



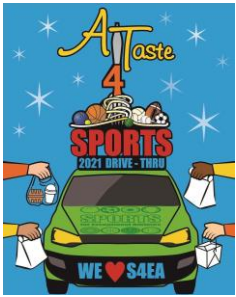
SPORTS
for Exceptional Athletes

SPORTS for Exceptional Athletes (S4EA) is a sports program serving athletes with developmental disabilities ages 5 through adult in San Diego. 9575 Aero Drive, Suite B, San Diego, CA 92123 * Website: www.s4ea.org * E-mail: sds4ea@gmail.com * Phone 858-565-S4EA (7432).

SPORTS NEWS - JULY 2021

Published Monthly for Athletes, Families, Friends, Volunteers, Coaches & Other Supporters of SPORTS for Exceptional Athletes. Editor: Walter Jackson.

Drive-Thru "A Taste 4 SPORTS" June 17 Benefited S4EA



Because of the Coronavirus Pandemic, SPORTS for Exceptional Athletes could not hold an indoor event with several hundred people. Instead, S4EA held a Drive-Thru "A Taste 4 SPORTS" event for S4EA members on Thursday, June 17th from 5-8pm at S4EA/North Shores. About 190 people in 80 cars tasted delicious food & drink provided by 8 restaurants and caterers. Guests viewed 25 classic cars coordinated by 'Mad' Mike & Hotrod Holly. NBA Hall of Fame basketball player Bill Walton chatted with the guests. The 'Los Tecolotes' band performed on stage, wandering minstrel Joe Castro played his guitar & Steph Johnson sang with S4EA athlete Isaac on the 200" big screen TV. Guests participated in the raffle & auction. **The Drive-Thru Taste was a great success with over \$30,000 raised for S4EA. Thank you to everyone who participated.**

S4EA Thanks the Drive Thru "A Taste 4 SPORTS" Event Sponsors & Restaurants

SPORTS for Exceptional Athletes thanks the Event Sponsors at the Drive-Thru "A Taste 4 SPORTS" June 17 at S4EA/North Shores:

Gold Level (\$5,000)

Nick Brumbach

Silver Level (\$1,000)

Ahrens Family & Friends
Emil Ghio Family
Gibson Family
Jerry & Mary Ellen Harris Family
Richard Harris Family
Jackson/Snowdall Family
Yates/Julius Family

Bronze Level (\$500)

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Benavidez Family	Idy Land Surveying
Colors Gourmet Pizza	National Certified, Inc.
Mary & Rick Cunningham	Kathy Nelson
Clara Downes	Rathbun Family
Geneva Financial	Sonnenberg & Company, CPAs
Teresa Gillaspay	Jennifer Styer/Duane MacNeilan
	Super Wash/Dry Laundromat-CV

Food Sponsors

[Bang Energy](#)
[Bread & Cie](#)
[Cookies con Amore](#)
Creative Ideas
Guillermo's-Pepe's Street Tacos
Koji Morisaki
[Mimi's Kitchen](#)
[Screaming Pete's BBQ](#)



S4EA Summer Sports Festival August 7th at S4EA/North Shores



S4EA is scheduling a Summer Sports Festival Saturday, August 7 from 4-7pm at the [S4EA/North Shores](#) courtyard & back parking lot for \$10 per person. We will barbeque hamburgers & hot dogs, listen

to great music with a band/DJ, view classic cars provided by 'Mad' Mike, play sports including bocce, basketball, and miniature golf & play carnival games. Let's have fun with our S4EA athletes, families & friends. Party time!!!



What To Do To Get Vaccine

Anyone 12 and up can now get a vaccine. COVID-19 vaccines are safe, effective and 100% free. Sign up for your appointment today and join the millions who are putting an end to this pandemic. Some websites to help find vaccines:

<https://myturn.ca.gov/>

<https://vaccinefinder.org/>

<https://www.sandiegocounty.gov/>

If you need help getting the vaccine, contact S4EA at 858-565-7432 to get COVID vaccine at Vincent Pharmacy.

