



SPORTS
for Exceptional Athletes

SPORTS for Exceptional Athletes (S4EA) is a sports program serving athletes with developmental disabilities ages 5 through adult in San Diego. 9575 Aero Drive, Suite B, San Diego, CA 92123 * Website: www.s4ea.org * E-mail: sds4ea@gmail.com * Phone 858-565-S4EA (7432).

SPORTS NEWS - JULY 2019

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SPORTS Camp Session #2 August 2-4 at Buckhorn Camp in Idyllwild

[S4EA SPORTS Camp Session #2](#) on August 2-4 at [Buckhorn Camp in Idyllwild](#) offers sports (bocce, Ga-Ga, human foosball, swimming, and an indoor gymnasium to play basketball, floor hockey, soccer, and volleyball) and traditional camp activities (crafts, hiking, dance, talent show) at a camp in the mountains in Idyllwild (new SPORTS Camp just over 2 hours from San Diego). Athletes spend 2 nights in cabins under the guidance of camp counselors/chaperones. Persons with developmental disabilities, families, friends, volunteers, coaches, and supporters are all welcome to join S4EA at SPORTS Camp. Session #2 can accommodate athletes using wheelchairs.



The S4EA SPORTS Camp Registration Fee is \$190 per session to help pay for lodging, meals, insurance, supplies, etc. Mail Fee & [S4EA Camp Registration Form](#) as soon as possible to S4EA (9575 Aero Drive #B, SD, CA 92123). Turn in S4EA Camp Registration Form and Fee by July 12 and pay Early Bird Price of only \$175. A non-refundable deposit of \$70 will reserve your spot in S4EA SPORTS Camp. Round trip transportation-\$40. For more info, please call S4EA at (858)565-7432 or go to S4EA website at www.s4ea.org.

S4EA has also scheduled the Halloween SPORTS Camp Session #3 on October 25-27 at [Green Oak Ranch](#) in Vista.

S4EA Golf Classic Fundraiser August 7 at Riverwalk Golf Club

The [S4EA Golf Classic](#) is scheduled for Wednesday, August 7 at the [Riverwalk Golf Club](#) from 1-8pm benefiting S4EA. Scramble shotgun start at 1pm, golf reception, silent auction, banquet & awards for \$150 (early bird special until July 7).

If you are not able to golf, you can still enter the helicopter ball drop for the chance to win \$1,000. Buy a single ball for \$25. Call S4EA Board President Matt Stickley at 858-229-0971 for more information about the S4EA Golf Classic and helicopter ball drop.

S4EA Athlete Council Activities – Bunco Aug 16

SPORTS for Exceptional Athletes presents 'Bunco' on Friday, August 16 at [S4EA/North Shores](#) (9575 Aero Drive, San Diego 92123) from 6-8pm. Tickets are \$20, which includes hors d'oeuvres, soft drinks and two rounds of tournament play. Win prizes for most Bunco's, most wins, and most losses. A unique fundraising adventure that will be fun for all. If interested in playing Bunco, winning prizes & supporting S4EA, call 858-565-7432 or go to the S4EA website www.s4ea.org.

S4EA Tournament/Event Dates

- July 13** Windansea "Day at the Beach" – La Jolla Shores (9am-3pm)
- August 2-4** S4EA SPORTS Camp #2 – Buckhorn Camp in Idyllwild (Fri 4pm-Sun 1pm)
- August 7** S4EA Golf Classic Fundraiser – Riverwalk Golf Club (1-8pm)
- August 16** S4EA Bunco Fundraiser – S4EA/North Shores (6-8pm)
- August 25** S4EA Soccer & Golf Tournament – Morley Field in Balboa Park (9am-5pm)
- September 8** S4EA Softball, Cycling & Tennis Tournament – Morley Field in Balboa Park (9am-5pm)
- September** S4EA Pancake Breakfast – S4EA/North Shores (8-10am)
- October 5** S4EA Bocce & Flag Football Tournament – La Jolla Country Day School (8:30am-4pm)
- October 25-27** S4EA SPORTS Camp #3 – Green Oak Ranch, Vista (Fri 4pm-Sun 4pm)

S4EA Summer Season

Athletes and volunteer coaches come join us in the following summer sports (also see calendar):

