



SPORTS for Exceptional Athletes (S4EA) is a sports program serving athletes with developmental disabilities ages 5 through adult in San Diego. 9575 Aero Drive, Suite B, San Diego, CA 92123 * Website: www.s4ea.org * E-mail: sds4ea@gmail.com * Phone 858-565-S4EA (7432).

SPORTS NEWS - SEPTEMBER 2019

Published Monthly for Athletes, Families, Friends, Volunteers, Coaches & Other Supporters of SPORTS for Exceptional Athletes. Editor: Walter Jackson.

S4EA Softball & Tennis Tournament September 8 at Morley Field in Balboa Park

The S4EA Softball and Tennis Tournament is scheduled for Sunday, September 8th from 9am-5pm at [Morley Field in Balboa Park](#). The tournament is sponsored by the San Diego City Firefighters Local 145 and the San Diego Park & Recreation/Therapeutic Recreation Services. The hamburger lunch is being provided by McDonalds (Sutherland Management Company) and the Bonita/South Bay Kiwanis.

S4EA Athlete Council Activities – Pancake Breakfast Sep 21 & Bunco Nov 8

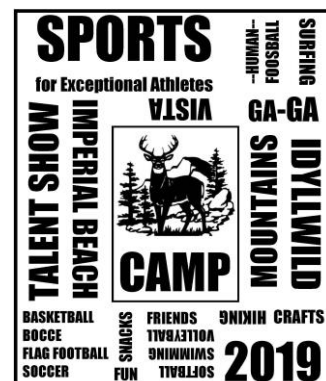
The S4EA Pancake Breakfast Fundraiser takes place at [S4EA/North Shores](#) (9575 Aero Dr., San Diego 92123) on Saturday, September 21 from 8-10am for \$10 per person. The breakfast includes pancakes, scrambled eggs, sausage, milk, juice and coffee. Win great prizes at the raffle. The S4EA Athlete Council is meeting at 10am after the Pancake Breakfast to determine upcoming Athlete Council activities. Bring the family and friends to the delicious breakfast and support S4EA. For more info, call S4EA at 858-565-7432.

SPORTS for Exceptional Athletes presents 'Bunco' on Friday, November 8 at [S4EA/North Shores](#) (9575 Aero Drive, San Diego 92123) from 6-8pm. Tickets are \$20, which includes hors d'oeuvres, soft drinks and two rounds of tournament play. Win prizes for most Buncos, most wins, and most losses. A unique fundraising adventure that will be fun for all. If interested in playing Bunco, winning prizes & supporting S4EA, call 858-565-7432 or go to the S4EA website www.s4ea.org.

Halloween SPORTS Camp Session #3 October 25-27 at Green Oak Ranch in Vista

[S4EA SPORTS Camp Session #3](#) on October 25-27 at [Green Oak Ranch](#) in Vista offers a general program of camp & sports activities as well as Halloween fun. Join in the fun trick-or-treating, visiting the Haunted House and Nature Center, going on a Hayride, playing various sports, dancing, showing your talent at the Talent Show, and participating in various other camp activities. Athletes spend 2 nights in cabins under the guidance of chaperones/camp counselors. Persons with disabilities, families, friends, volunteers, coaches & supporters are all welcome to join S4EA at camp.

The S4EA SPORTS Camp Registration Fee is \$190 per session to help pay for lodging, meals, insurance, supplies, etc. Mail Fee & [S4EA Camp Registration Form](#) as soon as possible to S4EA (9575 Aero Drive #B, SD, CA 92123). Turn in S4EA Camp Registration Form and Fee by October 4 and pay Early Bird Price of only \$175. A non-refundable deposit of \$70 will reserve your spot in S4EA SPORTS Camp. Round trip transportation is \$40. For more info, please call S4EA at (858)565-7432 or go to S4EA website at www.s4ea.org.



