



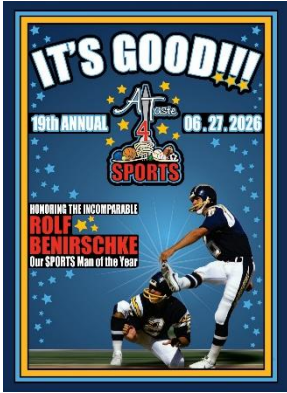
**SPORTS**  
for Exceptional Athletes

SPORTS for Exceptional Athletes (S4EA) is a sports program serving athletes with developmental disabilities ages 5 through adult in San Diego. 8380 Vickers Street Suite E, San Diego, CA 92111 | Website: [www.s4ea.org](http://www.s4ea.org) | E-mail: [sds4ea@gmail.com](mailto:sds4ea@gmail.com) | Phone 858-565-S4EA (7432).

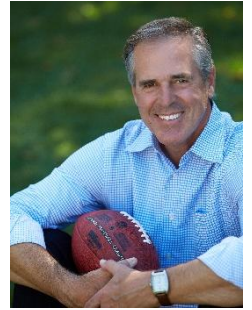
# SPORTS NEWS - JUNE 2026

Published Monthly for Athletes, Families, Friends, Volunteers, Coaches & Other Supporters of SPORTS for Exceptional Athletes. Editor: Walter Jackson.

## "A Taste 4 SPORTS" Gala Fundraiser June 27 at Balboa Park Club



S4EA is hosting for our members the 19<sup>th</sup> Annual "A Taste 4 SPORTS" Gala Fundraiser on Saturday, June 27<sup>th</sup> from 6-9pm at the [Balboa Park Club](#) (2150 Pan American Road West, SD 92101) featuring food & wine from 12-15 restaurants, personal chefs, caterers & wineries. S4EA is honoring former San Diego Chargers Placekicker Rolf Benirschke as our 2026 'SPORTS Man of the Year'. Mingle with notable local & celebrity figures, including Mad Mike from MTVs "Pimp My Ride", enjoy music from the band 'Kenny & the Jets' & bid on an exquisite array of auction items. Reservations are \$60 per person.



Sponsorship opportunities available at following levels: Platinum-\$10,000, Gold-\$5,000, Silver-\$1,000 & Bronze-\$500. Please donate gift certificates, trips, autographed sports memorabilia to enhance the auction. For more info, call 858-565-7432 or visit [www.s4ea.org](http://www.s4ea.org).

## S4EA Thanks "A Taste 4 SPORTS" Event Sponsors

SPORTS for Exceptional Athletes thanks the Event Sponsors at "A Taste 4 SPORTS" to be held on June 27<sup>th</sup> at the Balboa Park Club:

### Platinum Level

\*Brian & Kimberly Cox

### Silver Level

Ahrens Family

\*Mary & Woody Emlen

\*Flam Family

\*HME

\*Robert Hall/Susan Woodward

\*Jerry/Mary Ellen Harris Family

\*Richard Harris Family

\*Jackson/Snowdall Family

Job Options Inc.

\*Greg Mitchell/Bill Randall

\*Rathbun Family

Yates Family



### Gold Level

\*Nick Brumbach

\*SD City Firefighters #145

\*Tipple Family

UDW AFSCME #3930

\*Webb Family

### Bronze Level

\*Alvarez Family

\*Mary & Rick Cunningham Family

\*Clara Downes

\*Entouch Solutions

\*Gillaspy Family

\*Glinatsis Family

\*Goldbaum Family

\*Brian Miller

\*Peters Family

\*Jennifer Styer

Super Wash/Dry Laundromat-CV

\*The Arc of San Diego

\*Triad Components Group

**"A Taste 4 SPORTS" Food & Drink Sponsors**

- \*AleSmith Brewing Co.
- \*Bread & Cie
- \*CaliFino Tequila
- \*Creative Ideas
- \*Guillermo's-Pepe's Street Tacos
- \*Haley's Fabulous Desserts
- \*MC Sweet Treats
- \*Mimi's Kitchen
- \*Pick Up Stix
- \*Richard's Bees
- \*Screaming Pete's BBQ
- Super Nova Cafe
- Troy's Authentic Greek Cuisine
- Veterans Village of San Diego
- We Be OB. . . & many more

### "A Taste 4 SPORTS" Auction & Raffle Items

**Getaways** to a variety of exciting locations.

**Sports Memorabilia**—baseball, golf, football, soccer, basketball, etc.

**Gift Certificates/Tickets** to local restaurants, museums, theatres, hotels, spa treatments, fun & games, whale watching, and more.

