



SPORTS for Exceptional Athletes (S4EA) is a sports program serving athletes with developmental disabilities ages 5 through adult in San Diego. 8380 Vickers Street Suite E, San Diego, CA 92111 | Website: www.s4ea.org | E-mail: sds4ea@gmail.com | Phone 858-565-S4EA (7432).

SPORTS NEWS - JUNE 2024

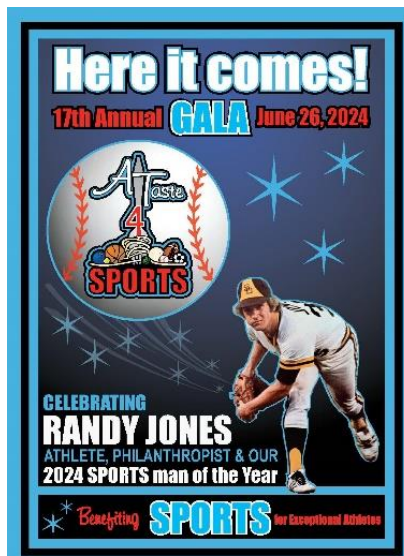
Published Monthly for Athletes, Families, Friends, Volunteers, Coaches & Other Supporters of SPORTS for Exceptional Athletes. Editor: Walter Jackson.

"A Taste 4 SPORTS" Gala Wed June 26 at Balboa Park Club

S4EA is hosting for our members the 17th Annual "A Taste 4 SPORTS" Gala Fundraiser on Wednesday, June 26th from 6-9pm at the [Balboa Park Club](#) (2144 Pan American Road West, SD 92101) featuring food & wine from 10-15 restaurants, personal chefs, caterers & wineries. Mingle with notable celebrities including Mad Mike from MTV's "Pimp My Ride", enjoy music with 'Beatle Trax' & bid on an exquisite array of auction items. Reservations are \$60 per person.

S4EA is honoring San Diego Padres Pitching Legend Randy Jones as our 2024 'SPORTS Man of the Year'. Randy Jones won the Cy Young Award with the San Diego Padres in 1976 and was inducted into the San Diego Padres Hall of Fame.

Sponsorship opportunities available at following levels: Platinum-\$10,000, Gold-\$5,000, Silver-\$1,000 & Bronze-\$500. Please donate gift certificates, trips, autographed sports memorabilia to enhance the auction. For more info, call 858-565-7432 or visit www.s4ea.org.



S4EA Thanks "A Taste 4 SPORTS" Event Sponsors

SPORTS for Exceptional Athletes thanks the Event Sponsors at "A Taste 4 SPORTS" June 26th:

Platinum Level

Brian & Kimberly Cox

Silver Level

Ahrens Family
HME
Jerry/Mary Ellen Harris Family
Richard Harris Family
Jackson/Snowdall Family
Karen & Robert Kawamoto
Greg Mitchell/Bill Randall
Rathbun Family
Tipple Family
Yates/Julius Family

Gold Level

Nick Brumbach
UDW

Bronze Level

Alvarez Family
Mary & Rick Cunningham Family
Clara Downes
Teresa Gillaspay
Glinatsis Family
Goldbaum Family
Jennifer Styer/Duane MacNeilan
Brian Miller
Peters Family
Super Wash/Dry Laundromat-CV
Triad Components Group
UNICO Engineering



"A Taste 4 SPORTS" Food & Drink Sponsors

AleSmith Brewing Co.
Bread & Cie
CaliFino Tequila
Creative Ideas
Guillermo's-Pepe's Street Tacos
MC Sweet Treats
Mimi's Kitchen
Pick Up Stix
PRP Wine Intermatic...
Richard's Bees
Screaming Pete's BBQ
Troy's Authentic Greek Cuisine
We Be OB
... & many more

"A Taste 4 SPORTS" Auction & Raffle Items

Getaways to a variety of exciting locations.
Sports Memorabilia—baseball, golf, football, soccer, basketball, etc.
Gift Certificates/Tickets to local restaurants, museums, theatres, hotels, spa treatments, fun & games, whale watching, and more.
Artwork, Jewelry & many more items.
To see a list of the Taste Auction Packages, visit: www.s4ea.org/taste4sports

S4EA Bunco Sat June 8 at S4EA Office (8380 Vickers St. #E, SD 92111)



SPORTS for Exceptional Athletes presents [Bunco](#) on Saturday, June 8 at the [S4EA Office](#) (8380 Vickers St. #E, San Diego 92111) from 3-5pm. We will eat hors d'oeuvres & play outside by the S4EA office. Tickets are \$20 to cover the cost of hors d'oeuvres, soft drinks and two rounds of tournament play. Bunco is a dice game of chance. If interested in playing Bunco, winning prizes (most wins, most losses & most Buncos) & supporting S4EA, call 858-565-7432.

