

Immediate Release

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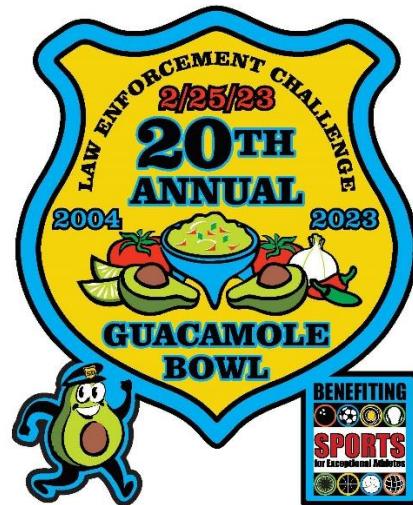
20th Annual Law Enforcement Challenge Guacamole Bowl

When: Saturday, February 25, 2023

Opens to Members – 10am

Guacamole Sampling 10am – 1:30pm

Awards 1:30-2:30pm



Where: Balboa Park Club

2144 Pan American Road West in Balboa Park

Cost: \$8 to come sample and vote.

What?? A good old fashioned guacamole cook-off.

The 2023 Law Enforcement Challenge-Guacamole Bowl will be celebrating its 20th year as San Diego County's largest guacamole making competition. With an average of twenty-five competitive teams; each comprised of at least 10 members, the 250 (plus) competitors are all vying to have their team's name inscribed on the highly coveted, perpetual, *Guacamole Cup*. The overall Grand Champion team members each receive a custom designed and numbered, championship ring.

Members are invited to come and sample the guacamole and vote for their favorite teams. Admission is \$8.00 and includes tortilla chips provided by **Mission Foods** and the opportunity to vote for their favorite teams. The top 3 teams, based on the members vote, will receive Awards.

Entertainment will be traditional fiesta entertainment.

Retired San Diego Police Officer Matt Weathersby came up with this unique fundraising idea as a way of supporting local charities. This year's charity is SPORTS for Exceptional Athletes. Over the past nineteen years, the Guacamole Bowl has raised over \$195,000.00 to support local programs for athletes with developmental disabilities.

According to Weathersby, over 2,000 pounds of fresh avocados donated this year by **Henry Avocado Corp.** will be used by the various teams along with lots of onions, tomatoes, cilantro and jalapenos, provided by Daly Family. Matt added, "If you like good guacamole, and lots of it, then Balboa Park is the place to be".

For more information Contact Clara Downes at 858-565-7432 or clara@s4ea.org or visit the website: www.s4ea.org/guacamole-bowl.



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