<u>Sport-Practices Meet</u>	<u>Day</u>	<u>Time</u>	<u>Location</u>	
<u>Bocce</u>	Tue	5:30-7:00pm	Morley Field Bocce Courts (2221 Morley Field Dr., SD 92104) starting July 9 [League Play]	
	Wed	5:30-7:00pm	Chula Vista Elks Lodge (901 Elks Lane, CV 91910) starting July 10	
	Thu	5:30-7:00pm	Brengle Terrace Park (1200 Vale Terrace Dr., Vista 92084) except July 4	
	Tourn-Oct 5	Sat	8:30am-4:00pm	La Jolla Country Day School (9490 Genesee, La Jolla 92037) [LJ Country Day provide lunch]
<u>Bowling</u>	Mon	3:30-5:00pm	Kearny Mesa Bowl (7585 Clairemont Mesa Blvd, SD 92111) starting July 8-\$3 for 2 games	
	Sat	11:00am-1pm	Bowlero Chula Vista (845 Lazo Ct, CV 91910) start Sep 7-\$7 for 2 games [League Play]	
	Sat	1:30-3:30pm	Poway Fun Bowl (12941 Poway Rd., Poway 92064)-\$5.50 for 2 games plus \$2 for shoes	
<u>Cycling</u>	Sat	1:15-3:30pm	Various Locations [see calendar, S4EA website, or coach Russ 619-992-0164 for more info]	
	Tourn-Sep 8	Sun	9am-1pm	San Diego Velodrome at Morley Field in Balboa Park (2221 Morley Field Dr., SD 92104)
<u>Golf</u>	Sat	11am-12:30pm	Town Park Villas Golf Course (6301 Gullstrand St., San Diego 92122)-cost \$8	
	Tourn-Aug 25	Sun	9am-2pm	Balboa Park Golf Course (2600 Golf Course Dr., San Diego 92102)
<u>Ice Skating</u> (Figure & Speed)	Sat	1:00-3:00pm	TSA Kroc Center (6845 University Ave, San Diego 92115)-\$5 per session	
	Wed	4:00-5:00pm	San Diego Ice Arena (11048 Ice Skate Place, San Diego 92126)	
	Thu	3:30-5:00pm	University Towne Center (4545 La Jolla Village Dr, San Diego 92122) except July 4	
<u>Soccer</u>	Mon	6:00-8:00pm	TSA Kroc Center (6845 University Ave., San Diego 92115) [League Play]	
	Tue	6:00-7:00pm	Palomar Elementary (300 E Palomar St., Chula Vista 91911)	
	Tourn-Aug 25	Sun	9am-5pm	Morley Field Soccer Fields (2221 Morley Field Dr. near Texas & Upas St., SD 92104)
<u>Softball</u>	Wed	5:30-8:00pm	Morley Field Softball Fields (2221 Morley Field Dr., SD 92104) except July 3 [League Play]	
	Tue	5:00-6:00pm	Palomar Elementary (300 E Palomar St., Chula Vista 91911)	
	Sun	3:30-5:30pm	Breeze Hill Park (645 S. Melrose, Vista 92081)	
	Tourn-Sep 8	Sun	9am-5pm	Morley Field Softball Fields (2221 Morley Field Dr. near Texas & Upas St., SD 92104)
	<u>Swimming</u>	Fri	3:30-5:00pm	Copley YMCA (4300 El Cajon Blvd, SD 92105)-\$5/SES.-\$15/month [swimmers only]
Fri		5:00-7:00pm	Vista Terrace Pool (301 Athey, SD 92173)-\$20/mo.[Swim 1 st Hour/Non-Swim 2nd Hour]	
Sat		10:30-11:30am	La Mesa Pool (5100 Memorial Dr, La Mesa 91942)-\$5 per session (swimmers only)	
Day at the Beach-Sat Jul 13		9am-3pm	Windansea teach surfing La Jolla Shores-Limited spots available-Call Clara 858-565-7432	
<u>Table Tennis</u>	Sun	12:00pm-1:00pm	After School Learning Tree (11525 Sorrento Valley Rd, San Diego 92121)	
<u>Tennis</u>	Mon	6:30-8:00pm	Barnes Tennis Center (4490 W. Point Loma Blvd., SD 92107) except July 1, 8, 22	
	Tourn-Sep 8	Sun	9am-3pm	Morley Field Tennis Courts (2221 Morley Field Dr. near Texas & Upas St., SD 92104)

Subscribe to Practice Calendar and never miss a Practice

The S4EA website www.s4ea.org offers the option to **subscribe** to calendars for each sport and practice site. Your favorite email or calendar program (Outlook etc.) on your computer or phone will always contain up-to-date information regarding your sports practices including time and location. You may find this option on all the Sport's pages or the **News & Events** page. **Android** users may need to install **WebCal-Sync**.

