

~ July 2025 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sports - Bocce (BC) - Bowling (BO) - Cycling (CY) - Soccer (SO) - Softball (SB) - Swimming (SW) - Tennis (TE)	San Diego Co. Location C - San Diego City EC - East County NC - North County SB - South Bay	Facilities Barnes Tennis Center La Mesa Pool Las Palmas Pool Mira Mesa Lanes	Facilities Breeze Hill Park Brengle Terrace Park Morley Field-Balboa Pk Park de la Cruz Robert Egger-S. Bay Rec Ctr	Donate to S4EA 	Donate Stocks to S4EA Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.	Vols Needed for Office Projects Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help
Community Giving Program Please contact Clara at sds4ea@gmail.com or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program		1	2 SB-C 545-830pm Park de la Cruz SW-SB 5-7pm Las Palmas	3	4 Independence Day 	5 CY 1:15-3:30pm No Ride SW-EC 10-11:30am LM Pool
6 BO-C/NC 10:45a-12:20 Mira Mesa	7 SO-C 5:45-8pm Park de la Cruz TE-C 7-8pm Barnes Tennis Ctr	8 BC-C 5:30-7pm Morley Fd	9 SB-C 545-830pm Park de la Cruz SW-SB 5-7pm Las Palmas	10 BC-NC 5:30-7 Brengle Ter	11 SB-SB 5-6:30 Egger-SB Rec SO-SB 630-730 Egger-SB Rec	12 S4EA Bingo Bash – S4EA Office 3:30-5pm  CY 1:15-3:30pm Plaza Bonita to South Bay SW-EC 10-11:30am LM Pool
13	14 SO-C 5:45-8pm Park de la Cruz TE-C 7-8pm Barnes Tennis Ctr	15 BC-C 5:30-7pm Morley Fd	16 SB-C 545-830pm Park de la Cruz SW-SB 5-7pm Las Palmas	17 BC-NC 5:30-7 Brengle Ter	18 SB-SB 5-6:30 Egger-SB Rec SO-SB 630-730 Egger-SB Rec	19 Windansea 'Day at the Beach' LJ Shores 9am-3pm CY 1:15-3:30pm Chula Vista Marina to Imperial Beach
20 BO-C/NC 10:45a-12:20 Mira Mesa SB-NC 6-7pm Breeze Hill	21 SO-C 5:45-8pm Park de la Cruz TE-C 7-8pm Barnes Tennis Ctr	22 BC-C 5:30-7pm Morley Fd	23 SB-C 545-830pm Park de la Cruz SW-SB 5-7pm Las Palmas	24 BC-NC 5:30-7 Brengle Ter	25 SB-SB 5-6:30 Egger-SB Rec SO-SB 630-730 Egger-SB Rec	26 CY 1:15-3:30pm Presidio Park to Balboa Park SW-EC 10-11:30am LM Pool Limitless Adventures Rock Climbing
27 SB-NC 6-7pm Breeze Hill	28 SO-C 5:45-8pm Park de la Cruz TE-C 7-8pm Barnes Tennis Ctr	29 BC-C 5:30-7pm Morley Fd	30 SB-C 545-830pm Park de la Cruz SW-SB 5-7pm Las Palmas	31 BC-NC 5:30-7 Brengle Ter	Facebook Birthday FR For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.	Designate S4EA with United Way United Way & Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name & address: S4EA, 8380 Vickers St. #E, SD 92111. Thanks for your support