To keep our athletes & others safe, please continue to social distance & wear a mask when near other people. We want to all stay healthy until the vaccine is widely distributed & we can once again start playing SPORTS & seeing our friends and relatives. S4EA is scheduled to open up our outdoor summer sports after July 4th. Get your vaccine now & be safe to play our outdoor summer sports.



S4EA Event Dates

July 23

S4EA Bunco Fundraiser – S4EA/North Shores Courtyard (5:30-7:30pm)

August 7

S4EA Summer Sports Festival – S4EA/North Shores Courtyard & Back Parking Lot (4-7pm)

August 29

S4EA Soccer Tournament – Morley Field in Balboa Park (9am-5pm)

September 12

S4EA Softball & Tennis Tournament – Morley Field in Balboa Park (9am-5pm)

S4EA Summer Season

Cycling and Tennis had a soft opening as met SDC Dept of Health Guidelines.

S4EA is scheduled to open up our outdoor summer sports after July 4th that meet all Guidelines.

Contact S4EA at www.s4ea.org or 858-565-7432 for more updates.

Once you are ready, athletes/volunteer coaches come join us in the following summer sports (also see calendar):

<u>Sport-Practices</u>	<u>Day</u>	<u>Time</u>	<u>Location</u>
Bocce 	Tue	5:30-7:00pm	Morley Field Bocce Courts (2221 Morley Field Dr., SD 92104) starting July 6 [League Play]
	Thu	5:30-7:00pm	Brenge Terrace Park (1200 Vale Terrace Dr., Vista 92084) starting July 8 [tentative]
Cycling 	Sat	1:15-3:30pm	Various Locations: Jul 3-No Ride, Jul 10-De Anza Cove, Jul 17-Tidelands Park, Jul 24-Liberty Station, Jul 31-No Ride [see calendar, S4EA website, coach for more info]
Soccer 	Mon	5:30-8:00pm	Park de la Cruz (3901 Landis St., San Diego 92105) starting July 5 [League Play]
	Tourn-Aug 29 Sun	9am-5pm	Morley Field Soccer Fields (2221 Morley Field Dr. near Texas & Upas St., SD 92104)
Softball 	Wed	5:30-8:00pm	Morley Field Softball Fields (2221 Morley Field Dr., SD 92104) starting July 7 [League Play]
	Tue	5:00-6:00pm	Palomar Elementary (300 E Palomar St., Chula Vista 91911) starting July 6 [tentative]
	Sun	3:30-5:30pm	Breeze Hill Park (645 S. Melrose, Vista 92081) starting July 11 [tentative]
	Tourn-Sep 12 Sun	9am-5pm	Morley Field Softball Fields (2221 Morley Field Dr. near Texas & Upas St., SD 92104)
Tennis 	Mon	6:30-7:30pm	Barnes Tennis Center (4490 W. Point Loma Blvd., SD 92107) started June 21 (not July 5)
	Tourn-Sep 12 Sun	9am-4pm	Morley Field Tennis Courts (2221 Morley Field Dr. near Texas & Upas St., SD 92104)
Track 	Sun	9:00-11:00am	Helix High School (7323 University Ave., La Mesa 91941) starting July 11 (not July 18)

S4EA Outdoor Summer Sports Open in July/ Indoor Sports & Camp May Open in the Fall

As more and more people are receiving their COVID-19 vaccine shots, people are now able to do more activities. California has opened up most activities as of June 15th. Some of the various outdoor facilities that we use have opened so that we have obtained new facility contracts. We have been checking with our various head coaches to see if they are ready to run practices with the new rules, guidelines, and protocols. As that happens, S4EA is opening up our outdoor summer sports after July 4th, including bocce, soccer, softball & track. Only certain practice sites have opened in each sport and we may only do certain types of drills at practice.

Many of the San Diego City practices will now be held at Park de la Cruz (3901 Landis Street, San Diego 92105) which is near the University Ave. & Hwy 15 Transit Plaza bus stop. San Diego Park & Recreation-Therapeutic Recreation Services has moved their offices to Park de la Cruz and they get our San Diego City contracts. Park de la Cruz has a nice 2 court gym (similar to the Mid-City Gym which is less than a mile away) as well as nice athletic fields. San Diego City soccer practice is scheduled on Mondays starting July 5th from 5:30-8pm at Park de la Cruz.

