



SPORTS

for Exceptional Athletes

SPORTS for Exceptional Athletes (S4EA) is a sports program serving athletes with developmental disabilities ages 5 through adult in San Diego. 8380 Vickers Street Suite E, San Diego, CA 92111 | Website: www.s4ea.org | E-mail: sds4ea@gmail.com | Phone 858-565-S4EA (7432).

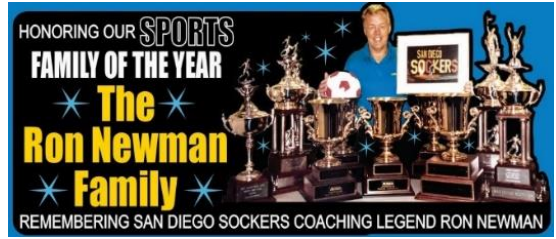
SPORTS NEWS - MAY 2025

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"A Taste 4 SPORTS" Gala Fundraiser May 29 at Balboa Park Club



S4EA is hosting for our members the 18th Annual "A Taste 4 SPORTS" Gala Fundraiser on Thursday, May 29th from 6-9pm at the Balboa Park Club (2144 Pan American Road West, SD 92101) featuring food & wine from 20 restaurants, personal chefs, caterers & wineries. S4EA is honoring the Ron Newman Family (represented by his son Guy Newman who is a former Sockers player & coach) as our 2025 'SPORTS Family of the Year'. San Diego Sockers Head Coach Ron Newman won an astonishing 10 championships in 11 years. Mingle with notable local & celebrity figures,



including Mad Mike from MTV's "Pimp My Ride", enjoy music from the band 'Beatle Trax' & bid on an exquisite array of auction items. Reservations are \$60 per person.

Sponsorship opportunities available at following levels: Platinum-\$10,000, Gold-\$5,000, Silver-\$1,000 & Bronze-\$500. Please donate gift certificates, trips, autographed sports memorabilia to enhance the auction. For more info, call 858-565-7432 or visit www.s4ea.org.

S4EA Thanks "A Taste 4 SPORTS" Event Sponsors

SPORTS for Exceptional Athletes thanks the Event Sponsors at "A Taste 4 SPORTS" on May 29th at the Balboa Park Club:

Platinum Level

*Brian & Kimberly Cox

Silver Level

- *Ahrens Family
- *Gillaspy Family
- *HME
- *Jerry/Mary Ellen Harris Family
- *Richard Harris Family
- *Jackson/Snowdall Family
- *Job Options Inc.
- *Greg Mitchell/Bill Randall
- *Rathbun Family
- Yates/Julius Family

Gold Level

- *Nick Brumbach
- *SD City Firefighters #145
- *Tipple Family
- *UDW
- *Webb/Kawamoto Family

Bronze Level

- *Alvarez Family
- *Mary & Rick Cunningham Family
- *Clara Downes
- *Glinatsis Family
- *Goldbaum Family
- Jennifer Styer/Duane MacNeilan
- *Brian Miller
- *Peters Family
- *Super Wash/Dry Laundromat-CV
- The Arc of San Diego
- *Triad Components Group
- UNICO Engineering

"A Taste 4 SPORTS" Food & Drink Sponsors

*AleSmith Brewing Co.

*Bread & Cie

*CaliFino Tequila

*Creative Ideas

*Guillermo's-Pepe's Street Tacos

*MC Sweet Treats

*Mimi's Kitchen

*Pick Up Stix

PRP Wine International

*Richard's Bees

*Screaming Pete's BBQ

*Troy's Authentic Greek Cuisine

*Veterans Village of San Diego

We Be OB

... & many more

"A Taste 4 SPORTS" Auction & Raffle Items

- Getaways** to a variety of exciting locations.
 - Sports Memorabilia**—baseball, golf, football, soccer, basketball, etc.
 - Gift Certificates/Tickets** to local restaurants, museums, theatres, hotels, spa treatments, fun & games, whale watching, and more.
 - Artwork, Jewelry & many more items.**
- To see a list of the Taste Auction Packages, visit: www.s4ea.org/taste4sports

