



SPORTS NEWS - AUGUST 2025

S4EA SPORTS Camp August 1-3 at Pine Valley Bible Conference Center



The cabins are rustic as each cabin has 12 bunk beds (6 bottom & 6 top bunks) with 1 toilet, 1 shower & 2 sinks in the cabin. PVBCC requires at least 10 persons in each cabin.

S4EA Code of Conduct/Safe Sports Guidelines

Code of Conduct

1. Follow all sports rules of S4EA.
2. Follow the S4EA Fair Play Guidelines.
3. Follow all laws of local, state, and federal government.
4. Illegal drugs will not be tolerated
5. S4EA is a sports organization. Smoking should be avoided. Alcohol must be avoided at sports practices, tournaments, and SPORTS Camps (including Winter Games & other overnight events).
6. Respect the rights, dignity & worth of all participants regardless of gender/ability/cultural background/sexual orientation/religion.
7. Inappropriate or illegal acts by participants will warrant S4EA to take action appropriate to the offense.

Report any violations of Code of Conduct to Executive Director or Associate Director at S4EA.



S4EA Event Dates

S4EA Softball & Tennis Tournament-Morley Field in Balboa Park (9am-5pm)



S4EA Summer Season

Sport-Practices	Day	Time	Location	Summer Season Sports, Call S4EA at 858-565-7432 to confirm/for more Info
Bocce 	Tue	5:30-7:00pm	Morley Bocce Ct (2221 Morley Field Dr, SD 92104)	Jul 8-Sep 9 [League Play](Code: 123213)
	Thu	5:30-7:00pm	Downtown IV (2248 Tierra Verde Rd, Vista 92084)	starting Jul 31-Sep 11 [New Location]
Cycling 	Sat	1:15-3:30pm	Aug 2-No Ride, Aug 9- Robb Field , Aug 16- Parking Lot (9404 Genesee Ave) to UCSD	Aug 23- Chula Vista Marina (parking lot near bay) to Imperial Beach, Aug 30-No Ride [see calendar, S4EA website, coach or call S4EA at 858-565-7432 for more info]
Soccer	Mon	5:45-8:00pm	Park de la Cruz (3901 Landis St, SD 92105)	Jun 9-Aug 18 [League Play] (Code: 123212)
	Fri	6:30-7:30pm	Robert Egger Sr.-South Bay Rec. Center (1885 Coronado Ave, SD 92154)	Jun 13-Aug 22
Tourn-Aug 24	Sun	9am-5pm	Morley Field Soccer Fields (2221 Morley Field Dr. near Texas & Upas St., SD 92104)	
Softball 	Wed	5:45-8:30pm	Park de la Cruz (3901 Landis St., SD 92105)	Jun 25-Sep 3 [League Play](Code: 123214)
	Fri	5:00-6:30pm	Robert Egger Sr.-South Bay Rec. Center (1885 Coronado Ave, SD 92154)	Jun 13-Sep 5
	Sun	6:00-7:00pm	Breeze Hill Park (645 S. Melrose, Vista 92081)	July 20-August 24
Tourn-Sep 7	Sun	9am-5pm	Morley Field Softball Fields (2221 Morley Field Dr. near Texas & Upas St., SD 92104)	
Swimming 	Wed	5-7pm	Las Palmas Pool (1800 E 22nd St, NC 91950)	\$20/mo. Jun 4-Aug 27 (Non-Swim 5-6/Swim 6-7)
	Sat	10:00-11:30am	La Mesa Pool (5100 Memorial Dr, LM 91942)	Jun 21-Aug 30 not Aug 9-\$5/ses. (swim only)
Swim Meet-Aug 9	Sat	8:00am-1:00pm	St. Madeleine Sophie's Center (2119 E. Madison Ave., El Cajon 92019)	
Tennis	Mon	7:00-8:00pm	Barnes Tennis Center (4490 W. Point Loma Blvd., SD 92107)	Jun 2-Aug 25 not Aug 4
Tourn-Sep 7	Sun	9am-3pm	Morley Field Tennis Courts (2221 Morley Field Dr. near Texas & Upas St., SD 92104)	

Workouts-Hikes/Exercise

Limitless Adventures is a volunteer-led, 501(c)(3) nonprofit organization that provides outdoor recreational experiences for people with disabilities. Their current programming consists of hikes and other activities & operates within the Greater San Diego Area. For more info, go to: <https://www.limitless-adventures.org/> - Upcoming events: Sailing-August 23

San Diego Parks & Recreation-Therapeutic Recreation Services

The City of

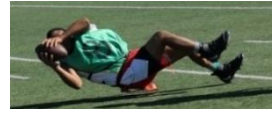


San Diego Parks & Recreation (SDP&R) – Therapeutic Recreation Services (TRS) provides therapeutic recreation programs for children and adults with any type of disability. SDP&R-TRS is co-sponsoring S4EA activities at SD City Facilities so that S4EA athletes and volunteers also need to register with SDP&R-TRS. S4EA athletes need to either register on-line with [SDRecConnect.com](#) or register at the first practice with SDP&R-TRS. The facilities that S4EA uses in the summer are Park de la Cruz-Soccer Mon (Code: [123212](#)), Morley Field Bocce Courts-Bocce Tue (Code: [123213](#)), and Park de la Cruz Softball Field-Softball Wed (Code: [123214](#)).

