



858-565-7432

SPORTS for Exceptional Athletes

www.s4ea.org



~ September 2023 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Summer Season Sports - Bocce (BC) - Cycling (CY) - Softball (SB) - Swimming (SW) - Tennis (TE)	Fall Season Sports - Bowling (BO) - Flag Football (FB) - Floor Hockey (FH) - Volleyball (VB)	San Diego Co. Location C - San Diego City EC - East County NC - North County SB - South Bay	Facilities Bostonia Recreation Ctr. Boys & Girls Clubs Vista Kearny Mesa Rec. Center Morley Field-Balboa Park Palomar Elementary Park de la Cruz	Facilities Bowlero Chula Vista Brengle Terrace Park La Mesa Pool Mira Mesa Lanes Parkway Bowl Parkway Com. Center		Vols Needed for Office Projects Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help.
Donate Stocks to S4EA Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.	Designate S4EA with United Way United Way & Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name & address: S4EA, 8380 Vickers St. #E, SD 92111. Thanks for your support.	Community Giving Program Please contact Clara at sds4ea@gmail.com or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program.	Facebook Birthday FR For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.		1	2 CY 1:15-3:30pm No Ride SW-EC 10-11:30am LM Pool
3	4 Labor Day	5 BC-C 5:30-7pm Morley Fd SB-SB 5-6:30pm Palomar	6 SB-C 5:45-8:30pm Morley	7 BC-NC 5:30-7 Brengle Ter	8	9 BO-SB 11am-1pm Bowlero CV BO-EC 11:30-2pm Parkway Bowl CY 1:15-3:30pm Balboa Trolley Station take trolley (buy 1-way ticket) to UCSD & ride back SW-EC 10-11:30am LM Pool
10 S4EA Softball/Tennis Tourn-Morley Fd-Balboa Park 9am-5pm BO-C/NC 11am-12:20 Mira Mesa	11	12 BC-C 5:30-7pm Morley Fd	13 FB-C 5:45-7:15pm Morley	14 BC-NC 5:30-7 Brengle Ter	15 Rosh Hashanah	16 BO-SB 11am-1pm Bowlero CV BO-EC 11:30-2pm Parkway Bowl CY 1:15-3:30pm De Anza Cove to Fiesta Island SW-EC 10-11:30am LM Pool
17 BO-C/NC 11am-12:20 Mira Mesa	18 FH-C 6:30-8:30 Park de la Cruz VB-C 5:30-7pm Park de la Cruz	19	20 FB-C 5:45-7:15pm Morley	21 BC-NC 5:30-7 Brengle Ter FH/Sports-Jr. 4-5:30pm Kearny FH/VB-EC 6-7:30pm Bostonia	22 FH-SB 5:30-7:30 Pkwy Com Ctr	23 Autumn Begins S4EA Pancake Breakfast – S4EA Office-8380 Vickers St. #E 8-10am BO-SB 11am-1pm Bowlero CV BO-EC 11:30-2pm Parkway Bowl CY 1:15-3:30pm Plaza Bonita to South Bay SW-EC 10-11:30am LM Pool
24 Yom Kippur	25 FH-C 6:30-8:30 Park de la Cruz VB-C 5:30-7pm Park de la Cruz	26	27 FB-C 5:45-7:15pm Morley	28 FH/Sports-Jr. 4-5:30pm Kearny FH/VB-EC 6-7:30pm Bostonia	29 FH-SB 5:30-7:30 Pkwy Com Ctr	30 Limitless Adventure Hike BO-SB 11am-1pm Bowlero CV BO-EC 11:30-2pm Parkway Bowl CY 1:15-3:30pm Crown Point to South Mission & Boardwalk SW-EC 10-11:30am LM Pool