Because COVID-19 spreads mostly through the air, S4EA plans on opening up our outdoor sports first because there is much better air circulation outside and is therefore much safer than indoor sports where air circulation is not as good. If the conditions are right, S4EA would like to open up some of our indoor sports in the fall.

Because SPORTS Camps utilize indoor facilities for sleeping, eating, and some other activities, S4EA is not ready to open SPORTS Camps this summer, as we want to first make sure that running our outdoor sports is safe. S4EA has tentatively scheduled SPORTS Camp at Green Oak Ranch in Vista for November 12-14, 2021. The SPORTS Camp will look a little different this year because of COVID protocols. For more info, call S4EA at 858-565-7432.

S4EA Practices – New Guidelines During COVID-19

- Download [Athlete Registration Form](#) & [COVID-19 Waiver of Liability Form](#) from S4EA website, fill out/email to S4EA
- Do not come if you are sick
- Check temperature (if above normal, do not come to practice)
- Before & during practice, coaches clean various surfaces, sports equipment, etc. with HOCL to kill any COVID-19 virus
- Wash hands often with soap & water for at least 20 seconds
- **Wear a facemask & practice social distancing of at least 6 feet to help protect our athletes with disabilities**
- Bring your own filled water bottle (recommended)
- Bring your own sports equipment (highly recommended)
- Bring your own chair (recommended)
- Avoid touching eyes/nose/mouth with unwashed hands
- Do not touch other people
- Only touch your own equipment
- **Avoid giving handshakes, high fives, and hugs**



*Cycling & Tennis had a soft opening as met SDC Dept of Health Guidelines. Zoom Workouts at 6pm on weekdays.
S4EA is scheduled to open up our outdoor summer sports after July 4th that meet all Guidelines*



858-565-7432

SPORTS for Exceptional Athletes

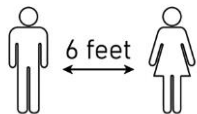
www.s4ea.org

~ July 2021 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Summer Season Sports - Bocce (BC) - Cycling (CY) - Soccer (SO) - Softball (SB) - Tennis (TE) - Track (TF)	San Diego Co. Location C - San Diego City EC - East County NC - North County SB - South Bay SR - Scripps Ranch	Facilities Barnes Tennis Center Breeze Hill Park Brengle Terrace Park Helix High School Morley Field-Balboa Park Palomar Elementary Sch. Park de la Cruz		1	2	3 CY 1:15-3:30pm No Ride
4 Independence Day	5 SO-C 5:30-8pm Park de la Cruz	6 BC-C 5:30-7pm Morley Fd SB-SB 5-6pm Palomar Elem?	7 SB-C 5:30-8pm Morley Fd.	8 BC-NC 5:30-7 Brengle Ter?	9	10 CY 1:15-3:30pm De Anza Cove (parking lot north end, nearest Route 5) around Mission Bay
11 SB-NC 3:30-5:30 Breeze Hill? TF-C/EC 9-11am Helix HS	12 SO-C 5:30-8pm Park de la Cruz TE-C 6:30-7:30 Barnes Tennis Ctr	13 BC-C 5:30-7pm Morley Fd SB-SB 5-6pm Palomar Elem?	14 SB-C 5:30-8pm Morley Fd.	15 BC-NC 5:30-7 Brengle Ter?	16	17 CY 1:15-3:30pm Tidelands Park down Silver Strands
18 SB-NC 3:30-5:30 Breeze Hill?	19 SO-C 5:30-8pm Park de la Cruz TE-C 6:30-7:30 Barnes Tennis Ctr	20 BC-C 5:30-7pm Morley Fd SB-SB 5-6pm Palomar Elem?	21 SB-C 5:30-8pm Morley Fd.	22 BC-NC 5:30-7 Brengle Ter?	23 S4EA Bunco- North Shores 5:30-7:30pm	24 CY 1:15-3:30pm Liberty Station to Seaport Village
25 SB-NC 3:30-5:30 Breeze Hill? TF-C/EC 9-11am Helix HS	26 SO-C 5:30-8pm Park de la Cruz TE-C 6:30-7:30 Barnes Tennis Ctr	27 BC-C 5:30-7pm Morley Fd SB-SB 5-6pm Palomar Elem?	28 SB-C 5:30-8pm Morley Fd.	29 BC-NC 5:30-7 Brengle Ter?	30	31 CY 1:15-3:30pm No Ride
Designate S4EA with United Way United Way & Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name & address: S4EA, 9575 Aero Dr #B, SD 92123. Thanks for your support.	Facebook Birthday FR For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.	Community Giving Program Please contact Clara at sds4ea@gmail.com or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program.	Donate Stocks to S4EA Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.	S4EA Thanks Autism Speaks S4EA thanks Autism Speaks for your grant to support running our programs to enhance the lives of our S4EA athletes in the Autism Spectrum.	Vols Needed for Office Projects Volunteers are needed to help with various office projects including mail-outs, newsletters, etc. Call S4EA at 858-565-7432 to help.	Shop Online with AmazonSmile By registering S4EA at smile.amazon.com, Amazon will donate 0.5% of the purchase price to S4EA. You get the same low prices & selection as on Amazon.com.