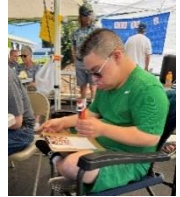


*Confirmed Restaurants & Sponsors for 2025

S4EA Athlete Council Activities- S4EA Bingo Saturday, May 3 at S4EA Office



SPORTS for Exceptional Athletes presents Bingo Bash on Saturday, May 3 at our S4EA Office (8380 Vickers St. #E, San Diego 92111) in Kearny Mesa from 3:30-5pm. We will play bingo outside. For \$10.00 per set of 5 Bingo Cards, you can play Bingo with families & friends. Bingo winners will receive prizes. Snacks will be provided. Call S4EA at 858-565-7432 to reserve your spot.



S4EA Event Dates

May 3
May 29
June 14

S4EA Bingo Bash – S4EA Office (3:30-5pm)
S4EA "A Taste 4 SPORTS" – Balboa Park Club (6-9pm)
S4EA/TRS Summer Sports Festival – Park de la Cruz (10am-3pm)



S4EA Spring Season

Sport-Practices	Day	Time	Location	Spring Season Sports, Call S4EA at 858-565-7432 for more Info
Basketball	Mon	6:00-8:30pm	Park de la Cruz (3901 Landis St., SD 92105)	Mar 17-May 5 [League Play] (Code: 121340)
Assorted Sports	Thu	4:00-5:30pm	Kearny Mesa Rec Ctr (3170 Armstrong, SD 92111)	Apr 10-May 8 [Open Jr] (Code: 121341)
Bowling	Sat	11am-1pm	Bowlero Chula Vista (845 Lazo Ct, CV 91910)	Sep 7-May 10-\$9 for 2 games [League Play]
May 11 & 25	Sun	11am-12:20pm	Bowlero CV Bowling League is full. Call 858-565-7432 to be put on waiting list for next fall.	
			Mira Mesa Lanes (8210 Mira Mesa Blvd, SD 92126)-\$10 per hour+, cathysturdivant@yahoo.com to confirm	
Cycling	Sat	1:15-3:30pm	May 3- Liberty Station (park lot near USS Recruit) to Harbor Island, May 10- Miramar Lake X2, May 17- Liberty Station take Ferry at 2pm to Coronado, return to Liberty Station 4:15pm, May 24-No Ride-Memorial Day, May 31- Mast Park River Walk	
			[see calendar, S4EA website, coach or call S4EA at 858-565-7432 for more info]	
Pickleball	Mon	5:30-6:30pm	Park de la Cruz (3901 Landis St., SD 92105)	Mar 17-May 5 (Code: 121340)

Workouts-Hikes/Exercise

Limitless Adventures is a volunteer-led, 501(c)(3) nonprofit organization that provides outdoor recreational experiences for people with disabilities. Their current programming consists of hikes and other activities & operates within the Greater San Diego Area. For more info, go to: <https://www.limitless-adventures.org/> - Upcoming events: USD Baseball Game-May 4

Also see Calendar for Practices, Tournaments, and Events.

Summer Sports include bocce, soccer, softball, swimming & tennis. See S4EA June Newsletter, visit S4EA website at www.s4ea.org or call S4EA at 858-565-7432 for more information.

Baseball Practices & Games
S4EA baseball practices & games have been cancelled this spring at Balboa/Mt. Acadia. Head Coach Steven Manley passed away recently. We are all saddened by his passing.

San Diego Parks & Recreation-Therapeutic Recreation Services

The City of

SAN DIEGO

Parks and Recreation Department

San Diego Parks & Recreation (SDP&R) – Therapeutic Recreation Services (TRS) provides therapeutic recreation programs for children and adults with any type of disability. SDP&R-TRS is co-sponsoring S4EA activities at SD City Facilities so that S4EA athletes and volunteers also need to register with SDP&R-TRS. S4EA athletes need to either register on-line with SDRecConnect.com or register at the first practice with SDP&R-TRS. The facilities that S4EA uses in the spring are Park de la Cruz-Basketball/Pickleball Mon (Code: [121340](#)) & Kearny Mesa Rec Ctr-Basketball/Open Gym Jr. Thu (Code: [121341](#)).

