



SPORTS
for Exceptional Athletes

SPORTS for Exceptional Athletes (S4EA) is a sports program serving athletes with developmental disabilities ages 5 through adult in San Diego. 8380 Vickers Street Suite E, San Diego, CA 92111 | Website: www.s4ea.org | E-mail: sds4ea@gmail.com | Phone 858-565-S4EA (7432).

SPORTS NEWS - JULY 2026

Published Monthly for Athletes, Families, Friends, Volunteers, Coaches & Other Supporters of SPORTS for Exceptional Athletes. Editor: Walter Jackson.

S4EA "A Taste 4 SPORTS" Gala Fundraiser June 27

S4EA celebrates our 19th Annual "[A Taste 4 SPORTS](#)" on June 27th from 6-9pm at the Balboa Park Club. S4EA is honoring former SD Chargers Placekicker Rolf Benirschke as our 2026 'SPORTS Man of the Year'. 200+ guests taste food from 15 restaurants, listen to music by band 'Kenny & the Jets', & bid on fabulous silent auction items. Thank you to the 27 sponsors & over 60 auction donors to help make "A Taste 4 SPORTS" a financial success raising \$60,000+ for S4EA. Thank you to everyone who participated.

SPORTS for Exceptional Athletes thanks the Event Sponsors at "A Taste 4 SPORTS":

Platinum Level

Brian & Kimberly Cox

Silver Level

Emlen Family

Flam Family

HME

Robert Hall/Susan Woodward

Jerry/Mary Ellen Harris Family

Richard Harris Family

Jackson/Snowdall Family

Greg Mitchell/Bill Randall

Rathbun Family



Gold Level

Nick Brumbach

SD City Firefighters #145

Tipple Family

Webb Family

Bronze Level

Alvarez Family

Mary/Rick Cunningham Family

Clara Downes

Entouch Solutions

Gillaspy Family

Glinatsis Family

Goldbaum Family

Brian Miller

Peters Family

RKK Investments

Jennifer Styer

The Arc of San Diego

Triad Components Group

"A Taste 4 SPORTS" Food & Drink Sponsors

AleSmith Brewing Co.

Bread & Cie

CaliFino Tequila

Creative Ideas

Five Guys

Guillermo's-Pepe's Street Tacos

Haley's Fabulous Desserts

MC Sweet Treats

Mimi's Kitchen

Pick Up Stix

Pizzabilities

Richard's Bees

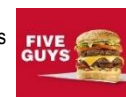
Screaming Pete's BBQ

Super Nova Café

Troy's Greek . . . & many more

Pizzabilities

PIZZA WITH PURPOSE



S4EA Athlete Council Activities- S4EA Bingo Sat July 25 at S4EA Office

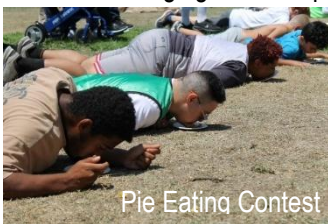


SPORTS for Exceptional Athletes presents [Bingo Bash](#) on Saturday, July 25 at our [S4EA Office](#) (8380 Vickers St. #E, San Diego 92111) in Kearny Mesa from 3:30-5pm. We play bingo outside. If you can, bring your own chair. For \$10.00 per set of 5 Bingo Cards, play Bingo with families & friends. Bingo winners receive prizes. Snacks are provided. Call S4EA at 858-565-7432 to reserve your spot.



S4EA Summer Sports Festival August 15 at Park de la Cruz

S4EA is bringing back the popular Summer Sports Festival on Saturday, August 15th to be held at [Park de la Cruz](#) (3901 Landis St., San Diego 92105) from 10am-3pm. Play a variety of sports such as Basketball, Bocce, Flag Football, Floor Hockey, Futsal, Lacrosse, Pickleball, Quidditch, Soccer, Softball & Volleyball. The picnic will also include lunch, music, relay races, fun & games, party time & socializing with your friends & family.



