & get approval for Campership.*

A [Family Rate Special](#) is available. For more info, please call S4EA at (858)565-7432 or go to S4EA website at [www.s4ea.org](http://www.s4ea.org).



## S4EA Practices & Tournaments – Guidelines





- Download [Athlete Registration Form](#) from S4EA website, fill out/email to S4EA
- Do not come if you are sick
- Check temperature (if above normal, don't come to practice)
- If have COVID, isolate at least 5 days & wear mask 10 days
- Wear a facemask indoors in large groups to help protect everyone & especially our athletes with disabilities
- Get the new COVID vaccine & be safe to play our sports



## San Diego Parks & Recreation-Therapeutic Recreation Services

The City of **SAN DIEGO** Parks and Recreation Department San Diego Parks & Recreation (SDP&R) – Therapeutic Recreation Services (TRS) provides therapeutic recreation programs for children and adults with any type of disability. SDP&R-TRS is co-sponsoring S4EA activities at SD City Facilities so that S4EA athletes and volunteers also need to register with SDP&R-TRS. S4EA athletes need to either register on-line with [SDRecConnect.com](http://SDRecConnect.com) or register at the first practice with SDP&R-TRS. The facilities that S4EA uses in the summer are Park de la Cruz-Soccer Mon (Code: [115151](#)), Morley Field Bocce Courts-Bocce Tue (Code: [115152](#)), Morley Field Softball Fields/PDLC-Softball Wed (Code: [115153](#)) & Summer Sports Festival July 13 (Code: [115154](#)).

~ July 2024 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>Sports - Bocce (BC)</u> - Bowling (BO) - Cycling (CY) - Soccer (SO) - Softball (SB) - Swimming (SW) - Tennis (TE)</p>	<p><u>San Diego Co. Location</u> C - San Diego City EC - East County NC - North County SB - South Bay</p>	<p><u>Facilities</u> Barnes Tennis Center La Mesa Pool Las Palmas Pool Mira Mesa Lanes</p>	<p><u>Facilities</u> Breeze Hill Park Bregle Terrace Park Morley Field-Balboa Pk Orange Park-Chula Vista Park de la Cruz</p>	<p><u>Designate S4EA with United Way</u> United Way &amp; Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name &amp; address: S4EA, 8380 Vickers St. #E, SD 92111. Thanks for your support</p>	<p><u>Donate to S4EA</u></p> 	<p><u>Donate Stocks to S4EA</u> Tax season has arrived &amp; if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.</p>
	<p><b>1</b> TE-C 6-7pm <u>Barnes Tennis Ctr</u> SO-C 5:45-8pm <u>Park de la Cruz</u></p>	<p><b>2</b> SB-SB 5-6:30 <u>Orange Park</u> SO-SB 6:30-7:30 <u>Orange Park</u></p>	<p><b>3</b> SB-C 545-830pm <u>Park de la Cruz</u></p>	<p><b>4 Independence Day</b></p> 	<p><b>5</b> SW-SB 5-7pm <u>Las Palmas</u></p>	<p><b>6</b></p>
<p><b>7</b> BO-C/NC 11am-12:20 <u>Mira Mesa</u></p>	<p><b>8</b> TE-C 6-7pm <u>Barnes Tennis Ctr</u> SO-C 5:45-8pm <u>Park de la Cruz</u></p>	<p><b>9</b> BC-C 5:30-7pm <u>Morley Fd</u> SB-SB 5-6:30 <u>Orange Park</u> SO-SB 6:30-7:30 <u>Orange Park</u></p>	<p><b>10</b> SB-C 545-830pm <u>Park de la Cruz</u></p>	<p><b>11</b> BC-NC 5:30-7 <u>Bregle Ter</u></p>	<p><b>12</b> SW-SB 5-7pm <u>Las Palmas</u></p>	<p><b>13 Summer Sports Festival –</b> <u>Park de la Cruz 9am-3pm</u></p>  <p>CY 1:15-3:30pm <u>Liberty Station</u></p>
<p><b>14</b> SB-NC 6-7:30pm <u>Breeze Hill</u></p>	<p><b>15</b> TE-C 6-7pm <u>Barnes Tennis Ctr</u> SO-C 5:45-8pm <u>Park de la Cruz</u></p>	<p><b>16</b> BC-C 5:30-7pm <u>Morley Fd</u> SB-SB 5-6:30 <u>Orange Park</u> SO-SB 6:30-7:30 <u>Orange Park</u></p>	<p><b>17</b> SB-C 545-830pm <u>Park de la Cruz</u></p>	<p><b>18</b> BC-NC 5:30-7 <u>Bregle Ter</u></p>	<p><b>19</b> SW-SB 5-7pm <u>Las Palmas</u></p>	<p><b>20</b> CY 1:15-3:30pm <u>Crown Point</u> <u>Shores to South Mission</u> SW-EC 10-11:30am <u>LM Pool</u> <u>Limitless Adventure Sailing</u></p>
<p><b>21</b> BO-C/NC 11am-12:20 <u>Mira Mesa</u> SB-NC 6-7:30pm <u>Breeze Hill</u></p>	<p><b>22</b> TE-C 6-7pm <u>Barnes Tennis Ctr</u> SO-C 5:45-8pm <u>Park de la Cruz</u></p>	<p><b>23</b> BC-C 5:30-7pm <u>Morley Fd</u> SB-SB 5-6:30 <u>Orange Park</u> SO-SB 6:30-7:30 <u>Orange Park</u></p>	<p><b>24</b> SB-C 545-830pm <u>Park de la Cruz</u></p>	<p><b>25</b> BC-NC 5:30-7 <u>Bregle Ter</u></p>	<p><b>26 SD Wave vs Club</b></p>  <p>America - Snapdragon Stadium 7- 9pm SW-SB 5-7pm <u>Las Palmas</u></p>	<p><b>27</b> CY 1:15-3:30pm <u>Fry's Parking</u> <u>Lot to Mission Valley</u> SW-EC 10-11:30am <u>LM Pool</u></p>
<p><b>28</b> SB-NC 6-7:30pm <u>Breeze Hill</u></p>	<p><b>29</b> TE-C 6-7pm <u>Barnes Tennis Ctr</u> SO-C 5:45-8pm <u>Park de la Cruz</u></p>	<p><b>30</b> BC-C 5:30-7pm <u>Morley Fd</u> SB-SB 5-6:30 <u>Orange Park</u> SO-SB 6:30-7:30 <u>Orange Park</u></p>	<p><b>31</b> SB-C 545-830pm <u>Park de la Cruz</u></p>	<p><b>Facebook Birthday FR</b> For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.</p>	<p><b>Community Giving Program</b> Please contact Clara at <a href="mailto:sds4ea@gmail.com">sds4ea@gmail.com</a> or 858- 565-7432 if your company has a community giving, matching gift or volunteer recognition program.</p>	<p><b>Vol's Needed for Office Projects</b> Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help.</p>