S4EA Tournament/Event Dates

- September 8** S4EA Softball & Tennis Tournament – Morley Field in Balboa Park (9am-5pm)
- September 21** S4EA Pancake Breakfast – S4EA/North Shores (8-10am)
- September 22** SNAP Flag Football Tournament – College of the Canyons, Santa Clarita (8:30am-3pm)
- October 5** S4EA Bocce & Flag Football Tournament – La Jolla Country Day School (8:30am-4pm)
- October 25-27** S4EA Halloween SPORTS Camp #3 – Green Oak Ranch, Vista (Fri 4pm-Sun 4pm)
- November 8** S4EA Bunco Fundraiser – S4EA/North Shores (6-8pm)
- November 23** S4EA Volleyball & Table Tennis Tournament – Balboa Park Activity Center (9am-5pm)
- December 8** S4EA Floor Hockey Tournament – Francis Parker School (9am-5pm)
- December 12** S4EA Holiday Party – Eagles Aerie (5:30-8pm)
- December 15** S4EA Bowling Tournament – Bowlero Chula Vista (8:30am-4pm)
- February 4-6** S4EA Winter Games (Downhill & CC Ski, Snowboard, Snowshoe) – Cedar Lake in Big Bear

S4EA Summer and Fall Season

Athletes and volunteer coaches come join us in the following summer and fall sports (also see calendar):

