

## Welcome Guacamole Bowl Teams!

Here is your team information for the Law Enforcement Challenge “Guacamole Bowl” to benefit SPORTS for Exceptional Athletes. Map, schedule and rules are listed below. This event is a FUNdraiser! Be sure to encourage your friends to come out and support your culinary talents. Admission is \$8 to members who receive chips, guacamole, and the opportunity to help determine the winning teams. Additional vote tabs can be purchased, so voting early and often is encouraged. Questions? Call Clara at S4EA 858-565-7432 office / 619-770-8229 cell, email: [clara@s4ea.org](mailto:clara@s4ea.org), or visit our website: [www.s4ea.org/guacamole-bowl](http://www.s4ea.org/guacamole-bowl)

### Guacamole Bowl Official Rules & Regulations

- Teams can have up to 10 members
- Guacamole must be prepared on site. Chefs will be provided avocados, onions, jalapeño peppers, tomatoes, cilantro and lemons/limes. Mission Foods Tortilla Chips are the official chip of the event and will be provided to teams at the event.
- Chefs must provide their own seasoning spices, secret ingredients, etc. along with mixing & mashing bowls & utensils, cutting board and serving bowls. A large ice filled bowl can be used to chill your guacamole. Please bring your own ice.
- Each team will be provided two (2) 6' tables: one for food preparation & one for serving your guacamole
- Teams are encouraged to decorate their table to enhance presentation.
- Cards will be available for you to list your ingredients. (You do not have to share your recipe; just list the ingredients so those with allergies are forewarned.)
- Teams will receive instruction on safe food handling procedures at the mandatory 8:45AM Team Leaders Meeting

### Prize Categories

- **Divisional “Cooking Medal” Awards:** The top 3 teams in each division, decided by popular vote, will remake their recipe for the official judges for the final rounds. (Since the Open division usually has 10-15 teams, the top 6 will be selected and then the division will be split for the final rounds into Open 1 and Open 2). Cooking medals will be presented at the end of this round.
- **“Guacamole Bowl” Trophy:** The gold medal winners from each of the divisions (Law Enforcement, Champions, Open 1, and Open 2) will then compete for the highly coveted “Guacamole Bowl” Trophy. The winning team will keep the trophy for 1 year until the next contest.
- **Best Decorated Table:** An award will be presented to the best decorated table, as judged by the general public.

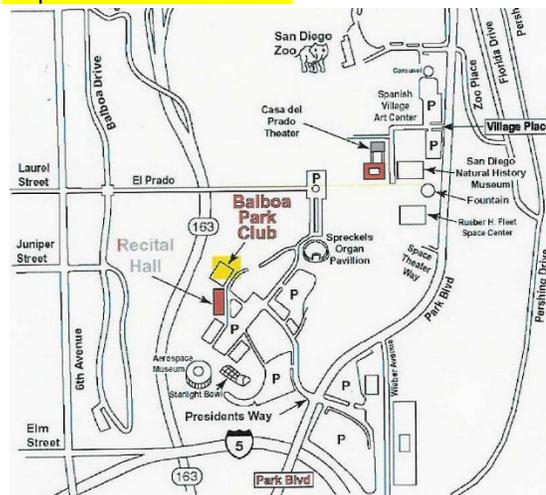
### Judging

- Family & friends of members are invited to come & sample and judge for a \$8 donation (\$8 includes membership) - tortilla chips provided along with stickers to vote for their favorite team in each category. Members can purchase additional stickers for \$8. Vote early & often!
- Based on the member voting, the top 3 teams in each division will remake their recipe for the judges. The top finisher in each division will be entered in the final round. REMEMBER TO SAVE SOME OF YOUR SEASONING SPICES AND SECRET INGREDIENTS FOR THE COOK-OFF ROUND.
- The coveted Guacamole Bowl perpetual trophy is presented to team judged to make the best overall guacamole in the contest.

### Law Enforcement Challenge Guacamole Bowl March 21, 2026 at Balboa Park Club, San Diego – Schedule of Events

8:00am	Team check-in & set up
8:45am	Team Leader Meeting
10:00am	Event opens to Members
1:30pm	Member voting ends/Finalists selected
2:00pm	Final Judging & Awards

Map to Balboa Park Club -2150 Pan American Road West, San Diego 92101



## Guacamole Bowl General Information

- It is important to arrive early (8:00am) in order to set-up in your assigned location in the room and to have some guacamole ready for tasting when the doors open to the public at 10:00am.
- Each team will have two (2) six foot tables. . . One in back to prepare your guacamole on and a second table in the front to decorate & serve from (decorating your table is encouraged). If you feel you will need an extra table, you must bring it with you.
- Prior to receiving your pre-washed avocados and other vegetables, a member of your team is required to attend a **8:45am mandatory** pre-event meeting.
- Each team will be provided: avocados, tomatoes, cilantro, limes/lemons, onions (yellow & green) and jalapenos. Your team is responsible for all other ingredients including mixing bowls, cutting boards, spoons, ice, etc. Be prepared to make large amounts of guacamole using up to two cases of avocados (48 pounds.)
- Your ten-member team will receive admission to the Guacamole Bowl; however they will not receive voting tabs. **You are encouraged to ask friends, family and co-workers to buy \$8 advance tickets and use them to vote for your team.**
- The \$8 member admission price includes a total of 15 votes (three votes each for Law Enforcement and Champions categories, six votes for Open category, and three wild card votes for any category). The three (3) teams in each category that receive the most votes will advance to a semi-final.
- Electricity is available at limited tables along the perimeter of the room. You must provide your own electrical cords. **Note: NO Electricity Available For Use In The Final Rounds.**
- Only Mission Foods Tortilla Chips (our sponsor) will be allowed on your table.
- All guacamole will be served in small portion control cups that will be provided. (No Dipping from a common bowl allowed.) You will have bags of Mission Tortilla Chips if you want to include in your little guacamole cup.
- All food handlers will wash their hands and any vegetables brought in. Food handler gloves must be worn by anyone handling food. No exceptions.
- The teams that advance to either the semi-final or final round will be required to remake their guacamole recipe in front of the entire group, using 10-12 avocados.

### Things we will provide:

- Avocados (Hass). . . up to 48 pounds (two cases)
- Onions – yellow and green
- Tomatoes
- Jalapenos
- Cilantro
- Lemons & limes
- Small serving cups
- Mission tortilla chips
- Two 6' tables
- Mini tasting spoons

### Things you should bring:

- Large mixing bowls
- Cutting boards
- Large spoons
- Knives
- Measuring spoons
- Food handler gloves
- Aprons
- Plastic wrap/foil
- Avocado/Potato masher
- Herbs & spices
- Secret ingredients (sour cream, bacon, etc.)
- Ice (optional) & ice chest
- Table covering and decorations
- A winning attitude and comfy shoes (you will probably be on your feet for most of the event)

### PLEASE NOTE:

DO NOT use the restroom sinks to clean up your dishes or rinse veggies. Plan on taking your dishes and utensils home for clean-up. Extra trash bags will be available for dirty dishes.

Please rinse your veggies from home.

Access to the kitchen will be limited. Carts will be circulating through the room with extra team veggies and supplies.