



SPORTS
for Exceptional Athletes

SPORTS for Exceptional Athletes (S4EA) is a sports program serving athletes with developmental disabilities ages 5 through adult in San Diego. 8380 Vickers Street Suite E, San Diego, CA 92111 | Website: www.s4ea.org | E-mail: sds4ea@gmail.com | Phone 858-565-S4EA (7432).

SPORTS NEWS - APRIL 2025

Published Monthly for Athletes, Families, Friends, Volunteers, Coaches & Other Supporters of SPORTS for Exceptional Athletes. Editor: Walter Jackson.

S4EA SPORTS Camp April 11-13 at Camp Marston in Julian



S4EA has scheduled SPORTS Camp for April 11-13 at [Camp Marston](#) (4761 Pine Hills Rd, Julian 92036). Camp Marston offers sports & traditional camp activities (climbing tower, candle making, paintball slingshots, hikes, nature center, Ga-Ga, talent show, dance). Campers spend 2 nights in group cabins with bathrooms under guidance of chaperones/camp counselors. Because Camp Marston is hilly, a camper using a wheelchair may be limited to certain activities (cabins & dining hall are accessible). Persons with disabilities, families, friends, volunteers, coaches & supporters are all welcome to join S4EA at camp.



The S4EA SPORTS Camp Registration Fee is \$350 per person to help pay for lodging, meals, insurance, supplies, etc. Mail Fee & [S4EA Camp Registration Form](#) as soon as possible to S4EA (8380 Vickers St. #E, SD, CA 92111). \$100 advance deposit will guarantee a spot at camp. If camper needs 1-on-1 chaperone, a Supplemental Staffing Fee of \$150 will be charged. Transportation is available for \$75 or campers may be brought directly to Camp Marston in Julian which is a little over a 1 hour drive from San Diego. S4EA has received Vendor Approval from Regional Center for SPORTS Camp (PQ8659). Please contact your Regional Center worker to apply & get approval for Registration Fee, Supplemental Staffing Fee &/or Transportation Fee.



Partial scholarships & Family Rate Specials are available. For more info, call S4EA at (858)565-7432 or go to website at www.s4ea.org.

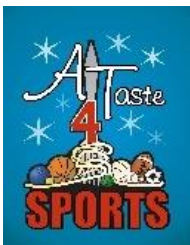
S4EA Athlete Council Activities- S4EA Bingo Saturday, May 3 at S4EA Office



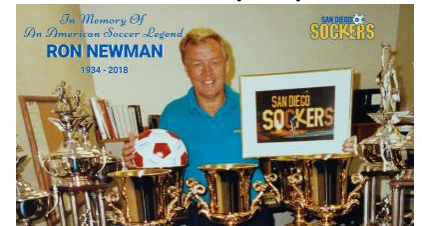
SPORTS for Exceptional Athletes presents [Bingo Bash](#) on Saturday, May 3 at our [S4EA Office](#) (8380 Vickers St. #E, San Diego 92111) in Kearny Mesa from 3:30-5pm. We will play bingo outside. For \$10.00 per set of 5 Bingo Cards, you can play Bingo with families & friends. Bingo winners will receive prizes. Snacks will be provided. Call S4EA at 858-565-7432 to reserve your spot.



"A Taste 4 SPORTS" Gala Fundraiser May 29 at Balboa Park Club



S4EA is hosting for our members the 18th Annual "[A Taste 4 SPORTS](#)" Gala Fundraiser on Thursday, May 29th from 6-9pm at the [Balboa Park Club](#) (2144 Pan American Road West, SD 92101) featuring food & wine from 20 restaurants, personal chefs, caterers & wineries. S4EA is honoring the Ron Newman Family as our 2025 'SPORTS Family of the Year'. San Diego Sockers Head Coach Ron Newman won an astonishing 10 championships in 11 years. Mingle with notable local & celebrity figures, including Mad Mike from MTVs "Pimp My Ride", enjoy music from the band 'Beatle Trax' & bid on an exquisite array of auction items. Reservations are \$60 per person.