S4EA Practices & Tournaments – Guidelines

- Download [Athlete Registration Form](#) from S4EA website, fill out/email to S4EA
- If have COVID, isolate at least 5 days & wear mask 10 days
- Do not come if you are sick
- Wear a facemask indoors in large groups to help protect everyone & especially our athletes with disabilities
- Check temperature (if above normal, don't come to practice)
- Get the new COVID vaccine & be safe to play our sports



S4EA Athlete Council Elects New Officers for 2025-2026

The S4EA Athlete Council had elections at S4EA Pancake Breakfast in March. Congratulations to the following officers: Pres-Joe Alvarez-Salas, VP-Evan Perrero, Treasurer-Rachel Goldbaum, Secretary- Matthew Rathbun, Sgt At Arms-Michael Stein.



S4EA Summer Sports Festival June 14 at Park de la Cruz

S4EA is bringing back the popular Summer Sports Festival on Saturday, June 14th to be held at [Park de la Cruz](#) (3901 Landis St., San Diego 92105) from 10am-3pm. Play a variety of sports such as Basketball, Bocce, Cycling, Flag Football, Floor Hockey, Futsal, Lacrosse, Pickleball, Quidditch, Soccer, Softball & Volleyball. The picnic will also include lunch, music, classic cars, relay races, fun & games, party time & socializing with your friends & family.



The SPORTS Festival is sponsored by SPORTS for Exceptional Athletes and co-sponsored by San Diego Parks & Recreation – Therapeutic Recreation Services (code: _____). Athletes with developmental disabilities, families, friends, coaches, volunteers, supporters, and others in the community are invited to play in our Sports Festival/Picnic. Join in the fun & games! Play as many sports as you want. There is no cost. To sign up or for more information, call SPORTS for Exceptional Athletes at 858-565-7432.

~ May 2025 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>Spring Season</u> - Basketball (BB) - Bowling (BO) - Cycling (CY) - Pickleball (PB)</p>	<p><u>San Diego Co. Location</u> C - San Diego City EC - East County NC - North County SB - South Bay Jr – Juniors Ages 5-18</p>	<p><u>Facilities</u> Bowlero Chula Vista Kearny Mesa Rec. Center Mira Mesa Lanes Park de la Cruz Gym</p>		<p>1 Open Gym-Jr 4-5:30pm Kearny</p>	<p>2</p>	<p>3 S4EA Bingo Bash – S4EA Office 3:30-5pm</p>  <p>BO-SB 11am-1pm Bowlero CV CY 1:15-3:30pm Liberty Station to Harbor Island</p>
<p>4 <u>Limitless Adventures USD</u> Baseball Game</p>	<p>5 BB-C 6-8:30pm Park de la Cruz PB-C 5:30-6:30 Park de la Cruz</p>	<p>6</p>	<p>7</p>	<p>8 Open Gym-Jr 4-5:30pm Kearny</p>	<p>9</p>	<p>10 BO-SB 11am-1pm Bowlero CV CY 1:15-3:30pm Miramar Lake</p>
<p>11 Mother's Day</p>  <p>BO-C/NC 11am-12:20 Mira Mesa</p>	<p>12</p>	<p>13</p>	<p>14</p>	<p>15</p>	<p>16</p>	<p>17 CY 1:15-4:15pm Liberty Station take Ferry to Coronado</p>
<p>18</p>	<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p>24 CY 1:15-3:30pm No Ride</p>
<p>25 BO-C/NC 11am-12:20 Mira Mesa</p>	<p>26 Memorial Day</p> 	<p>27</p>	<p>28</p>	<p>29 "A Taste 4 SPORTS" Balboa Park Club 6-9pm</p> 	<p>30</p>	<p>31 CY 1:15-3:30pm Mast Park River Walk</p>
<p><u>Donate to S4EA</u></p> 	<p><u>Vol's Needed for Office Projects</u> Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help</p>	<p><u>Donate Stocks to S4EA</u> Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.</p>	<p><u>Board of Directors Elections</u> If you are interested in helping run our non-profit sports organization by becoming a board member, then call S4EA at 858-565-7432 by May 5.</p>	<p><u>Community Giving Program</u> Please contact Clara at sds4ea@gmail.com or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program</p>	<p><u>Facebook Birthday FR</u> For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.</p>	<p><u>Designate S4EA with United Way</u> United Way & Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name & address: S4EA, 8380 Vickers St. #E, SD 92111. Thanks for your support</p>

