



## SPORTS for Exceptional Athletes

### Track & Field Meet Team Registration Packet Winter Season 2026

Mail Team Registration Form to:  
SPORTS for Exceptional Athletes  
8380 Vickers St. Suite E  
San Diego, CA 92111

Phone: 858-565-S4EA (7432)  
Fax: 858-496-7309  
E-mail: [sds4ea@gmail.com](mailto:sds4ea@gmail.com)  
Website: [www.s4ea.org](http://www.s4ea.org)

#### Sport: **S4EA Prelim Track & Field Meet**

Date: Saturday, March 7, 2026

Time: 9:00am – 1:00pm

Where: Sweetwater High School  
2900 Highland Ave., National City 91950

Fee: \$10.00 for each athlete

Rules: S4EA Track & Field Rules

#### **Monique Henderson Invitational**

#### Sport: **S4EA Final Track & Field Meet**

Date: Saturday, April 25, 2026

Time: 9:00am – 1:00pm

Where: Sweetwater High School  
2900 Highland Ave., National City 91950

Fee: \$10.00 for each athlete

Rules: S4EA Track & Field Rules

### **Tentative Schedule of Events**

#### **S4EA Preliminary Track Meet Times**

8:30am - 9:30am	Team Registration
9:30am - 10:00am	Opening Ceremonies/Coaches Meeting
10:00am - 12:30pm	Track & Field Events
11:30am - 1:00pm	Lunch
1:00pm	Teams Depart

#### **S4EA Final Track Meet Times**

8:30am - 9:30am
9:30am - 10:00am
10:00am - 12:30pm
11:30am - 1:00pm
1:00pm

Out-of-town teams are invited to the S4EA Preliminary Track & Field Meet on March 7<sup>th</sup> at Sweetwater High School and the Monique Henderson Invitational S4EA Final Track & Field Meet on April 25<sup>th</sup> at Sweetwater High School. Divisions will be made based on times/distances in each event. Athletes may enter 3 events plus 1 relay.

The Track Meet Entry Form, Team Registration Form, and Team Registration Fee are due by **February 26, 2026**. If your team does not have all the signatures by the due date, then bring to the tournament the Team Registration Form with signatures. Your team must though get in the Track Meet Entry Form with your athlete's times/distances by the due date so that your athletes can be put in the proper divisions. Map and final information will be mailed upon receipt of the Track Meet Entry Form.



SPORTS for Exceptional Athletes (S4EA) is a sports program serving athletes with and without developmental disabilities ages 5 through adult in San Diego County.

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

For more information, call SPORTS for Exceptional Athletes at 858-565-S4EA (7432).



## for Exceptional Athletes

8380 Vickers St Suite E, San Diego, CA 92111 \* Phone: 858-565-7432 \* E-mail: [sds4ea@gmail.com](mailto:sds4ea@gmail.com) \* Website: [www.s4ea.org](http://www.s4ea.org)

### TRACK & FIELD MEET TEAM REGISTRATION FORM

☐ Enclosed is \$\_\_\_\_\_ Team Registration Fee of \$10 per athlete on March 7 at Sweetwater High School

☐ Enclosed is \$\_\_\_\_\_ Team Registration Fee of \$10 per athlete on April 25 at Sweetwater High School

Team Name \_\_\_\_\_ Colors \_\_\_\_\_ Email \_\_\_\_\_

Manager's Name \_\_\_\_\_ HPhone \_\_\_\_\_ WPhone \_\_\_\_\_ Cell \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

**Please Read Carefully Release Below Before Signing. Place A \* By Inclusive Athletes Without Disabilities.**

	Print or Type Name	Signature of Athlete/Parent if Under 18	Date of Birth	Phone
1.	_____	_____	/ /	_____
2.	_____	_____	/ /	_____
3.	_____	_____	/ /	_____
4.	_____	_____	/ /	_____
5.	_____	_____	/ /	_____
6.	_____	_____	/ /	_____
7.	_____	_____	/ /	_____
8.	_____	_____	/ /	_____
9.	_____	_____	/ /	_____
10.	_____	_____	/ /	_____
11.	_____	_____	/ /	_____
12.	_____	_____	/ /	_____

Coaches Names \_\_\_\_\_

### RELEASE FORM

I hereby represent and warrant that, to the best of my knowledge and belief, the above named athlete is physically and mentally able to participate in the SPORTS for Exceptional Athletes program involving sports training & competition. I hereby give permission for the above named athlete to participate in SPORTS for Exceptional Athletes program & adhere to S4EA Code of Conduct/Safe Sports Guidelines.

In consideration for the SPORTS for Exceptional Athletes program providing the opportunity for above named athlete to participate in the SPORTS for Exceptional Athletes program, I hereby release SPORTS for Exceptional Athletes and its officers, directors, volunteers, agents, contractors, supporters, or any other person associated with SPORTS for Exceptional Athletes, from any and all claims, damage, injury, or illness that the above named athlete may suffer as a result of participation in the SPORTS for Exceptional Athletes program. In addition, I hereby agree to indemnify, defend and hold SPORTS for Exceptional Athletes harmless from any and all claims for loss, damage (including attorneys' fees and costs, including, but not limited to experts and consultants' fees), liability, death, or injury to the person or property arising from or related to the above named athlete's participation in the SPORTS for Exceptional Athletes program, and from liability resulting from illness such as communicable diseases including COVID-19.

I assume all risks and hazards involved in, or incidental to, the participation of above named athlete in the SPORTS for Exceptional Athletes program and hereby consent to above named athlete to receive first-aid and/or emergency care by a qualified Emergency Medical Technician or physician in the event of any injury during any SPORTS for Exceptional Athletes program.

I agree to provide all pertinent medical information to SPORTS for Exceptional Athletes and to assist SPORTS for Exceptional Athletes so that adequate precautions can be made and so that appropriate care can be provided to above named athlete during SPORTS for Exceptional Athletes program. I agree to have all of above named athlete's necessary medication on hand with proper instructions during any SPORTS for Exceptional Athletes program.

I hereby grant SPORTS for Exceptional Athletes, its affiliates, franchises, advertising and promotional agencies, and their agents, the irrevocable, unrestricted right to use, publish, display and distribute materials bearing the above named athlete's name, voice, likeness or any other identifiable representation of above named athlete or family members. These materials may appear in any form, style, color or medium whatsoever (including photographs, videotapes, films, sound recording, software, drawing, prints, broadcast, internet and electronic media). I agree that all material containing any identifiable representation of above named athlete shall be and remain the sole and exclusive property of SPORTS for Exceptional Athletes. I hereby release and forever discharge SPORTS for Exceptional Athletes from any and all liability and damages relating to the use of above named athlete's name, voice and any other identifiable representation of above named athlete. I have agreed to the above in consideration of the opportunity given to above named athlete by SPORTS for Exceptional Athletes to appear in these materials. I acknowledge that I have fully read and understand this document.