**Artwork, Jewelry & many more items.**

To see a list of the Taste Auction Packages, visit: [www.s4ea.org/taste4sports](http://www.s4ea.org/taste4sports)



\*Confirmed Restaurants & Sponsors for 2026

## S4EA Event Dates

**May 30**

**June 27**

**July 18**

**August 8**

**August 15**

**August 30**

**September 13**

**October 23-25**

**S4EA Bingo Bash – S4EA Office (3:30-5pm)**

**S4EA "A Taste 4 SPORTS" – Balboa Park Club (6-9pm)**

**Windansea 'Day at the Beach'-La Jolla Shores Beach (9am-3pm)**

**S4EA Swim Meet-St. Madeleine Sophie's Center, El Cajon (8am-1pm)**

**S4EA/TRS Summer Sports Festival – Park de la Cruz (10am-3pm)**

**S4EA Soccer Tournament – Morley Field in Balboa Park (9am-4pm)**



**S4EA Softball & Tennis Tournament – Morley Field in Balboa Park (9am-5pm)**


**S4EA Halloween SPORTS Camp – Camp Marston in Julian (Fri 4:30pm-Sun 12noon)**





# S4EA Summer Season


**Sport-Practices Day Time Location Summer Season Sports Tentative Practice Facilities, Times, & Dates.**  
**Call S4EA at 858-565-7432 to confirm or for more Info**


**Bocce**  Tue 5:30-7:00pm [Morley Bocce Ct](#) (2221 Morley Field Dr, SD 92104) Jul 7-Sep 15 [League] (Code: [132127](#))  
 tent. loc.  Thu 5:30-7:00pm (?) [Downtown IV](#) (2248 Tierra Verde Rd, Vista 92084) or [Brenge Terrace Park](#) Jul 16-Sep 17

**Bowling** Sat 11am-1pm (?) [Lucky Strike](#) (845 Lazo Ct, CV 91910) tent. start Sep 12-Apr 24-\$9 for 2 games [League]   
 June 7 & 21 Sun 10:45-12:20pm [Mira Mesa Lanes](#) (8210 Mira Mesa Blvd, SD 92126)-\$5 per hour+, [cathysturdivant@yahoo.com](mailto:cathysturdivant@yahoo.com) to confirm

**Cycling**  Sat 1:15-3:30pm Jun 6-[Liberty Station](#) ferry 2pm to Coronado, return 4:15, Jun 13-[Sorrento Valley Park/Ride](#)  
 Ride on Route 56 Bike Trail, Jun 20-[Tidelands Park, Coronado](#) ride Strand/Yacht Club  
 Jun 27-[Miramar Lake](#) around lake X 2  
 [see calendar, S4EA website, coach or call S4EA at 858-565-7432 for more info]

**Soccer**  Mon 5:45-8:00pm [Park de la Cruz](#) (3901 Landis St, SD 92105) Jun 15-Aug 24 not Jun 29 [League] (Code: [132126](#))  
 Fri 6:30-7:30pm [Robert Egger Sr-South Bay Rec Ctr](#) (1885 Coronado Ave, SD 92154) Jun 12-Aug 28 not 6/19  
 Tourn-Aug 30 Sun 9am-4pm [Morley Field Soccer Fields](#) (2221 Morley Field Dr. near Texas & Upas St., SD 92104)