S4EA Fall Sports Season – Bowling, Flag Football, Floor Hockey & Volleyball



The S4EA Fall Sports Season starts in September with practices and league play in bowling, flag football, floor hockey, and volleyball tentatively scheduled as follows: bowling on Saturdays from 11am-1pm at Bowlero Chula Vista starting Sep 6; flag football on Wednesdays from 5:45-7:15pm at Morley Field starting Sep 10; floor hockey & volleyball league play on Mondays from 5:30-8pm at Park de la Cruz starting Sep 15; floor hockey for juniors on Thursdays from 4-5:30pm at Kearny Mesa Recreation Center starting Sep 18; volleyball for South Bay on Fridays from 5:30-7:30pm at location TBD starting Sep 19(?); volleyball for East County on Thursdays from 6-7:30pm at Bostonia Rec Ctr starting Sep 18; and volleyball for North County on Thu from 6-7pm at the Boys & Girls Club of Vista starting Sep 25. Call S4EA at 858-565-7432 in Sep for updates.



S4EA Summer & Fall Sports – Need Volunteer Coaches


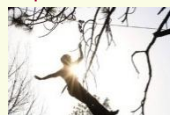




S4EA needs volunteer coaches this summer & fall for the following:

- North County Softball on Sundays from 6-7pm at Breeze Hill Park from Jul 20-Aug 24
- South Bay Softball Fridays from 5-6:30pm at Robert Egger Sr-South Bay Rec Ctr Jun 13-Sep 5
- South Bay Soccer Fridays from 6:30-7:30pm at Robert Egger Sr-South Bay Rec Ctr Jun 13-Aug 22
- East County/San Diego Swimming on Saturdays from 10-11:30am at La Mesa Pool Jun 21-Aug 30
- South Bay Swimming on Wednesdays from 5-7pm at Las Palmas Pool from June 4-August 27
- S4EA needs volunteer coaches this fall in bowling, flag football, floor hockey & volleyball at various practice site locations

If interested in volunteer coaching, to get a [Volunteer Application](#), or for more information, please call S4EA at 858-565-7432.



~ August 2025 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sports - Bocce (BC) - Bowling (BO) - Cycling (CY) - Soccer (SO) - Softball (SB) - Swimming (SW) - Tennis (TE)	San Diego Co. Location C - San Diego City EC - East County NC - North County SB - South Bay	Facilities Barnes Tennis Center La Mesa Pool Las Palmas Pool Mira Mesa Lanes	Facilities Breeze Hill Park Downtown IV Morley Field-Balboa Pk Park de la Cruz Robert Egger-S. Bay Rec Ctr		1 SPORTS Camp-Pine Valley Bible Conf. Ctr.  SB-SB 5-6:30 Egger-SB Rec SO-SB 630-730 Egger-SB Rec	2 SPORTS Camp - Pine Valley Bible Conference Center  CY 1:15-3:30pm-No Ride SW-EC 10-11:30am LM Pool
3 SPORTS Camp-Pine Valley Bible Conference Center  BO-C/NC 10:45a-12:20 Mira Mesa SB-NC 6-7pm Breeze Hill	4 SO-C 5:45-8pm Park de la Cruz	5 BC-C 5:30-7pm Morley Fd	6 SB-C 545-830pm Park de la Cruz SW-SB 5-7pm Las Palmas	7 BC-NC 5:30-7p Downtown	8 SB-SB 5-6:30 Egger-SB Rec SO-SB 630-730 Egger-SB Rec	9 S4EA Swim Meet – St. Madeleine Sophie's Center 8am-1pm  CY 1:15-3:30pm Robb Field Ride the area
10 SB-NC 6-7pm Breeze Hill	11 SO-C 5:45-8pm Park de la Cruz TE-C 7-8pm Barnes Tennis Ctr	12 BC-C 5:30-7pm Morley Fd	13 SB-C 545-830pm Park de la Cruz SW-SB 5-7pm Las Palmas	14 BC-NC 5:30-7p Downtown	15 SB-SB 5-6:30 Egger-SB Rec SO-SB 630-730 Egger-SB Rec	16 CY 1:15-3:30pm Parking Lot (9404 Genesee Ave) to UCSD SW-EC 10-11:30am LM Pool
17 BO-C/NC 10:45a-12:20 Mira Mesa SB-NC 6-7pm Breeze Hill	18 SO-C 5:45-8pm Park de la Cruz TE-C 7-8pm Barnes Tennis Ctr	19 BC-C 5:30-7pm Morley Fd	20 SB-C 545-830pm Park de la Cruz SW-SB 5-7pm Las Palmas	21 BC-NC 5:30-7p Downtown	22 SB-SB 5-6:30 Egger-SB Rec SO-SB 630-730 Egger-SB Rec	23 CY 1:15-3:30pm Chula Vista Marina to Imperial Beach SW-EC 10-11:30am LM Pool Limitless Adventures Sailing
24 S4EA Soccer Tourn-Morley Fd-Balboa Park 9am-5pm  SB-NC 6-7pm Breeze Hill	25 TE-C 7-8pm Barnes Tennis Ctr	26 BC-C 5:30-7pm Morley Fd	27 SB-C 545-830pm Park de la Cruz SW-SB 5-7pm Las Palmas	28 BC-NC 5:30-7p Downtown	29 SB-SB 5-6:30 Egger-SB Rec	30 CY 1:15-3:30pm No Ride SW-EC 10-11:30am LM Pool
31	Donate to S4EA 	Community Giving Program Please contact Clara at sds4ea@gmail.com or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program	Donate Stocks to S4EA Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.	Vols Needed for Office Projects Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help	Facebook Birthday FR For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.	Designate S4EA with United Way United Way & Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name & address: S4EA, 8380 Vickers St. #E, SD 92111. Thanks for your support