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

## SPORTS – Special Program Opportunities in Recreation, Teamwork, and Sports



### Join S4EA at Summer Sports Festival July 13!



#### Message from Exec. Dir. Walter Jackson

Play a variety of sports at S4EA Summer Sports Festival on July 13 at Park de la Cruz. S4EA is running our summer sports in bocce, cycling, soccer, softball, swimming, and tennis. Browse through the Newsletter, visit [www.s4ea.org](http://www.s4ea.org) or call S4EA at 858-565-7432 for more info.

#### San Diego Wave FC Donates Tickets to S4EA

The San Diego Wave FC has donated 50 tickets to the SD Wave FC vs Club America women's pro soccer game at 7pm on Friday, July 26 at Snapdragon Stadium.



Tickets are all digital tickets. If interested in seeing our SD Wave women's pro soccer team in action, call S4EA at 858-565-7432.

Go Wave!



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## How To Register In S4EA



If you are interested in becoming an athlete in SPORTS for Exceptional Athletes, please call the S4EA Office at 858-565-7432 and we will mail you a Registration Packet. You can also download registration information ([Athlete Registration Form](#)) directly from the SPORTS for Exceptional Athletes website at [www.s4ea.org](http://www.s4ea.org). The Registration Fee is \$20 per sport (scholarships available). S4EA offers over 20 sports: baseball, basketball, bocce, bowling, cross country/downhill skiing, cycling, flag football, floor hockey, golf, ice skating, snowboarding, snowshoeing, soccer, softball, swimming, table tennis, tennis, track, volleyball & walking/running/exercise workouts.

In team sports, teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams.

SPORTS for Exceptional Athletes (S4EA) is a sports program serving 1,400 athletes with developmental disabilities ages 5 through adult in San Diego County.

#### SPORTS Pledge

*I practice hard. I do my best. . .  
I play with Pride. . . You'll be impressed!  
We are SPORTS for Exceptional Athletes.*

## S4EA Needs Your Help

SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
- To provide sports facilities, equipment, meals, and other in-kind services.
- To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County. SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax deductible as allowed by law.
- To [donate a vehicle to S4EA](#), call toll free 855-500-7433; free pick-up; tax receipt provided; and no smog certificate required.



[Volunteers](#) are needed as coaches for the summer season in bocce, cycling, soccer, softball, swimming, and tennis.

You do not need any prior experience in the sport or working with persons with developmental disabilities, just a desire to help. Head coaches run the practices, while assistant coaches help the athletes under the direction of the head coach in teaching the athletes various sports skills. Volunteers also act as scorekeepers and timers in team sports league play. Coaches spend 2-3 hours weekly for a 3-month period. Call S4EA Office at 858-565-7432 to get involved.

#### SPORTS Endowment Fund

S4EA has created the [SPORTS Endowment Fund](#) to help ensure long-term continuity and sustainability for S4EA. For more information on planned giving and other endowment options, call attorney Jerry Harris at 619-282-4415.