San Diego Padres Charity Tickets

S4EA is receiving tickets from the San Diego Padres 2019 Charity Ticket Program for the following: Tuesday, July 2nd at 7:10pm vs San Francisco Giants, Wednesday, July 3rd at 6:10pm vs San Francisco Giants, Monday, July 29th at 7:10pm vs Baltimore Orioles, and Tuesday, July 30th at 12:40pm vs Baltimore Orioles. Call Clara at 858-565-7432 to reserve tickets.

... Go Padres!



858-565-7432

SPORTS for Exceptional Athletes

www.s4ea.org



~ July 2019 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<u>Year Round Sports</u> - Bowling (BO) - Golf (GO) - Figure Skating (IS) - Speed Skating (IS) - Swimming (SW) - Table Tennis (TT)	<u>Summer Season Sports</u> - Bocce (BC) - Cycling (CY) - Soccer (SO) - Softball (SB) - Tennis (TE)	<u>San Diego Co. Location</u> C - San Diego City EC - East County NC - North County SB - South Bay SR - Scripps Ranch	<u>Facilities</u> After School Learning Tree Breeze Hill Park Brengle Terrace Park Chula Vista Elks Lodge Morley Field-Balboa Park Palomar Elementary Sch. TSA Kroc Center	<u>Facilities</u> Copley YMCA Barnes Tennis Center Kearny Mesa Bowl La Mesa Pool Poway Fun Bowl Town Park Villas Golf Course University Towne Center Vista Terrace Pool		<u>Vols Needed in S4EA Office</u> Volunteers are needed to help with various office projects including mail-outs, newsletters, etc. Call S4EA at 858-565-7432 to help.
	1 SO-C 6-8pm TSA Kroc Ctr	2 SB-SB 5-6pm Palomar Elem SO-SB 6-7pm Palomar Elem	3 IS-SR 4-5pm SD Ice Arena	4 Independence Day	5 SW-C 3:30-5pm Copley Y SW-SB 5-7 Vista Terrace	6 BO-NC 1:30-3:30 Poway GO 11-12:30pm Town Park Villas IS-C 1-3pm TSA Kroc Center SW-EC 10:30-11:30am LM Pool
7 SB-NC 3:30-5:30 Breeze Hill TT-C 12-1pm Sch. Learn Tree	8 BO-C 3:30-5pm KM Bowl SO-C 6-8pm TSA Kroc Ctr	9 BC-C 5:30-7pm Morley Fd SB-SB 5-6pm Palomar Elem SO-SB 6-7pm Palomar Elem	10 BC-SB 5:30-7pm CV Elks IS-SR 4-5pm SD Ice Arena SB-C 5:30-8pm Morley Fd.	11 BC-NC 5:30-7 Brengle Ter. IS-SR 3:30-5pm UTC	12 SW-C 3:30-5pm Copley Y SW-SB 5-7 Vista Terrace	13 Windansea Day at the Beach -La Jolla Shores 9am-3pm BO-NC 1:30-3:30 Poway CY 1:15-3:30pm Lake Murray GO 11-12:30pm Town Park Villas IS-C 1-3pm TSA Kroc Center SW-EC 10:30-11:30am LM Pool
14 SB-NC 3:30-5:30 Breeze Hill TT-C 12-1pm Sch. Learn Tree	15 BO-C 3:30-5pm KM Bowl SO-C 6-8pm TSA Kroc Ctr TE-C 6:30-8 Barnes Tennis Ctr	16 BC-C 5:30-7pm Morley Fd SB-SB 5-6pm Palomar Elem SO-SB 6-7pm Palomar Elem	17 BC-SB 5:30-7pm CV Elks IS-SR 4-5pm SD Ice Arena SB-C 5:30-8pm Morley Fd.	18 BC-NC 5:30-7 Brengle Ter. IS-SR 3:30-5pm UTC	19 SW-C 3:30-5pm Copley Y SW-SB 5-7 Vista Terrace	20 BO-NC 1:30-3:30 Poway CY 1:15-3:30pm Tideland Park GO 11-12:30pm Town Park Villas IS-C 1-3pm TSA Kroc Center SW-EC 10:30-11:30am LM Pool
21 SB-NC 3:30-5:30 Breeze Hill TT-C 12-1pm Sch. Learn Tree	22 BO-C 3:30-5pm KM Bowl SO-C 6-8pm TSA Kroc Ctr	23 BC-C 5:30-7pm Morley Fd SB-SB 5-6pm Palomar Elem SO-SB 6-7pm Palomar Elem	24 BC-SB 5:30-7pm CV Elks IS-SR 4-5pm SD Ice Arena SB-C 5:30-8pm Morley Fd.	25 BC-NC 5:30-7 Brengle Ter. IS-SR 3:30-5pm UTC	26 SW-C 3:30-5pm Copley Y SW-SB 5-7 Vista Terrace	27 BO-NC 1:30-3:30 Poway CY 1:15-3:30pm Miramar Lake GO 11-12:30pm Town Park Villas IS-C 1-3pm TSA Kroc Center SW-EC 10:30-11:30am LM Pool
28 SB-NC 3:30-5:30 Breeze Hill TT-C 12-1pm Sch. Learn Tree	29 BO-C 3:30-5pm KM Bowl SO-C 6-8pm TSA Kroc Ctr TE-C 6:30-8 Barnes Tennis Ctr	30 BC-C 5:30-7pm Morley Fd SB-SB 5-6pm Palomar Elem SO-SB 6-7pm Palomar Elem	31 BC-SB 5:30-7pm CV Elks IS-SR 4-5pm SD Ice Arena SB-C 5:30-8pm Morley Fd.	<u>Community Giving Program</u> Please contact Clara at sds4ea@gmail.com or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program.	<u>Donate Stocks to S4EA</u> Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.	<u>Shop Online with AmazonSmile</u> By registering S4EA at smile.amazon.com , Amazon will donate 0.5% of the purchase price to S4EA. You get the same low prices & selection as on Amazon.com.