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

SPORTS – Special Program Opportunities in Recreation, Teamwork, and Sports



Enjoy your Summer with **SPORTS!**



Message from Exec. Dir. Walter Jackson

Join S4EA at SPORTS Camp August 1-3 at Pine Valley Camp. S4EA is running our summer sports in bocce, cycling, soccer, softball, swimming, and tennis. Browse thru the Newsletter, visit www.s4ea.org or call S4EA at 858-565-7432 for more info.



SPORTS
for Exceptional Athletes



ADDRESS SERVICE REQUESTED

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S4EA Summer Tournaments

S4EA athletes have been practicing all summer to get ready for the following upcoming tournaments:

- Aug 9 S4EA Swim Meet from 8am-1pm
at St. Madeleine Sophie's Center
Aug 24 S4EA Soccer Tour from 9am-5pm
at Morley Field in Balboa Park
Sep 7 S4EA Softball/Tennis Tour 9a-5p
at Morley Field in Balboa Park

How To Register In S4EA



If you are interested in becoming an athlete in SPORTS for Exceptional Athletes, please call the S4EA Office at 858-565-7432 and we will mail you a Registration Packet. You can also download registration information ([Athlete Registration Form](#)) directly from the SPORTS for Exceptional Athletes website at www.s4ea.org. The Registration Fee is \$20 per sport (scholarships available). S4EA offers over 20 sports: basketball, bocce, bowling, cross country/ downhill skiing, cycling, flag football, floor hockey, golf, ice skating, pickleball, snowboarding, snowshoeing, soccer, softball, swimming, table tennis, tennis, track, volleyball & walking/running/exercise workouts.

In team sports, teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams.

SPORTS for Exceptional Athletes (S4EA) is a sports program serving 1,400 athletes with developmental disabilities ages 5 through adult in San Diego County.

SPORTS Pledge

*I practice hard. I do my best. . .
I play with Pride. . . You'll be impressed!
We are SPORTS for Exceptional Athletes.*

S4EA Needs Your Help

SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
- To provide sports facilities, equipment, meals, and other in-kind services.
- To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County. SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax deductible as allowed by law.
- To [donate a vehicle to S4EA](#), call toll free 855-500-7433; free pick-up; tax receipt provided; and no smog certificate required.



Find us on
Facebook
WWW.FACEBOOK.COM/SPORTS4EA



[Volunteers](#) are needed as coaches for the summer season in bocce, cycling, soccer, softball, swimming, and tennis.

Volunteers are needed as coaches for the fall season in bowling, flag football, floor hockey, and volleyball. You do not need any prior experience in the sport or working with persons with developmental disabilities, just a desire to help. Head coaches run the practices, while assistant coaches help the athletes under the direction of the head coach in teaching the athletes various sports skills. Volunteers also act as scorekeepers and timers in team sports league play. Coaches spend 2-3 hours weekly for a 3-month period. Call S4EA Office at 858-565-7432 to get involved.

SPORTS Endowment Fund

S4EA has created the [SPORTS Endowment Fund](#) to help ensure long-term continuity and sustainability for S4EA. For more information on planned giving and other endowment options, call attorney Jerry Harris at 619-282-4415.