



SPORTS for Exceptional Athletes Softball Rules



as of 5/16/07

The Softball Rules are based on ASA (Amateur Softball Association).

1. Number of Players
 - a. 10 players on the field at any one time.
 - b. No maximum roster size.
 - c. All players must bat in the batting order.
 - d. Teams may be made up of athletes with developmental disabilities, families, friends and others in the community who want to play on inclusive teams. Abilities should be at least relatively close between team members.
 - e. Unlimited free substitutions.
 - f. All players must play in the field at least 1 inning.
2. Duration of the Game
 - a. 7 inning game. However, no new innings can start after 50 minutes.
 - b. In league play or round robin competition – if time has expired at the end of an inning and the game is tied, the game is considered a tie.
 - c. In preliminary games or winners-losers bracket (when need to have a winner) – if time has expired at the end of an inning and the game is tied, play extra innings until the tie is broken.
3. Pitching
 - a. Pitcher must keep a “safe” distance from home plate (umpires discretion).
 - b. Pitcher pitches to own team (coaches or players may pitch).
 - c. Batter gets 4 pitches. Batter is out on a foul on 4th pitch. In Low Division, batter gets 3 swings at pitched ball & 1 swing off tee.
 - d. 3 outs or 5 runs, whichever comes first.