<u>Sport-Practices Meet</u>	<u>Day</u>	<u>Time</u>	<u>Location</u>	
Bocce	Tue	5:30-7:00pm	Morley Field Bocce Courts (2221 Morley Field Dr, San Diego 92104) end Sep 3 [League Play]	
	Wed	5:30-7:00pm	Chula Vista Elks Lodge (901 Elks Lane, Chula Vista 91910) ending September 25	
	Thu	5:30-7:00pm	Brengle Terrace Park (1200 Vale Terrace Dr., Vista 92084) ending September 12	
	Tourn-Oct 5	Sat	8:30am-4:00pm	La Jolla Country Day School (9490 Genesee, La Jolla 92037) [LJ Country Day provide lunch]
Bowling	Mon	3:30-5:00pm	Kearny Mesa Bowl (7585 Clairemont Mesa Blvd, San Diego 92111)-\$3 for 2 games	
	Sat	11:00am-1pm	Bowlero Chula Vista (845 Lazo Ct, CV 91910) start Sep 7-\$7.25 for 2 games [League Play]	
	Sat	1:30-3:30pm	Poway Fun Bowl (12941 Poway Rd., Poway 92064)-\$5.50 for 2 games plus \$2 for shoes	
	Tourn-Dec 15	Sun	8:30am-4pm	Bowlero Chula Vista (845 Lazo Ct., Chula Vista 91910) [Ses #1 8:30am-1pm/Ses #2 12-4pm]
Cycling	Sat	1:15-3:30pm	Various Locations [see calendar, S4EA website, or coach Russ 619-992-0164 for more info]	
	Tourn-Sep/Oct	Sun	9am-1pm	SD Velodrome at Morley Field in Balboa Park (2221 Morley Field Dr., San Diego 92104)
Flag Football	Wed	5:45-7:15pm	Morley Field Athletic Fields (2221 Morley Field Dr., San Diego 92104) starting Sep 11	
	Santa Clarita-Sep 22	Sun	8:30am-3:00pm	SNAP Flag Football Tournament at College of the Canyons in Santa Clarita
	Tourn-Oct 5	Sun	8:30am-4:00pm	La Jolla Country Day School (9490 Genesee, La Jolla 92037) [LJ Country Day provide lunch]
Floor Hockey	Mon	5:30-8:00pm	Mid-City Gym (4302 Landis St., San Diego 92105) starting September 16 [League Play]	
	Thu	4:00-5:30pm	Kearny Mesa Recreation Center (3170 Armstrong, San Diego 92111) start Sep 19 [Juniors]	
	Thu	6:00-7:30pm	Bostonia Recreation Ctr (1049 Bostonia, El Cajon 92021) starting September 19	
	Thu	4:00-5:45pm	Otay Recreation Center (3554 Main St., Chula Vista 91911) starting September 19	
	Sacramento-Nov	Sun	9:00am-5:00pm	Sacramento VIP Floor Hockey Tourn. at La Sierra Com. Ctr. (5325 Engle, Carmichael 95608)
	Tourn-Dec 8	Sun	9:00am-5:00pm	Francis Parker School (6501 Linda Vista Rd, San Diego 92111) [Civitan provide lunch]
Golf	Sat	11am-12:30pm	Town Park Villas Golf Course (6301 Gullstrand St., San Diego 92122)-cost \$8	
Ice Skating	Sat	1:00-3:00pm	TSA Kroc Center (6845 University Ave, San Diego 92115)-\$5 per session	
	Wed	4:00-5:00pm	San Diego Ice Arena (11048 Ice Skate Place, San Diego 92126)	
	Thu	3:30-5:00pm	University Towne Center (4545 La Jolla Village Dr, San Diego 92122)	
Softball	Wed	5:30-8:00pm	Morley Field Softball Fields (2221 Morley Field Dr., SD 92104) ending Sep 4 [League Play]	
	Tue	5:00-6:00pm	Palomar Elementary (300 E Palomar St., Chula Vista 91911) ending September 3	
	Sun	3:30-5:30pm	Breeze Hill Park (645 S. Melrose, Vista 92081) ending August 25	
	Tourn-Sep 8	Sun	9am-5pm	Morley Field Softball Fd (2221 Morley Field Dr., SD 92104) [SB/Bonita Kiwanis provide lunch]
Swimming	Fri	3:30-5:00pm	Copley YMCA (4300 El Cajon Blvd, SD 92105) not Sep 20-\$5/ses.-\$15/month [swim only]	
	Fri	5:00-7:00pm	Vista Terrace Pool (301 Athey, SD 92173)-\$20/month ending August 30	
	Sat	10:30-11:30am	La Mesa Pool (5100 Memorial Dr, LM 91942) end Sep 21-\$5 per session (swimmers only)	
Table Tennis	Sun	12:00pm-1:00pm	After School Learning Tree (11525 Sorrento Valley Rd, San Diego 92121)	
	Tourn-Nov 23	Sat	9:00am-5:00pm	Balboa Park Activity Center (2145 Park Blvd., San Diego 92101)
Tennis	Mon	6:30-8:00pm	Barnes Tennis Center (4490 W. Point Loma Blvd., SD 92107) ending August 26	
	Tourn-Sep 8	Sun	9am-3pm	Morley Field Tennis Courts (2221 Morley Field Dr. near Texas & Upas St., SD 92104)
Volleyball	Tue	5:45-8:00pm	Hoover High School (4474 El Cajon Blvd, San Diego 92115) starting Sep 10 [League Play]	
	Tue	6:00-7:00pm	Boys & Girls Club-Vista (410 W California Ave, Vista 92083) starting September 17	
	Tourn-Nov 23	Sat	9:00am-5:00pm	Balboa Park Activity Center (2145 Park Blvd., San Diego 92101)