Sponsorship opportunities available at following levels: Platinum-\$10,000, Gold-\$5,000, Silver-\$1,000 & Bronze-\$500. Please donate gift certificates, trips, autographed sports memorabilia to enhance the auction. For more info, call 858-565-7432 or visit www.s4ea.org.

S4EA Event Dates

March 29
April 11-13
April 26
May 3
May 29
June 14

S4EA Pancake Breakfast/Ath. Council Elections – S4EA Office (8-10am)
S4EA SPORTS Camp – Camp Marston in Julian (Fri 4:30pm-Sun 12noon)
S4EA Final Track Meet – Sweetwater High School (9am-1pm)
S4EA Bingo Bash – S4EA Office (3:30-5pm)
S4EA "A Taste 4 SPORTS" – Balboa Park Club (6-9pm)
S4EA/TRS Summer Sports Festival – Park de la Cruz (9am-3pm)



S4EA Spring Season

<u>Sport-Practices</u>	<u>Day</u>	<u>Time</u>	<u>Location</u>	Spring Season Sports, Call S4EA at 858-565-7432 for more Info
Basketball Assorted Sports	Mon	6:00-8:30pm	Park de la Cruz (3901 Landis St., SD 92105)	Mar 17-May 5 [League Play] (Code: 121340)
	Thu	4:00-5:30pm	Kearny Mesa Rec Ctr (3170 Armstrong, SD 92111)	Apr 10-May 8 [Open Jr] (Code: 121341)
Bowling	Sat	11am-1pm	Bowlero Chula Vista (845 Lazo Ct, CV 91910)	Sep 7-May 10-\$9 for 2 games [League Play] Bowlero CV Bowling League is full. Call 858-565-7432 to be put on waiting list for next fall.
	Apr 13 & 27	Sun	11am-12:20pm	Mira Mesa Lanes (8210 Mira Mesa Blvd, SD 92126)-\$10 per hour+(call Cathy 949-922-3441)
Cycling	Sat	1:15-3:30pm	Apr 26- DeAnza Cove	First regular ride of the new season [see calendar, S4EA website, coach or call S4EA at 858-565-7432 for more info]
Pickleball	Mon	5:30-6:30pm	Park de la Cruz (3901 Landis St., SD 92105)	Mar 17-May 5 (Code: 121340)
Track	Sat	10:00am-12noon	Sweetwater High School (2900 Highland Ave, National City 91950)	January 4-April 26
	Sun	9:00-11:00am	Helix High School (7323 University Ave., La Mesa 91941)	January 12-April 13
	Final Meet-Apr 26	Sat	9:00am-1:00pm	Sweetwater High School (2900 Highland Ave, National City 91950)

Workouts-Hikes/Exercise

Limitless Adventures is a volunteer-led, 501(c)(3) nonprofit organization that provides outdoor recreational experiences for people with disabilities. Their current programming consists of hikes and other activities & operates within the Greater San Diego Area. For more info, go to: <https://www.limitless-adventures.org/> - Upcoming events: Stratum Fitness Class-Apr 19

Also see Calendar for Practices, Tournaments, and Events.

Baseball Practices & Games

S4EA baseball practices & games have been cancelled this spring at Balboa/Mt. Acadia. Head Coach Steven Manley passed away recently. We are all saddened by his passing.

San Diego Parks & Recreation-Therapeutic Recreation Services

The City of



Parks and Recreation Department

San Diego Parks & Recreation (SDP&R) – Therapeutic Recreation Services (TRS) provides therapeutic recreation programs for children and adults with any type of disability. SDP&R-TRS is co-sponsoring S4EA activities at SD City Facilities so that S4EA athletes and volunteers also need to register with SDP&R-TRS. S4EA athletes need to either register on-line with [SDRecConnect.com](#) or register at the first practice with SDP&R-TRS. The facilities that S4EA uses in the spring are Park de la Cruz-Basketball/Pickleball Mon (Code: [121340](#)) & Kearny Mesa Rec Ctr-Basketball/Open Gym Jr. Thu (Code: [121341](#)).

