



**SPORTS**  
for Exceptional Athletes

SPORTS for Exceptional Athletes (S4EA) is a sports program serving athletes with developmental disabilities ages 5 through adult in San Diego. 8380 Vickers Street Suite E, San Diego, CA 92111 \* Website: [www.s4ea.org](http://www.s4ea.org) \* E-mail: [sds4ea@gmail.com](mailto:sds4ea@gmail.com) \* Phone 858-565-S4EA (7432).

# SPORTS NEWS - JUNE 2023

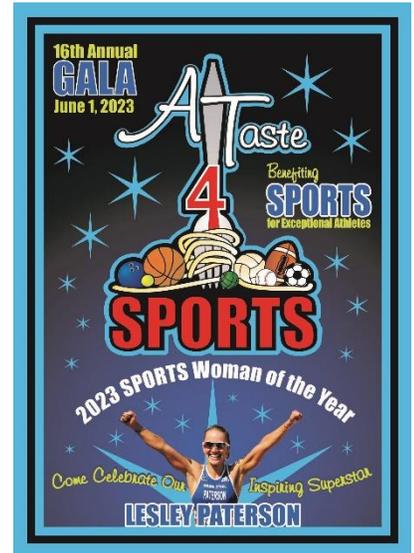
Published Monthly for Athletes, Families, Friends, Volunteers, Coaches & Other Supporters of SPORTS for Exceptional Athletes. Editor: Walter Jackson.

## "A Taste 4 SPORTS" Gala Fundraiser June 1 at Balboa Park Club

S4EA is hosting for our members the 16<sup>th</sup> Annual "A Taste 4 SPORTS" Gala Fundraiser on Thursday, June 1st from 6-9pm at the [Balboa Park Club](#) (2144 Pan American Road West, SD 92101) featuring food & wine from 15-20 restaurants, personal chefs, caterers & wineries. Mingle with notable local & sports figures, including NBA Hall of Fame player Bill Walton & Mad Mike from MTVs "Pimp My Ride", enjoy music with band 'Beatle Trax' & bid on an exquisite array of [Auction Packages](#). [Reservations are \\$60 per person](#).

S4EA is honoring as our 2023 'SPORTS Woman of the Year' Lesley Paterson. Lesley won 3 XTERRA Triathlon World Championships as well as co-wrote the screenplay of 'All Quiet on the Western Front' which won multiple Academy Awards.

Sponsorship opportunities available at the following levels: Platinum-\$10,000, Gold-\$5,000, Silver-\$1,000 & Bronze-\$500. Please donate gift certificates, trips, autographed sports memorabilia to enhance the auction. For more info, call 858-565-7432.



## S4EA Thanks "A Taste 4 SPORTS" Event Sponsors

SPORTS for Exceptional Athletes thanks the Event Sponsors at "A Taste 4 SPORTS" June 1st:

### Gold Level

Nick Brumbach  
Idy Land Surveying

### Silver Level

Ahrens Family  
HME  
Jerry/Mary Ellen Harris Family  
Richard Harris Family  
Jackson/Snowdall Family  
Greg Mitchell/Bill Randall  
Rathbun Family  
UDW Homecare Providers Union  
Yates/Julius Family

### Bronze Level

Abuhari Boutique  
Alvarez Family  
Benavidez Family  
Colors Gourmet Pizza  
Mary & Rick Cunningham Family  
Clara Downes  
Teresa Gillaspay  
Glinatsis Family  
Goldbaum Family  
Jennifer Styer/Duane MacNeilan  
Brian Miller  
Kathy Nelson  
Peters Family  
Screaming Pete's BBQ  
Super Wash/Dry Laundromat-CV  
Triad Components Group

### "A Taste 4 SPORTS" Food & Drink Sponsors

AleSmith Brewing Co.  
Bang Energy  
Bread & Cie  
Creative Ideas  
Guillermo's-Pepe's Street Tacos  
Kamps Propane  
MexiCocina Restaurant  
Mimi's Kitchen  
Pick Up Stix  
Preferred MM SD Insurance  
PRP Wine International  
Screaming Pete's BBQ  
... & many more