858-565-7432

SPORTS for Exceptional Athletes

www.s4ea.org



~ September 2019 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>Community Giving Program</u> Please contact Clara at sds4ea@gmail.com or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program.</p>	<p><u>Shop Online with AmazonSmile</u> By registering S4EA at smile.amazon.com, Amazon will donate 0.5% of the purchase price to S4EA. You get the same low prices & selection as on Amazon.com.</p>	<p><u>Donate Stocks to S4EA</u> Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.</p>	<p><u>Vols Needed in S4EA Office</u> Volunteers are needed to help with various office projects including mail-outs, newsletters, etc. Call S4EA at 858-565-7432 to help.</p>	<p><u>Designate S4EA with United Way</u> United Way & Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name & address: S4EA, 9575 Aero Dr #B, SD 92123. Thanks for your support.</p>		<p><u>S4EA Golf Classic</u> The S4EA Golf Classic held Aug 7 at Riverwalk Golf Club was a great success. Over \$15,000 was raised. Thank you to Matt Stickley & the S4EA Golf Classic Committee for their hard work.</p>
<p>1 TT-C 12-1pm Sch. Learn Tree</p>	<p>2 Labor Day BO-C 3:30-5pm KM Bowl</p>	<p>3 BC-C 5:30-7pm Morley Fd SB-SB 5-6pm Palomar Elem</p>	<p>4 BC-SB 5:30-7pm CV Elks IS-SR 4-5pm SD Ice Arena SB-C 5:30-8pm Morley Fd.</p>	<p>5 BC-NC 5:30-7 Brengle Ter. IS-SR 3:30-5pm UTC</p>	<p>6 SW-C 3:30-5pm Copley Y</p>	<p>7 BO-NC 1:30-3:30 Poway BO-SB 11am-1pm Bowlero CV GO 11-12:30pm Town Park Villas IS-C 1-3pm TSA Kroc Center SW-EC 10:30-11:30am LM Pool</p>
<p>8 S4EA Softball & Tennis Tourn-Morley Field Balboa Park 9am-5pm TT-C 12-1pm Sch. Learn Tree</p>	<p>9 BO-C 3:30-5pm KM Bowl</p>	<p>10 VB-C 5:45-8pm Hoover</p>	<p>11 BC-SB 5:30-7pm CV Elks FF-C 5:45-7:15pm Morley Fd IS-SR 4-5pm SD Ice Arena</p>	<p>12 BC-NC 5:30-7 Brengle Ter. IS-SR 3:30-5pm UTC</p>	<p>13 SW-C 3:30-5pm Copley Y</p>	<p>14 BO-NC 1:30-3:30 Poway BO-SB 11am-1pm Bowlero CV CY 1:15-3:30pm Liberty Station GO 11-12:30pm Town Park Villas IS-C 1-3pm TSA Kroc Center SW-EC 10:30-11:30am LM Pool</p>
<p>15 TT-C 12-1pm Sch. Learn Tree</p>	<p>16 BO-C 3:30-5pm KM Bowl FH-C 5:30-8pm Mid City Gym</p>	<p>17 VB-C 5:45-8pm Hoover VB-NC 6-7 B&G Vista</p>	<p>18 BC-SB 5:30-7pm CV Elks FF-C 5:45-7:15pm Morley Fd IS-SR 4-5pm SD Ice Arena</p>	<p>19 FH-Jr 4-5:30pm Kearny Rec FH-EC 6-7:30pm Bostonia FH-SB 4-5:45pm Otay Rec IS-SR 3:30-5pm UTC</p>	<p>20</p>	<p>21 S4EA Pancake Breakfast 8-10 S4EA/North Shores; BO-NC 1:30-3:30 Poway BO-SB 11am-1pm Bowlero CV GO 11-12:30pm Town Park Villas IS-C 1-3pm TSA Kroc Center SW-EC 10:30-11:30am LM Pool</p>
<p>22 Santa Clarita Flag Football Tourn 8:30am-3pm - College of the Canyons TT-C 12-1pm Sch. Learn Tree</p>	<p>23 Autumn Begins BO-C 3:30-5pm KM Bowl FH-C 5:30-8pm Mid City Gym</p>	<p>24 VB-C 5:45-8pm Hoover VB-NC 6-7 B&G Vista</p>	<p>25 BC-SB 5:30-7pm CV Elks FF-C 5:45-7:15pm Morley Fd IS-SR 4-5pm SD Ice Arena</p>	<p>26 FH-Jr 4-5:30pm Kearny Rec FH-EC 6-7:30pm Bostonia FH-SB 4-5:45pm Otay Rec IS-SR 3:30-5pm UTC</p>	<p>27 SW-C 3:30-5pm Copley Y</p>	<p>28 BO-NC 1:30-3:30 Poway BO-SB 11am-1pm Bowlero CV CY 1:15-3:30pm DeAnza Cove GO 11-12:30pm Town Park Villas IS-C 1-3pm TSA Kroc Center</p>
<p>29 Rosh Hashanah TT-C 12-1pm Sch. Learn Tree</p>	<p>30 BO-C 3:30-5pm KM Bowl FH-C 5:30-8pm Mid City Gym</p>	<p><u>Fall Season Sports</u> - Bowling (BO) - Flag Football (FF) - Floor Hockey (FH) - Table Tennis (TT) - Volleyball (VB)</p>	<p><u>Summer Season Sports</u> - Bocce (BC) - Cycling (CY) - Golf (GO) - Ice Skating (IS) - Softball (SB) - Swimming (SW)</p>	<p><u>San Diego Co. Location</u> C - San Diego City EC - East County NC - North County SB - South Bay SR - Scripps Ranch</p>	<p><u>Facilities</u> - Mid-City Gym Bostonia Recreation Center Boys & Girls Clubs Vista Chula Vista Elks Lodge Hoover High School Kearny Mesa Rec. Center Morley Field-Balboa Park Otay Recreation Center TSA Kroc Center</p>	<p><u>Facilities</u> -Brengle Terrace Park After School Learning Tree Bowlero Chula Vista Copley YMCA Kearny Mesa Bowl La Mesa Pool Palomar Elementary School Poway Fun Bowl Town Park Villas Golf Course University Towne Center</p>