S4EA Practices & Tournaments – Guidelines

- Download [Athlete Registration Form](#) from S4EA website, fill out/email to S4EA
- Do not come if you are sick
- Check temperature (if above normal, don't come to practice)
- If have COVID, isolate at least 5 days & wear mask 10 days
- Wear a facemask indoors in large groups to help protect everyone & especially our athletes with disabilities
- Get the new COVID vaccine & be safe to play our sports



S4EA Celebrates our 18th Anniversary

SPORTS for Exceptional Athletes (S4EA) was founded in April 2007 by a group of coaches, parents, volunteers & community members who found a need for a community based inclusive sports program for athletes with & without disabilities in San Diego County. Thank you to all of our athletes, families, friends, volunteers, coaches & supporters for making our first 18 years a great success!



Volunteer Appreciation Week April 20-26



Volunteers are the backbone of the SPORTS for Exceptional Athletes program. Our volunteer coaches organize practices and teach athletes various sports skills. At tournaments – volunteers are referees, scorekeepers, timers, help with set-up, take-down, Nerve Center, meals . . . and everything else that needs to be done. At SPORTS Camps – volunteers are chaperones, helping our athletes at sports and camp activities, as well as at meals and in the cabin. Our volunteers become friends of our athletes. Volunteers also help with office projects, fundraisers, as committee members, and as S4EA Board members.

Join S4EA in thanking our coaches and volunteers for all of their efforts in providing sports programs to our very special athletes during Volunteer Appreciation Week April 20-26.

~ April 2025 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>Spring Season</u></p> <ul style="list-style-type: none"> - Basketball (BB) - Bowling (BO) - Cycling (CY) - Pickleball (PB) - Track (TF) 	<p><u>San Diego Co. Location</u></p> <ul style="list-style-type: none"> C - San Diego City EC - East County NC - North County SB - South Bay Jr – Juniors Ages 5-18 	<p><u>Facilities</u></p> <ul style="list-style-type: none"> Bowlero Chula Vista Helix High School Kearny Mesa Rec. Center Mira Mesa Lanes Park de la Cruz Gym Sweetwater High School 		<p><u>Vols Needed for Office Projects</u></p> <p>Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help</p>	<p><u>Donate Stocks to S4EA</u></p> <p>Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.</p>	<p><u>Board of Directors Elections</u></p> <p>If you are interested in helping run our non-profit sports organization by becoming a board member, then call S4EA at 858-565-7432 by April 8.</p>
<p><u>Donate to S4EA</u></p> 		<p>1 April Fools' Day</p> 	2	3	4	<p>5</p> <p>BO-SB 11am-1pm <u>Bowlero CV</u></p> <p>TF-SB 10-12 <u>Sweetwater HS</u></p>
<p>6</p> <p>TF-C/EC 9-11am <u>Helix HS</u></p>	<p>7</p> <p>BB-C 6-8:30pm <u>Park de la Cruz</u></p> <p>PB-C 5:30-6:30 <u>Park de la Cruz</u></p>	8	9	<p>10</p> <p>Open Gym-Jr 4-5:30pm <u>Kearny</u></p>	<p>11 SPORTS Camp-YMCA Camp Marston, Julian</p> 	<p>12 SPORTS Camp-YMCA Camp Marston, Julian</p>  <p>BO-SB 11am-1pm <u>Bowlero CV</u></p> <p>TF-SB 10-12 <u>Sweetwater HS</u></p>
<p>13 SPORTS Camp-YMCA Camp Marston, Julian</p>  <p>BO-C/NC 11am-12:20 <u>Mira Mesa</u></p> <p>TF-C/EC 9-11am <u>Helix HS</u></p>	<p>14</p> <p>BB-C 6-8:30pm <u>Park de la Cruz</u></p> <p>PB-C 5:30-6:30 <u>Park de la Cruz</u></p>	15	16	<p>17</p> <p>Open Gym-Jr 4-5:30pm <u>Kearny</u></p>	<p>18 Good Friday</p> 	<p>19</p> <p>BO-SB 11am-1pm <u>Bowlero CV</u></p> <p>TF-SB 10-12 <u>Sweetwater HS</u></p> <p><u>Limitless Adventure</u> Stratum Fitness Class</p>
<p>20 Easter</p>  <p>National Volunteer Week--></p>	<p>21</p> <p>BB-C 6-8:30pm <u>Park de la Cruz</u></p> <p>PB-C 5:30-6:30 <u>Park de la Cruz</u></p> 	22	23	<p>24</p> <p>Open Gym-Jr 4-5:30pm <u>Kearny</u></p>	25	<p>26 S4EA Final Track Meet – Sweetwater HS 9am-1pm</p>  <p>BO-SB 11am-1pm <u>Bowlero CV</u></p> <p>CY 1:15-3:30pm <u>DeAnza Cove</u></p>
<p>27</p> <p>BO-C/NC 11am-12:20 <u>Mira Mesa</u></p>	<p>28</p> <p>BB-C 6-8:30pm <u>Park de la Cruz</u></p> <p>PB-C 5:30-6:30 <u>Park de la Cruz</u></p>	29	30	<p><u>Community Giving Program</u></p> <p>Please contact Clara at sds4ea@gmail.com or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program</p>	<p><u>Facebook Birthday FR</u></p> <p>For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.</p>	<p><u>Designate S4EA with United Way</u></p> <p>United Way & Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name & address: S4EA, 8380 Vickers St. #E, SD 92111. Thanks for your support</p>