### "A Taste 4 SPORTS" Auction & Raffle Items

**Getaways** to a variety of exciting locations.  
**Sports Memorabilia**—baseball, golf, football, soccer, basketball, etc.  
**Gift Certificates/Tickets** to local restaurants, museums, theatres, hotels, spa treatments, fun & games, whale watching, and more.  
**Artwork, Jewelry & many more items.**

To see a list of the [Taste Auction Packages](#), visit: [www.s4ea.org/taste4sports](http://www.s4ea.org/taste4sports)

## S4EA Bunco Brunch Sat June 24 at S4EA Office (8380 Vickers St. #E, SD 92111)



SPORTS for Exceptional Athletes presents [Bunco Brunch](#) on Saturday, June 24 at the [S4EA Office](#) (8380 Vickers St. #E, San Diego 92111) from 11am-1pm. We will eat brunch at 11am & start playing at 11:30am outside by the S4EA office. Tickets are \$20 to cover the cost of brunch, soft drinks and two rounds of tournament play. If interested in playing Bunco, winning prizes (most wins, most losses & most Buncos) & supporting S4EA, call 858-565-7432.

## S4EA Event Dates

- June 1** S4EA "A Taste 4 SPORTS" – Balboa Park Club (6-9pm)
- June 24** S4EA Bunco Brunch – S4EA Office at 8380 Vickers St. #E, SD 92111 (11am-1pm)
- August 27** S4EA Soccer Tournament – Morley Field in Balboa Park (9am-5pm)
- September 10** S4EA Softball & Tennis Tournament – Morley Field in Balboa Park (9am-5pm)
- October 13-15** S4EA Halloween SPORTS Camp – Green Oak Ranch, Vista (Fri 4pm-Sun 3pm)