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

SPORTS – Special Program Opportunities in Recreation, Teamwork, and Sports

Celebrate SPORTS by Joining a Fall SPORTS Program!

Disneyland Resort Tickets

In the past, the Disneyland Resort Community Involvement Program (CIP) for athletes with disabilities allows registered S4EA athletes to purchase up to 6 tickets to Disneyland and/or California Adventure Parks. We have not heard yet what the arrangement is for tickets for 2020.

Please call Clara at 858-565-7432 before September 23 to get on the list to potentially purchase tickets.

Camp Chaperones Needed

Volunteers ages 18+ are needed to chaperone for Halloween SPORTS Camp #3 Oct 25-27 at Green Oak Ranch in Vista. Call S4EA at 858-565-7432 to sign-up.



SPORTS
for Exceptional Athletes



ADDRESS SERVICE REQUESTED



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How To Register In S4EA

If you are interested in becoming an athlete in SPORTS for Exceptional Athletes, please call the S4EA Office at 858-565-7432 and we will mail you a Registration Packet. You can also download registration information directly from the SPORTS for Exceptional Athletes website at www.s4ea.org. The Registration Fee is \$20 per sport (scholarships available). S4EA offers over 20 sports: baseball, basketball, bocce, bowling, cross country/downhill skiing, cycling, flag football, floor hockey, golf, ice skating, snowboarding, snowshoeing, soccer, softball, swimming, table tennis, tennis, track, volleyball & walking/running/exercise.

In team sports, teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams.

SPORTS for Exceptional Athletes (S4EA) is a sports program serving over 1,400 athletes with developmental disabilities ages 5 through adult in San Diego County.

SPORTS Pledge

*I practice hard. I do my best. . .
I play with Pride. . . You'll be impressed!
We are SPORTS for Exceptional Athletes.*

S4EA Needs Your Help

SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
- To provide sports facilities, equipment, meals, and other in-kind services.
- To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County. SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax deductible as allowed by law.
- To [donate a vehicle to S4EA](#), call toll free 855-500-7433; free pick-up; tax receipt provided; and no smog certificate required.

 Find us on
Facebook
WWW.FACEBOOK.COM/SPORTS4EA

[Volunteers](#) are needed as coaches for the Fall Season in bowling, flag football, floor hockey, golf, ice skating, swimming, table tennis, and volleyball. You do not need any prior experience in the sport or working with persons with developmental disabilities, just a desire to help. Head coaches run the practices, while assistant coaches help the athletes under the direction of the head coach in teaching the athletes various sports skills. Volunteers also act as scorekeepers and timers in team sports league play. Coaches spend 2-3 hours weekly for a 3-month period. Call S4EA Office at 858-565-7432 to get involved.

SPORTS Endowment Fund

S4EA has created the [SPORTS Endowment Fund](#) to help ensure long-term continuity and sustainability for S4EA. For more information on planned giving and other endowment options, call attorney Jerry Harris at 619-282-4415.