

~ May 2026 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Spring Season - Basketball (BB) - Bowling (BO) - Cycling (CY) - Pickleball (PB) - Swimming (SW)	<u>San Diego Co. Location</u> C - San Diego City EC - East County NC - North County SB - South Bay	<u>Facilities</u> Copley YMCA Kearny Mesa Rec. Center Mira Mesa Lanes Park de la Cruz Gym		Donate to S4EA 	1 SW-C 7-8pm <u>Copley YMCA</u>	2 CY 1:15-3:30pm <u>Crown Point Shores</u> to South Mission
3	4 BB-C 6-8pm <u>Park de la Cruz</u> PB-C 5:30-6:30 <u>Park de la Cruz</u>	5	6	7 Open Gym-Jr 4-5:30pm <u>Kearny</u>	8 SW-C 7-8pm <u>Copley YMCA</u>	9 CY 1:15-3:30pm <u>Lake Murray</u> around lake x2
10 Mother's Day  BO-C/NC 10:45a-12:20 <u>Mira Mesa</u>	11	12	13	14	15 SPORTS Camp- Buckhorn Camp, Idyllwild  SW-C 7-8pm <u>Copley YMCA</u>	16 SPORTS Camp -Buckhorn Camp, Idyllwild  CY 1:15-3:30pm <u>Mast Park</u> River Trail
17 SPORTS Camp- Buckhorn Camp, Idyllwild 	18	19	20	21	22 SW-C 7-8pm <u>Copley YMCA</u>	23
24 BO-C/NC 10:45a-12:20 <u>Mira Mesa</u>	25 Memorial Day 	26	27	28	29 SW-C 7-8pm <u>Copley YMCA</u>	30 S4EA Bingo Bash – S4EA Office 3:30-5pm  CY 1:15-3:30pm <u>De Anza Cove</u> Santa Fe Bike Trail
31	<u>Community Giving Program</u> Please contact Clara at sds4ea@gmail.com or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program	<u>Donate Stocks to S4EA</u> Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.	<u>Vols Needed for Office Projects</u> Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help	<u>Facebook Birthday FR</u> For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.	<u>Board of Directors Elections</u> If you are interested in helping run our non-profit sports organization by becoming a board member, then call S4EA at 858-565-7432 by May 7.	<u>Designate S4EA with United Way</u> United Way & Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name & address: S4EA, 8380 Vickers St. #E, SD 92111. Thanks for your support