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

SPORTS – Special Program Opportunities in Recreation, Teamwork, and Sports



Printing courtesy of a grant from Las Patronas

Maintain Social Distancing & Wear Your Mask To Help Protect our Athletes with Disabilities!



Message from Executive Director Walter Jackson

S4EA is scheduled to open our outdoor summer sports after July 4th. See sports update on page 2 & in calendar!

S4EA Bunco July 23rd

SPORTS for Exceptional Athletes presents 'Bunco' on Friday, July 23rd at [S4EA/North Shores Courtyard](#) (9575 Aero Drive, San Diego 92123) from 5:30-7:30pm. Because it's safer outside, we will eat at 5:30pm & start playing at 6pm in the Courtyard. Tickets are \$20 - which includes hors d'oeuvres, soft drinks and two rounds of tournament play. If interested in playing Bunco, winning prizes (most wins, most losses & most Buncos), and supporting S4EA, call 858-565-7432.



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How To Register In S4EA

If you are interested in becoming an athlete in SPORTS for Exceptional Athletes, please call the S4EA Office at 858-565-7432 and we will mail you a Registration Packet. You can also download registration information ([Athlete Registration Form](#) & [COVID-19 Waiver of Liability Form](#) – Needed to participate during COVID-19) directly from the SPORTS for Exceptional Athletes website at www.s4ea.org. The Registration Fee is \$20 per sport (scholarships available). S4EA offers over 20 sports: baseball, basketball, bocce, bowling, cross country/downhill skiing, cycling, flag football, floor hockey, golf, ice skating, snowboarding, snowshoeing, soccer, softball, swimming, table tennis, tennis, track, volleyball & walking/running/exercise workouts.

In team sports, teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams.

SPORTS for Exceptional Athletes (S4EA) is a sports program serving 1,400 athletes with developmental disabilities ages 5 through adult in San Diego County.

SPORTS Pledge

*I practice hard. I do my best. . .
I play with Pride. . . You'll be impressed!
We are SPORTS for Exceptional Athletes.*

S4EA Needs Your Help

SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
- To provide sports facilities, equipment, meals, and other in-kind services.
- To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County. SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax deductible as allowed by law.
- To [donate a vehicle to S4EA](#), call toll free 855-500-7433; free pick-up; tax receipt provided; and no smog certificate required.

[Volunteers](#) are needed as coaches for the summer season in bocce, cycling, soccer, softball, tennis, and track. You do not need any prior experience in the sport or working with persons with developmental disabilities, just a desire to help. Head coaches run the practices, while assistant coaches help the athletes under the direction of the head coach in teaching the athletes various sports skills. Volunteers also act as scorekeepers and timers in team sports league play. Coaches spend 2-3 hours weekly for a 3-month period. Call S4EA Office at 858-565-7432 to get involved.

 Find us on
Facebook
WWW.FACEBOOK.COM/SPORTS4EA

SPORTS Endowment Fund

S4EA has created the [SPORTS Endowment Fund](#) to help ensure long-term continuity and sustainability for S4EA. For more information on planned giving and other endowment options, call attorney Jerry Harris at 619-282-4415.