

~ November 2026 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Fall Season Sports - Bowling (BO) - Cycling (CY) - Floor Hockey (FH) - Pickleball (PB) - Swimming (SW) - Volleyball (VB)	San Diego Co. Location C - San Diego City EC - East County NC - North County SB - South Bay	Facilities Bostonia Recreation Ctr. Boys & Girls Clubs Vista Kearny Mesa Rec Ctr Park de la Cruz	Facilities Copley YMCA Lucky Strike Chula Vista Mira Mesa Lanes Parkway Full Gymnasium	Donate to S4EA 	Community Giving Program Please contact Clara at sds4ea@gmail.com or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program	Designate S4EA with United Way United Way & Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name & address: S4EA, 8380 Vickers St. #E, SD 92111. Thanks for your support
1 Daylight Savings Ends 	2 FH-C 6:30-8pm Park de la Cruz VB-C 5:30-7pm Park de la Cruz	3 Election Day 	4	5 FH-Jr. 4-5:30pm Kearny VB-EC 6-7:30pm Bostonia VB-NC 6-7pm B&G Vista	6 SW-C 7-8pm Copley YMCA VB-SB 5:30-7 Parkway Gym	7 CY 6:30-11:30am Liberty Station "Ride the Point" & Picnic Following
8 SNAP Flag Football Tourn-Valencia HS, Santa Clarita 8:30am-3pm  BO-C/NC 10:45a-12:20 Mira Mesa	9 FH-C 6:30-8pm Park de la Cruz VB-C 5:30-7pm Park de la Cruz	10	11 Veterans Day 	12 FH-Jr. 4-5:30pm Kearny VB-EC 6-7:30pm Bostonia VB-NC 6-7pm B&G Vista	13 SW-C 7-8pm Copley YMCA VB-SB 5:30-7 Parkway Gym	14 Row-A-Thon Fundraiser at CrossFit Trifecta  from 8am-1pm Benefits S4EA BO-SB 11am-1pm Lucky Strike
15	16 FH-C 6:30-8pm Park de la Cruz VB-C 5:30-7pm Park de la Cruz	17	18	19 FH-Jr. 4-5:30pm Kearny VB-EC 6-7:30pm Bostonia VB-NC 6-7pm B&G Vista	20 SW-C 7-8pm Copley YMCA VB-SB 5:30-7 Parkway Gym	21 S4EA Volleyball Tourn-Balboa Park Activity Center 9am-4pm  BO-SB 11am-1pm Lucky Strike
22 BO-C/NC 10:45a-12:20 Mira Mesa	23 FH-C 6:30-8pm Park de la Cruz PB-C 5:30-7pm Park de la Cruz	24	25	26 Thanksgiving 	27 SW-C 7-8pm Copley YMCA	28
29	30 FH-C 6:30-8pm Park de la Cruz PB-C 5:30-7pm Park de la Cruz			Donate Stocks to S4EA Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.	Facebook Birthday FR For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.	Vols Needed for Office Projects Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help