**Softball**  Wed 5:45-8:30pm [Park de la Cruz](#) (3901 Landis St., SD 92105) Jul 8-Sep 9 [League Play](Code: [132128](#))  
 Fri 5:00-6:30pm [Robert Egger Sr-South Bay Rec Ctr](#) (1885 Coronado Ave, SD 92154) Jun 12-Sep 11 not 6/19  
 Tourn-Sep 13 Sun 9am-5pm [Morley Field Softball Fields](#) (2221 Morley Field Dr. near Texas & Upas St., SD 92104)

**Swimming**  Fri 7:00-8:00pm [Copley YMCA](#) (4300 El Cajon Blvd, SD 92105) Apr 10-Dec 18 [swimmers only]  
 Thu 5:30-7:30pm [Las Palmas Pool](#) (1800 E 22nd St, NC 91950) \$20/mo. Jun 4-Aug 27 (Non-Swim 5:30/Swim 6:30)  
 Sat 10:00-11:30am [La Mesa Pool](#) (5100 Memorial Dr, LM 91942) Jun 20-Aug 29-\$5/session(swimmers only)  
 Day at the Beach-Sat Jul 18 9am-3pm Windansea teach surfing [La Jolla Shores](#)-Limited spots available-Call Clara 858-565-7432  
 Meet-Aug 8 Sat 8:00am-1:00pm [St. Madeleine Sophie's Center](#) (2119 E. Madison Ave., El Cajon 92019)

**Tennis**  Mon 6:30-7:30pm [Barnes Tennis Center](#) (4490 W. Point Loma Blvd., SD 92107) Jun 1-Aug 31 not Jun 29  
 Tourn-Sep 13 Sun 9am-3pm [Morley Field Tennis Courts](#) (2221 Morley Field Dr. near Texas & Upas St., SD 92104)

Also see Calendar for Practices, Tournaments, and Events.

## San Diego Parks & Recreation-Therapeutic Recreation Services

The City of **SAN DIEGO**  Parks and Recreation Department San Diego Parks & Recreation (SDP&R) – Therapeutic Recreation Services (TRS) provides therapeutic recreation programs for children and adults with any type of disability. SDP&R-TRS is co-sponsoring S4EA activities at SD City Facilities so that S4EA athletes and volunteers also need to register with SDP&R-TRS. S4EA athletes need to either register on-line with [SDRecConnect.com](#) or register at first practice with SDP&R-TRS. The facilities that S4EA uses in the summer are Park de la Cruz-Soccer Mon (Code: [132126](#)), Morley Field Bocce Courts-Bocce Tue (Code: [132127](#)) & Park de la Cruz Softball Field-Softball Wed (Code: [132128](#)).

## S4EA Summer Sports Festival August 15 at Park de la Cruz

S4EA is bringing back the popular Summer Sports Festival on Saturday, August 15<sup>th</sup> to be held at [Park de la Cruz](#) (3901 Landis St., San Diego 92105) from 10am-3pm. Play a variety of sports such as Basketball, Bocce, Flag Football, Floor Hockey, Futsal, Lacrosse, Pickleball, Quidditch, Soccer, Softball & Volleyball. The picnic will also include lunch, music, relay races, fun & games, party time & socializing with your friends & family.



Pie Eating Contest

The SPORTS Festival is sponsored by SPORTS for Exceptional Athletes and co-sponsored by San Diego Parks & Recreation – Therapeutic Recreation Services (Code: [132151](#)). Athletes with developmental disabilities, families, friends, coaches, volunteers, supporters, and others in the community are invited to play in our Sports Festival/Picnic. Join in the fun & games! Play as many sports as you want. There is no cost. To sign up or for more information, call SPORTS for Exceptional Athletes at 858-565-7432.

## S4EA Summer Sports – Need Volunteer Coaches

S4EA needs volunteer coaches this summer for the following sports:

- Bocce in San Diego City on Tue & North County on Thu
- Soccer in San Diego City on Mon & South Bay on Fri
- Softball in San Diego City on Wed & South Bay on Fri
-  **COACHES NEEDED** Swimming in SB on Thu, SD on Fri & EC on Sat
- Tennis in San Diego City on Mon
- Call S4EA at 858-565-7432 to sign-up or for more info