## S4EA Summer Season

<b>Sport-Practices</b>	<b>Day</b>	<b>Time</b>	<b>Location</b>	<b>For Summer Season Sports, Call S4EA at 858-565-7432 For More Info</b>
<b>Bocce</b> 	Tue	5:30-7:00pm	<a href="#">Morley Bocce Ct</a> (2221 Morley Field Dr, SD 92104) start Jul 11 [League Play] (Code: <a href="#">107977</a> )	
	Thu	5:30-7:00pm	<a href="#">Brengele Terrace Park</a> (1200 Vale Terrace Dr., Vista 92084) starting July 13 (tentative)	
<b>Bowling</b> 	Sat	11am-1pm	<a href="#">Bowlero Chula Vista</a> (845 Lazo Ct, CV 91910) ending May 27-\$9 for 2 games [League Play]	
	Sat	11:30am-2pm	<a href="#">Parkway Bowl</a> (1280 Fletcher Pkwy, EC 92020) ending June 10-\$6 for 3 games	
Register-Cathy Sturdivant 949-922-3441			<a href="#">Mira Mesa Lanes</a> (8210 Mira Mesa Blvd., SD 92126) on Sun Jun 4 & Jul 9 at 11am-cost \$10	
<b>Cycling</b> 	Sat	1:15-3:30pm	Jun 3- <a href="#">Mast Park</a> on Santee River Trail,, Jun 10- <a href="#">Liberty Station</a> to Coronado via Ferry, Jun 17- <a href="#">Hospitality Point</a> to Sunset Cliffs, Jun 24- <a href="#">Tidelands Park Coronado</a> down Silver Strand [see calendar, S4EA website, coach or call S4EA at 858-565-7432 for more info]	
<b>Soccer</b> 	Mon	5:45-8:00pm	<a href="#">Park de la Cruz</a> (3901 Landis St., SD 92105) starting June 19 [League Play] (Code: <a href="#">107976</a> )	
	Tue	6:00-7:00pm	<a href="#">Palomar Elementary</a> (300 E Palomar St, CV 91911) start Jun 20-need soccer coach-tentative	
	Tue Tourn-Aug 27	Sun	9am-5pm	<a href="#">Morley Field Soccer Fields</a> (2221 Morley Field Dr. near Texas & Upas St., SD 92104)
<b>Softball</b> 	Wed	5:45-8:30pm	<a href="#">Morley Softball Fd</a> (2221 Morley Field Dr, SD 92104) Jun 21/28 <a href="#">Morley Field Closed in July</a>	
			Practices moving to <a href="#">Park de la Cruz</a> (3901 Landis St., SD 92105) July 5/12/19/26 [League Play] (Code: <a href="#">107978</a> )	
	Tue	5:00-6:00pm	<a href="#">Palomar Elementary</a> (300 E Palomar St., Chula Vista 91911) start Jun 20 (& 6-7pm if no soc)	
	Sun	3:30-5:00pm	<a href="#">Breeze Hill Park</a> (645 S. Melrose, Vista 92081) starting July 16 through August 27 (tentative)	
Tue Tourn-Sep 10	Sun	9am-5pm	<a href="#">Morley Field Softball Fields</a> (2221 Morley Field Dr. near Texas & Upas St., SD 92104)	
<b>Swimming</b> 	Sat	10:00-11:30am	<a href="#">La Mesa Pool</a> (5100 Memorial Dr, LM 91942) start June 24-tentative-\$5/session (swim only)	
<b>Tennis</b> 	Mon	6:00-7:00pm	<a href="#">Barnes Tennis Center</a> (4490 W. Point Loma Blvd., San Diego 92107) starting June 26	
	Tue Tourn-Sep 10	Sun	12noon-4pm	<a href="#">Morley Field Tennis Courts</a> (2221 Morley Field Dr. near Texas & Upas St., SD 92104)
<b>Workouts-Hikes/Exercise</b>			Limitless Adventures is a volunteer-led, 501(c)(3) nonprofit organization that provides outdoor recreational experiences for people with disabilities. Their current programming consists of hikes and other activities & operates within the Greater San Diego Area. For more info, go to: <a href="https://www.limitless-adventures.org/">https://www.limitless-adventures.org/</a> - Upcoming events: Hike-June 10	

## S4EA Practices & Tournaments – Guidelines During COVID-19

- Download [Athlete Registration Form](#) & [COVID-19 Waiver of Liability Form](#) from S4EA website, fill out/email to S4EA
- Do not come if you are sick
- Check temperature (if above normal, don't come to practice)
- If have COVID, isolate at least 5 days & wear mask 10 days
- Wear a facemask in large groups/indoor to help protect everyone & especially our athletes with disabilities
- Get your vaccine/boosters & be safe to play our sports

## San Diego Parks & Recreation-Therapeutic Recreation Services

The City of **SAN DIEGO** Parks and Recreation Department San Diego Parks & Recreation (SDP&R) – Therapeutic Recreation Services (TRS) provides therapeutic recreation programs for children and adults with any type of disability. Over the years TRS has been supporting SPORTS for Exceptional Athletes in obtaining contracts for the use of San Diego City Recreation Facilities (gyms & fields) through a SUP agreement which has ended. SDP&R-TRS is now co-sponsoring activities at SD City Facilities so that S4EA athletes and volunteers also need to register with SDP&R-TRS. S4EA athletes need to either register on-line with [SDRecConnect.com](#) or register at the first practice with SDP&R-TRS. The facilities that S4EA uses in the summer are Park de la Cruz-Soccer Mon (Code: [107976](#)), Morley Field Bocce Courts-Bocce Tue (Code: [107977](#)) & Morley Field Softball Fields/PDLC-Softball Wed (Code: [107978](#)).