S4EA Event Dates

- June 8** S4EA Bunco – S4EA Office (3-5pm)
- June 26** S4EA "A Taste 4 SPORTS" – Balboa Park Club (6-9pm)
- July 13** S4EA Summer Sports Festival – Park de la Cruz (9am-3pm)
- August 3** S4EA Swim Meet – St. Madeleine Sophie's Center, El Cajon (8am-1pm)
- August 25** S4EA Soccer Tournament – Morley Field in Balboa Park (9am-5pm)
- September 8** S4EA Softball & Tennis Tournament – Morley Field in Balboa Park (9am-5pm)
- October 11- 13** S4EA Halloween SPORTS Camp – Green Oak Ranch, Vista (Fri 4pm-Sun 3pm)



S4EA Summer Season

Sport-Practices	Day	Time	Location	Summer Season Sports, Call S4EA at 858-565-7432 to confirm/for more Info
Bocce 	Tue	5:30-7:00pm	Morley Bocce Ct (2221 Morley Field Dr, SD 92104)	Jul 9-Sep 10 [League] (Code: 115152)
	Thu	5:30-7:00pm	Brengele Terrace Park (1200 Vale Terrace Dr., Vista 92084)	from Jul 11-Sep 12
Cycling 	Sat	1:15-3:30pm	Jun 1-No Ride, Jun 8- Miramar Lake around lake X 2, Jun 15- Mast Park around Santee, Jun 22- Liberty Station to Harbor Island, Jun 29- Tidelands Park, Coronado down Silver Strand [see calendar, S4EA website, coach or call S4EA at 858-565-7432 for more info]	
Soccer 	Mon	5:45-8:00pm	Park de la Cruz (3901 Landis St, SD 92105)	Jun 17-Aug 19 [League Play] (Code: 115151)
	Call 858-565-7432 Tue	6:30-7:30pm (?)	Las Palmas Park Softball Field (1950 E. 20 th St, NC 91950)	from Jun 18-Aug 20 (tentative)
	Tourn-Aug 25 Sun	9am-5pm	Morley Field Soccer Fields (2221 Morley Field Dr. near Texas & Upas St., SD 92104)	
Softball 	Wed	5:45-8:30pm	Park de la Cruz (3901 Landis St., SD 92105)	from Jul 3-Aug 14 [League Play](Code: 115153)
	Call 858-565-7432 Tue	5:00-6:30pm (?)	Las Palmas Park Softball Field (1950 E. 20 th St, NC 91950)	from Jun 18-Sep 3 (tentative)
	Sun	6:00-7:30pm (?)	Breeze Hill Park (645 S. Melrose, Vista 92081)	from Jul 14-Aug 25 (Need softball coach)
	Tourn-Sep 8 Sun	9am-5pm	Morley Field Softball Fields (2221 Morley Field Dr. near Texas & Upas St., SD 92104)	
Swimming 	Fri	5:00-7:00pm	Las Palmas Pool (1800 E 22 nd St, NC 91950)	\$20 per month (Non-Swim 5-6pm, Swim 6-7pm)
	Meet-Aug 3 Sat	10:00-11:30am	La Mesa Pool (5100 Memorial Dr, LM 91942)	from Jun 22-Sep 28-\$5/session(swimmers only)
	Sat	8:00am-1:00pm	St. Madeleine Sophie's Center (2119 E. Madison Ave., El Cajon 92019)	
Tennis 	Mon	6:00-7:00pm	Barnes Tennis Center (4490 W. Point Loma Blvd., San Diego 92107)	from Jun 3-Jul 29
	Tourn-Sep 8 Sun	9am-3pm	Morley Field Tennis Courts (2221 Morley Field Dr. near Texas & Upas St., SD 92104)	

Workouts-Hikes/Exercise

Limitless Adventures is a volunteer-led, 501(c)(3) nonprofit organization that provides outdoor recreational experiences for people with disabilities. Their current programming consists of hikes and other activities & operates within the Greater San Diego Area. For more info, go to: <https://www.limitless-adventures.org/> - Upcoming events: Hike-June 22

S4EA Summer Sports Festival July 13 at Park de la Cruz

S4EA is bringing back the popular Summer Sports Festival on Saturday, July 13th to be held at [Park de la Cruz](#) (3901 Landis St., San Diego 92105) from 9am-3pm. Play a variety of sports such as Basketball, Bocce, Cycling, Flag Football, Floor Hockey, Futsal, Lacrosse, Pickleball, Quidditch, Soccer, Softball & Volleyball. The picnic will also include lunch, music, classic cars, relay races, fun & games, party time & socializing with your friends & family.