~ June 2026 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Sports - Bocce (BC)</p> <ul style="list-style-type: none"> <li>- Bowling (BO)</li> <li>- Cycling (CY)</li> <li>- Soccer (SO)</li> <li>- Softball (SB)</li> <li>- Swimming (SW)</li> <li>- Tennis (TE)</li> </ul>	<p><u>San Diego Co. Location</u></p> <p>C - San Diego City</p> <p>EC - East County</p> <p>NC - North County</p> <p>SB - South Bay</p>	<p><u>Facilities</u></p> <p>Barnes Tennis Center</p> <p>La Mesa Pool</p> <p>Las Palmas Pool</p> <p>Mira Mesa Lanes</p>	<p><u>Facilities</u></p> <p>Copley YMCA</p> <p>Downstown IV</p> <p>Morley Field-Balboa Pk</p> <p>Park de la Cruz</p> <p>Robert Egger-S. Bay Rec Ctr</p>	<p><u>Community Giving Program</u></p> <p>Please contact Clara at <a href="mailto:sds4ea@gmail.com">sds4ea@gmail.com</a> or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program</p>	<p><u>Donate Stocks to S4EA</u></p> <p>Tax season has arrived &amp; if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.</p>	<p><u>Vols Needed for Office Projects</u></p> <p>Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help</p>
	<p><b>1</b></p> <p>TE-C 630-730pm <u>Barnes Tennis</u></p>	<p><b>2</b></p>	<p><b>3</b></p>	<p><b>4</b></p> <p>SW-SB 530-730 <u>Las Palmas</u></p>	<p><b>5</b></p> <p>SW-C 7-8pm <u>Copley YMCA</u></p>	<p><b>6</b></p> <p>CY 1:15-4:15pm <u>Liberty Station</u> ferry 2pm to Coronado</p>
<p><b>7</b></p> <p>BO-C/NC 10:45a-12:20 <u>Mira Mesa</u></p>	<p><b>8</b></p> <p>TE-C 630-730pm <u>Barnes Tennis</u></p>	<p><b>9</b></p>	<p><b>10</b></p>	<p><b>11</b></p> <p>SW-SB 530-730 <u>Las Palmas</u></p>	<p><b>12</b></p> <p>SW-C 7-8pm <u>Copley YMCA</u></p> <p>SB-SB 5-6:30 <u>Egger-SB Rec</u></p> <p>SO-SB 630-730 <u>Egger-SB Rec</u></p>	<p><b>13</b></p> <p>CY 1:15-3:30pm <u>Sorrento Valley Park &amp; Ride</u> Route 56 Bike Trail</p>
<p><b>14</b> Flag Day</p> 	<p><b>15</b></p> <p>SO-C 5:45-8pm <u>Park de la Cruz</u></p> <p>TE-C 630-730pm <u>Barnes Tennis</u></p>	<p><b>16</b></p>	<p><b>17</b></p>	<p><b>18</b></p> <p>SW-SB 530-730 <u>Las Palmas</u></p>	<p><b>19</b> Juneteenth</p>  <p>SW-C 7-8pm <u>Copley YMCA</u></p>	<p><b>20</b></p> <p>CY 1:15-3:30pm <u>Tidelands Park, Coronado</u> ride Strand/Yacht Club</p> <p>SW-EC 10-11:30am <u>LM Pool</u></p>
<p><b>21</b> Summer Begins/Father's Day</p>  <p>BO-C/NC 10:45a-12:20 <u>Mira Mesa</u></p>	<p><b>22</b></p> <p>SO-C 5:45-8pm <u>Park de la Cruz</u></p> <p>TE-C 630-730pm <u>Barnes Tennis</u></p>	<p><b>23</b></p>	<p><b>24</b></p>	<p><b>25</b></p> <p>SW-SB 530-730 <u>Las Palmas</u></p>	<p><b>26</b></p> <p>SW-C 7-8pm <u>Copley YMCA</u></p> <p>SB-SB 5-6:30 <u>Egger-SB Rec</u></p> <p>SO-SB 630-730 <u>Egger-SB Rec</u></p>	<p><b>27</b> "A Taste 4 SPORTS"</p> <p>Balboa Park Club 6-9pm</p>  <p>CY 1:15-3:30pm <u>Miramar Lake</u></p> <p>SW-EC 10-11:30am <u>LM Pool</u></p>
<p><b>28</b></p>	<p><b>29</b></p>	<p><b>30</b></p>		<p>Donate to S4EA</p> 	<p><u>Facebook Birthday FR</u></p> <p>For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.</p>	<p><u>Designate S4EA with United Way</u></p> <p>United Way &amp; Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name &amp; address: S4EA, 8380 Vickers St. #E, SD 92111. Thanks for your support</p>