## S4EA Board of Directors – 2023-24

Congratulations to the new 2023-24 S4EA Board of Directors elected at the S4EA Board meeting on May 11<sup>th</sup>.  
**3-year term:** Nicole Alvarez, Kathy Nelson, Diana Rathbun, Shay Thomas, Carissa Zink  
**1-year terms:** Joe Alvarez-Salas, Kelly Choularton, Isaac Hernandez, Matthew Rathbun  
**Other Current Board Members:** Rodney Caudillo, Ron Choularton, Martin Duarte  
**Executive Com.:** Ron Choularton (Pres.), Martin Duarte (VP), Kathy Nelson (Treas.), Diana Rathbun (Sec.), Nicole Alvarez (At-Large).  
 Special thanks to out-going Board Members Skip Covell (Emeritus), Teri King, Randy Levinson for their great dedication to S4EA.



858-565-7432

# SPORTS for Exceptional Athletes

www.s4ea.org



~ June 2023 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>Sports - Bocce (BC)</u>            - Bowling (BO)            - Cycling (CY)            - Soccer (SO)            - Softball (SB)            - Swimming (SW)            - Tennis (TE)</p>	<p><u>San Diego Co. Location</u>            C - San Diego City            EC - East County            NC - North County            SB - South Bay</p>	<p><u>Facilities</u>            Barnes Tennis Center            La Mesa Pool            Mira Mesa Lanes            Parkway Bowl</p>	<p><u>Facilities</u>            Breeze Hill Park            Brengle Terrace Park            Morley Field-Balboa Park            Palomar Elementary            Park de la Cruz</p>	<p><b>1</b> "A Taste 4 SPORTS"            Balboa Park Club 6-9pm</p>	<p><b>2</b></p>	<p><b>3</b>            BO-EC 11:30-2pm <a href="#">Parkway Bowl</a>            CY 1:15-3:30pm <a href="#">Mast Park</a> on Santee River Trail</p>
<p><b>4</b>            BO-C/NC 11am-12 <a href="#">Mira Mesa</a></p>	<p><b>5</b></p>	<p><b>6</b></p>	<p><b>7</b></p>	<p><b>8</b></p>	<p><b>9</b></p>	<p><b>10</b>            BO-EC 11:30-2pm <a href="#">Parkway Bowl</a>            CY 1:15-4:15pm <a href="#">Liberty Station</a> to Coronado via Ferry  <a href="#">Limitless Adventure Hike</a></p>
<p><b>11</b></p>	<p><b>12</b></p>	<p><b>13</b></p>	<p><b>14</b> Flag Day</p>	<p><b>15</b></p>	<p><b>16</b></p>	<p><b>17</b>            CY 1:15-3:30pm <a href="#">Hospitality Point</a> to Sunset Cliffs</p>
<p><b>18</b> Father's Day</p>	<p><b>19</b> Juneteenth            SO-C 5:45-8pm <a href="#">Park de la Cruz</a></p>	<p><b>20</b>            SB-SB 5-6pm <a href="#">Palomar</a>            SO-SB 6-7pm <a href="#">Palomar</a></p>	<p><b>21</b> Summer Begins            SB-C 5:45-8:30pm <a href="#">Morley</a></p>	<p><b>22</b></p>	<p><b>23</b></p>	<p><b>24</b> S4EA Bunco – S4EA Office-8380 Vickers St #E 11am-1pm            CY 1:15-3:30pm <a href="#">Tidelands Park-Coronado</a> down Silver Strand            SW-EC 10:00-11:30am <a href="#">LM Pool</a></p>
<p><b>25</b></p>	<p><b>26</b>            SO-C 5:45-8pm <a href="#">Park de la Cruz</a>            TE-C 6-7pm <a href="#">Barnes Tennis Ctr</a></p>	<p><b>27</b>            SB-SB 5-6pm <a href="#">Palomar</a>            SO-SB 6-7pm <a href="#">Palomar</a></p>	<p><b>28</b>            SB-C 5:45-8:30pm <a href="#">Morley</a></p>	<p><b>29</b></p>	<p><b>30</b></p>	<p><b>31</b></p>
		<p><u>Donate Stocks to S4EA</u>            Tax season has arrived &amp; if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.</p>	<p><u>Designate S4EA with United Way</u>            United Way &amp; Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name &amp; address: S4EA, 8380 Vickers St. #E, SD 92111. Thanks for your support.</p>	<p><u>Community Giving Program</u>            Please contact Clara at <a href="mailto:sds4ea@gmail.com">sds4ea@gmail.com</a> or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program.</p>	<p><u>Facebook Birthday FR</u>            For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.</p>	<p><u>Vols Needed for Office Projects</u>            Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help.</p>