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

SPORTS – Special Program Opportunities in Recreation, Teamwork, and Sports



Celebrate Independence Day on the 4th of July!



“A Taste 4 SPORTS”

S4EA celebrated our 12th Anniversary at “A Taste 4 SPORTS” on May 30 at the Balboa Park Club. NHL Hall of Fame player Willie O’Ree was honored as our 2019 ‘SPORTS Man of the Year’. 350 guests tasted food from 23 restaurants, listened to the music by the ‘Steph Johnson Band’ & bid on fabulous silent and live auction items. Thank you to the 27 sponsors and 116 auction donors who helped make “A Taste 4 SPORTS” a financial success with \$45,000 raised for S4EA.

SPORTS Camp – Chaperones Needed!

Volunteers ages 18 & over are needed to chaperone for SPORTS Camp #2 August 2-4 at Buckhorn Camp in Idyllwild. Family and friends are welcome to chaperone. No experience needed.

Call S4EA at 858-565-7432 to sign-up.



SPORTS
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ADDRESS SERVICE REQUESTED



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How To Register In S4EA

If you are interested in becoming an athlete in SPORTS for Exceptional Athletes, please call the S4EA Office at 858-565-7432 and we will mail you a Registration Packet. You can also download registration information directly from the SPORTS for Exceptional Athletes website at www.s4ea.org. The Registration Fee is \$20 per sport (scholarships available). S4EA offers 24 sports: baseball, basketball, bocce, bowling, cross country/downhill skiing, cycling, figure/speed skating, flag football, floor hockey, golf, judo, sailing, snowboarding, snowshoeing, soccer, softball, swimming, table tennis, tennis, track, volleyball & walking/running/exercise.

In team sports, teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams.

SPORTS for Exceptional Athletes (S4EA) is a sports program serving over 1,400 athletes with developmental disabilities ages 5 through adult in San Diego County.

SPORTS Pledge

*I practice hard. I do my best. . .
I play with Pride. . . You'll be impressed!
We are SPORTS for Exceptional Athletes.*

S4EA Needs Your Help

SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
- To provide sports facilities, equipment, meals, and other in-kind services.
- To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County. SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax deductible as allowed by law.
- To [donate a vehicle to S4EA](#), call toll free 855-500-7433; free pick-up; tax receipt provided; and no smog certificate required.

 Find us on
Facebook
WWW.FACEBOOK.COM/SPORTS4EA

[Volunteers](#) are needed as coaches for the Summer Season in bocce, bowling, cycling, golf, ice skating, soccer, softball, swimming, table tennis, and tennis. You do not need any prior experience in the sport or working with persons with developmental disabilities, just a desire to help. Head coaches run the practices, while assistant coaches help the athletes under the direction of the head coach in teaching the athletes various sports skills. Volunteers also act as scorekeepers and timers in team sports league play. Coaches spend 2-3 hours weekly for a 3-month period. Call S4EA Office at 858-565-7432 to get involved.

SPORTS Endowment Fund

S4EA has created the [SPORTS Endowment Fund](#) to help ensure long-term continuity and sustainability for S4EA. For more information on planned giving and other endowment options, call attorney Jerry Harris at 619-282-4415.