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

## SPORTS – Special Program Opportunities in Recreation, Teamwork, and Sports



### Join S4EA at “A Taste 4 SPORTS” June 27!



#### Message from Exec. Dir. Walter Jackson

Taste delicious food & drink at “A Taste 4 SPORTS” gala fundraiser on Sat Jun 27 at Balboa Park Club. S4EA is running our summer sports in bocce, bowling, cycling, soccer, softball, swimming, and tennis. Browse thru Newsletter, visit [www.s4ea.org](http://www.s4ea.org) or call S4EA at 858-565-7432 for more info.



# SPORTS

for Exceptional Athletes



ADDRESS SERVICE REQUESTED

SPORTS for Exceptional Athletes  
8380 Vickers St. Suite E  
San Diego, CA 92111  
E-mail: [sds4ea@gmail.com](mailto:sds4ea@gmail.com)  
Website: [www.s4ea.org](http://www.s4ea.org)  
Phone: 858-565-S4EA (7432)  
Fax: 858-496-7309

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#### S4EA Board of Directors 2026-27

Congrats to newly elected S4EA Board.	<u>Members-At-Large</u> Nicole Alvarez Joe Alvarez-Salas Kelly Choularton Isaac Hernandez Matthew Rathbun Mia Ryans Corie Sonnenberg Chad Zoller
<u>Executive Committee</u> Pres-Ron Choularton VP-Kathy Nelson Treasurer-Skip Covell Sec-Diana Rathbun At-Large-Shay Thomas	

## How To Register In S4EA



If you are interested in becoming an athlete in SPORTS for Exceptional Athletes, please call the S4EA Office at 858-565-7432 and we will send you a Registration Packet. You can also download registration information ([Athlete Registration Form](#)) directly from the SPORTS for Exceptional Athletes website at [www.s4ea.org](http://www.s4ea.org). The Registration Fee is \$20 per sport (scholarships available). S4EA offers over 20 sports: basketball, bocce, bowling, cross country/downhill skiing, cycling, flag football, floor hockey, golf, ice skating, pickleball, snowboarding, snowshoeing, soccer, softball, swimming, table tennis, tennis, track, volleyball & walking/running/exercise workouts.

In team sports, teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams.

SPORTS for Exceptional Athletes (S4EA) is a sports program serving 1,400 athletes with developmental disabilities ages 5 through adult in San Diego County.

**SPORTS Pledge**  
*I practice hard. I do my best. . .  
I play with Pride. . . You'll be impressed!  
We are SPORTS for Exceptional Athletes.*

## S4EA Needs Your Help

SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
  - To provide sports facilities, equipment, meals, and other in-kind services.
  - To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County.
- SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax deductible as allowed by law.
- To [donate a vehicle to S4EA](#), call toll free 855-500-7433; free pick-up; tax receipt provided; and no smog certificate required.



Donate to S4EA



**Volunteers** are needed as coaches for the summer season in bocce, bowling, cycling, soccer, softball, swimming & tennis. You do not need any prior experience in the sport or working with persons with developmental disabilities, just a desire to help. Head coaches run the practices, while assistant coaches help the athletes under the direction of the head coach in teaching the athletes various sports skills. Volunteers also act as scorekeepers and timers in team sports league play. Coaches spend 2-3 hours weekly for a 3-month period. Call S4EA Office at 858-565-7432 to get involved.

#### SPORTS Endowment Fund

S4EA has created the [SPORTS Endowment Fund](#) to help ensure long-term continuity and sustainability for S4EA. For more information on planned giving and other endowment options, call attorney Jerry Harris at 619-282-4415.