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

## SPORTS – Special Program Opportunities in Recreation, Teamwork, and Sports



### Happy Father's Day – June 18th!



#### Message from Exec. Dir. Walter Jackson

Join S4EA at "A Taste 4 SPORTS" gala scheduled for Thu June 1 at the Balboa Park Club. S4EA presents Bunco Brunch on Sat Jun 24 at S4EA Office. S4EA is opening our summer season in June & July. Browse through the Newsletter, visit [www.s4ea.org](http://www.s4ea.org) or call S4EA at 858-565-7432 for more info.

#### Halloween SPORTS Camp Oct 13-15

[Halloween SPORTS Camp](#) is scheduled for Oct 13-15 at Green Oak Ranch in Vista. Camp Registration Fee is \$300 per person to help pay for lodging, meals, insurance, supplies, etc. S4EA has received Vendor Approval from Regional Center for SPORTS Camp (PQ8659). Please contact your Regional Center worker to apply & get approval for Campership. For more info, call S4EA at 858-565-7432.



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### How To Register In S4EA

If you are interested in becoming an athlete in SPORTS for Exceptional Athletes, please call the S4EA Office at 858-565-7432 and we will mail you a Registration Packet. You can also download registration information ([Athlete Registration Form](#) & [COVID-19 Waiver of Liability Form](#) – Needed to participate during COVID-19) directly from the SPORTS for Exceptional Athletes website at [www.s4ea.org](http://www.s4ea.org). The Registration Fee is \$20 per sport (scholarships available). S4EA offers over 20 sports: baseball, basketball, bocce, bowling, cross country/downhill skiing, cycling, flag football, floor hockey, golf, ice skating, snowboarding, snowshoeing, soccer, softball, swimming, table tennis, tennis, track, volleyball & walking/running/exercise workouts.

In team sports, teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams.

SPORTS for Exceptional Athletes (S4EA) is a sports program serving over 450 athletes with developmental disabilities ages 5 through adult in San Diego County during the pandemic.

#### SPORTS Pledge

*I practice hard. I do my best. . .  
I play with Pride. . . You'll be impressed!  
We are SPORTS for Exceptional Athletes.*

### S4EA Needs Your Help

SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
- To provide sports facilities, equipment, meals, and other in-kind services.
- To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County. SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax deductible as allowed by law.
- To [donate a vehicle to S4EA](#), call toll free 855-500-7433; free pick-up; tax receipt provided; and no smog certificate required.

[Volunteers](#) are needed as coaches for the summer season in bocce, bowling, cycling, soccer, softball, swimming, and tennis. You do not need any prior experience in the sport or working with persons with developmental disabilities, just a desire to help. Head coaches run the practices, while assistant coaches help the athletes under the direction of the head coach in teaching the athletes various sports skills. Volunteers also act as scorekeepers and timers in team sports league play. Coaches spend 2-3 hours weekly for a 3-month period. Call S4EA Office at 858-565-7432 to get involved.



#### SPORTS Endowment Fund

S4EA has created the [SPORTS Endowment Fund](#) to help ensure long-term continuity and sustainability for S4EA. For more information on planned giving and other endowment options, call attorney Jerry Harris at 619-282-4415.