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

SPORTS – Special Program Opportunities in Recreation, Teamwork, and Sports



S4EA is Celebrating our 18th Anniversary in April!



Message from Exec. Dir. Walter Jackson

Join S4EA at Bingo Bash on Sat May 3 at S4EA Office & at "A Taste 4 SPORTS" on Thu May 29 at Balboa Park Club. S4EA is running our spring sports in basketball, bowling, cycling, pickleball & track. SPORTS Camp takes place April 11-13 at Camp Marston in Julian. Browse thru the Newsletter, visit www.s4ea.org or call S4EA at 858-565-7432 for more info.



SPORTS

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ADDRESS SERVICE REQUESTED

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SPORTS Camp-Chaperones Needed

Volunteers ages 18 & over are needed to chaperone for SPORTS Camp April 11-13 at Camp Marston in Julian. Family and friends are welcome to chaperone. No experience needed.

Call S4EA at 858-565-7432 to sign-up.



How To Register In S4EA



If you are interested in becoming an athlete in SPORTS for Exceptional Athletes, please call the S4EA Office at 858-565-7432 and we will mail you a Registration Packet. You can also download registration information ([Athlete Registration Form](#)) directly from the SPORTS for Exceptional Athletes website at www.s4ea.org. The Registration Fee is \$20 per sport (scholarships available). S4EA offers over 20 sports: basketball, bocce, bowling, cross country/downhill skiing, cycling, flag football, floor hockey, golf, ice skating, pickleball, snowboarding, snowshoeing, soccer, softball, swimming, table tennis, tennis, track, volleyball & walking/running/exercise workouts.

In team sports, teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams.

SPORTS for Exceptional Athletes (S4EA) is a sports program serving 1,400 athletes with developmental disabilities ages 5 through adult in San Diego County.

SPORTS Pledge

*I practice hard. I do my best. . .
I play with Pride. . . You'll be impressed!
We are SPORTS for Exceptional Athletes.*

S4EA Needs Your Help

SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
- To provide sports facilities, equipment, meals, and other in-kind services.
- To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County. SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax deductible as allowed by law.
- To [donate a vehicle to S4EA](#), call toll free 855-500-7433; free pick-up; tax receipt provided; and no smog certificate required.

Find us on
Facebook
WWW.FACEBOOK.COM/SPORTS4EA



Volunteers are needed as coaches for the spring season in basketball, bowling, cycling, pickleball, and track. You do not need any prior experience in the sport or working with persons with developmental disabilities, just a desire to help. Head coaches run the practices, while assistant coaches help the athletes under the direction of the head coach in teaching the athletes various sports skills. Volunteers also act as scorekeepers and timers in team sports league play. Coaches spend 2-3 hours weekly for a 3-month period. Call S4EA Office at 858-565-7432 to get involved.

SPORTS Endowment Fund

S4EA has created the [SPORTS Endowment Fund](#) to help ensure long-term continuity and sustainability for S4EA. For more information on planned giving and other endowment options, call attorney Jerry Harris at 619-282-4415.