The SPORTS Festival is sponsored by SPORTS for Exceptional Athletes and co-sponsored by San Diego Parks & Recreation – Therapeutic Recreation Services (code: [115154](#)). Athletes with developmental disabilities, families, friends, coaches, volunteers, supporters, and others in the community are invited to play in our Sports Festival/Picnic. Join in the fun & games! Play as many sports as you want. There is no cost. To sign up or for more information, call SPORTS for Exceptional Athletes at 858-565-7432.

S4EA Practices & Tournaments – Guidelines

- Download [Athlete Registration Form](#) from S4EA website, fill out/email to S4EA
- If have COVID, isolate at least 5 days & wear mask 10 days
- Do not come if you are sick
- Wear a facemask indoors in large groups to help protect everyone & especially our athletes with disabilities
- Check temperature (if above normal, don't come to practice)
- Get the new COVID vaccine & be safe to play our sports



San Diego Parks & Recreation-Therapeutic Recreation Services

The City of **SAN DIEGO** Parks and Recreation Department San Diego Parks & Recreation (SDP&R) – Therapeutic Recreation Services (TRS) provides therapeutic recreation programs for children and adults with any type of disability. SDP&R-TRS is co-sponsoring S4EA activities at SD City Facilities so that S4EA athletes and volunteers also need to register with SDP&R-TRS. S4EA athletes need to either register on-line with [SDRecConnect.com](#) or register at the first practice with SDP&R-TRS. The facilities that S4EA uses in the summer are Park de la Cruz-Soccer Mon (Code: [115151](#)), Morley Field Bocce Courts-Bocce Tue (Code: [115152](#)), Morley Field Softball Fields/PDLC-Softball Wed (Code: [115153](#)) & Summer Sports Festival July 13 (Code: [115154](#)).

~ June 2024 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>Sports - Bocce (BC)</u> - Bowling (BO) - Cycling (CY) - Soccer (SO) - Softball (SB) - Swimming (SW) - Tennis (TE)</p>	<p><u>San Diego Co. Location</u> C - San Diego City EC - East County NC - North County SB - South Bay</p>	<p><u>Facilities</u> Barnes Tennis Center La Mesa Pool Las Palmas Park Softball Fd Las Palmas Pool Mira Mesa Lanes</p>	<p><u>Facilities</u> Breeze Hill Park Bregle Terrace Park Morley Field-Balboa Pk Park de la Cruz</p>	<p><u>Designate S4EA with United Way</u> United Way & Ca State Employees charitable workplace campaigns start soon. <u>Designate S4EA by giving United Way or Ca St. Emp. our full name & address: S4EA, 8380 Vickers St. #E, SD 92111. Thanks for your support</u></p>	<p><u>Donate to S4EA</u></p> 	<p>1 CY 1:15-3:30pm No Ride</p>
2	3 TE-C 6-7pm <u>Barnes Tennis Ctr</u>	4	5	6	7 SW-SB 5-7pm <u>Las Palmas</u>	<p>8 S4EA Bunco-S4EA Office 3-5pm</p>  <p>CY 1:15-3:30pm <u>Miramar Lake</u></p>
9 BO-C/NC 11am-12:20 <u>Mira Mesa</u>	10 TE-C 6-7pm <u>Barnes Tennis Ctr</u>	11	12	13	<p>14 <u>Flag Day</u> JUNE 14</p>  <p>FLAG DAY SW-SB 5-7pm <u>Las Palmas</u></p>	15 CY 1:15-3:30pm <u>Mast Park</u>
<p>16 <u>Father's Day</u></p> 	17 TE-C 6-7pm <u>Barnes Tennis Ctr</u> SO-C 5:45-8pm <u>Park de la Cruz</u>	18 SB-SB 5-6:30 <u>Las Palmas Park</u> SO-SB 6:30-7:30 <u>Las Palmas Pk</u>	<p>19 <u>Juneteenth</u></p> 	<p>20 <u>Summer Begins</u></p>  <p>FIRST DAY OF SUMMER TODAY!!!</p>	21 SW-SB 5-7pm <u>Las Palmas</u>	22 CY 1:15-3:30pm <u>Liberty Station</u> SW-EC 10-11:30am <u>LM Pool</u> <u>Limitless Adventure Hike</u>
23 BO-C/NC 11am-12:20 <u>Mira Mesa</u>	24 TE-C 6-7pm <u>Barnes Tennis Ctr</u> SO-C 5:45-8pm <u>Park de la Cruz</u>	25 SB-SB 5-6:30 <u>Las Palmas Park</u> SO-SB 6:30-7:30 <u>Las Palmas Pk</u>	<p>26 "A Taste 4 SPORTS" <u>Balboa Park Club 6-9pm</u></p> 	27	28 SW-SB 5-7pm <u>Las Palmas</u>	29 CY 1:15-3:30pm <u>Tidelands Park</u> SW-EC 10-11:30am <u>LM Pool</u>
30		<p><u>Donate Stocks to S4EA</u> Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.</p>	<p><u>Facebook Birthday FR</u> For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.</p>	<p><u>Community Giving Program</u> Please contact Clara at sds4ea@gmail.com or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program.</p>	<p><u>VoIs Needed for Office Projects</u> Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help.</p>	