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

SPORTS – Special Program Opportunities in Recreation, Teamwork, and Sports



Join S4EA at “A Taste 4 SPORTS” May 29!



Message from Exec. Dir. Walter Jackson

Join S4EA at Bingo Bash on Sat May 3 at S4EA Office & Summer Sports Festival on Sat Jun 14 at Park de la Cruz. “A Taste 4 SPORTS” gala is held on Thu May 29 at the Balboa Park Club. S4EA is running our spring sports in basketball, bowling, cycling, and pickleball. Browse thru the Newsletter, visit www.s4ea.org or call S4EA at 858-565-7432 for more info.



SPORTS

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ADDRESS SERVICE REQUESTED

SPORTS for Exceptional Athletes
8380 Vickers St. Suite E
San Diego, CA 92111
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Phone: 858-565-S4EA (7432)
Fax: 858-496-7309

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S4EA Needs Summer Sports Coaches

- East Co. Swim Sat at La Mesa Pool
 - North Co. Softball Sun at Breeze Hill Pk
 - South Bay Soccer & Softball Location TBD
 - South Bay Swimming Location & Day TBD
- Practices are once a week. Call S4EA at 858-565-7432 for more info & to sign-up to help coach.



How To Register In S4EA



If you are interested in becoming an athlete in SPORTS for Exceptional Athletes, please call the S4EA Office at 858-565-7432 and we will mail you a Registration Packet. You can also download registration information ([Athlete Registration Form](#)) directly from the SPORTS for Exceptional Athletes website at www.s4ea.org. The Registration Fee is \$20 per sport (scholarships available). S4EA offers over 20 sports: basketball, bocce, bowling, cross country/downhill skiing, cycling, flag football, floor hockey, golf, ice skating, pickleball, snowboarding, snowshoeing, soccer, softball, swimming, table tennis, tennis, track, volleyball & walking/running/exercise workouts.

In team sports, teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams.

SPORTS for Exceptional Athletes (S4EA) is a sports program serving 1,400 athletes with developmental disabilities ages 5 through adult in San Diego County.

SPORTS Pledge

*I practice hard. I do my best. . .
I play with Pride. . . You'll be impressed!
We are SPORTS for Exceptional Athletes.*

S4EA Needs Your Help

SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
- To provide sports facilities, equipment, meals, and other in-kind services.
- To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County. SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax deductible as allowed by law.
- To [donate a vehicle to S4EA](#), call toll free 855-500-7433; free pick-up; tax receipt provided; and no smog certificate required.



Volunteers are needed as coaches for the spring season in basketball, bowling, cycling, and pickleball. You do not need any prior experience in the sport or working with persons with developmental disabilities, just a desire to help. Head coaches run the practices, while assistant coaches help the athletes under the direction of the head coach in teaching the athletes various sports

skills. Volunteers also act as scorekeepers and timers in team sports league play. Coaches spend 2-3 hours weekly for a 3-month period. Call S4EA Office at 858-565-7432 to get involved.

SPORTS Endowment Fund

S4EA has created the [SPORTS Endowment Fund](#) to help ensure long-term continuity and sustainability for S4EA. For more information on planned giving and other endowment options, call attorney Jerry Harris at 619-282-4415.