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

SPORTS – Special Program Opportunities in Recreation, Teamwork, and Sports



Join S4EA at “A Taste 4 SPORTS” June 26!



Message from Exec. Dir. Walter Jackson

Join S4EA at Bunco on Sat June 8 at S4EA Office. “A Taste 4 SPORTS” is scheduled for Wed Jun 26 at the Balboa Park Club. S4EA is running our summer sports in bocce, cycling, soccer, softball, swimming, and tennis. Browse through the Newsletter, visit www.s4ea.org or call S4EA at 858-565-7432 for more info.



SPORTS

for Exceptional Athletes



ADDRESS SERVICE REQUESTED

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Phone: 858-565-S4EA (7432)
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S4EA Board of Directors 2024-25

Congrats to newly elected S4EA Board.	<u>Members-At-Large</u> Joe Alvarez-Salas
<u>Executive Committee</u> Pres-Ron Choularton	Kelly Choularton
VP-Kathy Nelson	Martin Duarte
Treasurer-Skip Covell	Isaac Hernandez
Sec-Diana Rathbun	Matthew Rathbun
Nicole Alvarez	Shay Thomas
	Carissa Zink

How To Register In S4EA



If you are interested in becoming an athlete in SPORTS for Exceptional Athletes, please call the S4EA Office at 858-565-7432 and we will mail you a Registration Packet. You can also download registration information ([Athlete Registration Form](#)) directly from the SPORTS for Exceptional Athletes website at www.s4ea.org. The Registration Fee is \$20 per sport (scholarships available). S4EA offers over 20 sports: baseball, basketball, bocce, bowling, cross country/downhill skiing, cycling, flag football, floor hockey, golf, ice skating, snowboarding, snowshoeing, soccer, softball, swimming, table tennis, tennis, track, volleyball & walking/running/exercise workouts.

In team sports, teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams.

SPORTS for Exceptional Athletes (S4EA) is a sports program serving 1,400 athletes with developmental disabilities ages 5 through adult in San Diego County.

SPORTS Pledge

*I practice hard. I do my best. . .
I play with Pride. . . You'll be impressed!
We are SPORTS for Exceptional Athletes.*

S4EA Needs Your Help

SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
- To provide sports facilities, equipment, meals, and other in-kind services.
- To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County. SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax deductible as allowed by law.
- To [donate a vehicle to S4EA](#), call toll free 855-500-7433; free pick-up; tax receipt provided; and no smog certificate required.



Volunteers are needed as coaches for the summer season in bocce, cycling, soccer, softball, swimming, and tennis.

You do not need any prior experience in the sport or working with persons with developmental disabilities, just a desire to help. Head coaches run the practices, while assistant coaches help the athletes under the direction of the head coach in teaching the athletes various sports skills. Volunteers also act as scorekeepers and timers in team sports league play. Coaches spend 2-3 hours weekly for a 3-month period. Call S4EA Office at 858-565-7432 to get involved.

SPORTS Endowment Fund

S4EA has created the [SPORTS Endowment Fund](#) to help ensure long-term continuity and sustainability for S4EA. For more information on planned giving and other endowment options, call attorney Jerry Harris at 619-282-4415.