Pie Eating Contest

The SPORTS Festival is sponsored by SPORTS for Exceptional Athletes and co-sponsored by San Diego Parks & Recreation – Therapeutic Recreation Services (Code: [132151](#)). Athletes with developmental disabilities, families, friends, coaches, volunteers, supporters, and others in the community are invited to play in our Sports Festival/Picnic. Join in the fun & games! Play as many sports as you want. There is no cost. To sign up or for more information, call SPORTS for Exceptional Athletes at 858-565-7432.

S4EA Event Dates

June 27

July 18

July 25

August 8

August 15

August 30

September 13

October 23-25

S4EA "A Taste 4 SPORTS" – Balboa Park Club (6-9pm)

Windansea 'Day at the Beach'-La Jolla Shores Beach (9am-3pm)

S4EA Bingo Bash – S4EA Office (3:30-5pm)

S4EA Swim Meet-St. Madeleine Sophie's Center, El Cajon (8am-1pm)

S4EA/TRS Summer Sports Festival – Park de la Cruz (10am-3pm)

S4EA Soccer Tournament – Morley Field in Balboa Park (9am-4pm)


S4EA Softball & Tennis Tourn–Morley Field, Balboa Park (9am-5pm)

S4EA Halloween SPORTS Camp – Camp Marston in Julian (Fri 4:30pm-Sun 12noon)





S4EA Summer Season

Sport-Practices Day Time Location Call S4EA at 858-565-7432 to confirm or for more Info


Bocce  Tue 5:30-7:00pm [Morley Bocce Ct](#) (2221 Morley Field Dr, SD 92104) Jul 7-Sep 15 [League] (Code: [132127](#))
 Thu 5:30-7:00pm [Downtown IV](#) (2248 Tierra Verde Rd, Vista 92084) Jul 16-Sep 17


Bowling  Sat 11am-1pm [Lucky Strike](#) (845 Lazo Ct, CV 91910) tent. start Sep 12-Apr 24-\$9? for 2 games [League]
 July 5 & 19 Sun 10:45-12:20pm [Mira Mesa Lanes](#) (8210 Mira Mesa Blvd, SD 92126)-\$5 per hour+, cathysturdivant@yahoo.com to confirm

Cycling  Sat 1:15-3:30pm Jul 4-No Ride-Independence Day, Jul 11-[Chula Vista Marina](#) to South Imperial Beach
 Jul 18-[Liberty Station](#) to Shelter Island/Navy Base, Jul 25-[De Anza Cove](#) to Fiesta Isl./YMCA
 [see calendar, S4EA website, coach or call S4EA at 858-565-7432 for more info]

Soccer  Mon 5:45-8:00pm [Park de la Cruz](#) (3901 Landis St, SD 92105) Jun 15-Aug 24 [League Play] (Code: [132126](#))
 Fri 6:30-7:30pm [Robert Egger Sr-South Bay Rec Ctr](#) (1885 Coronado Ave, SD 92154) Jun 12-Aug 28 not 7/3
 Tourn-Aug 30 Sun 9am-4pm [Morley Field Soccer Fields](#) (2221 Morley Field Dr. near Texas & Upas St., SD 92104)

Softball  Wed 5:45-8:30pm [Park de la Cruz](#) (3901 Landis St., SD 92105) Jul 8-Sep 9 [League Play](Code: [132128](#))
 Fri 5:00-6:30pm [Robert Egger Sr-South Bay Rec Ctr](#) (1885 Coronado Ave, SD 92154) Jun 12-Sep 11 not 7/3
 Tourn-Sep 13 Sun 9am-5pm [Morley Field Softball Fields](#) (2221 Morley Field Dr. near Texas & Upas St., SD 92104)

Swimming  Fri 7:00-8:00pm [Copley YMCA](#) (4300 El Cajon Blvd, SD 92105) Apr 10-Dec 18 [swimmers only]
 Thu 5:30-7:30pm [Las Palmas Pool](#) (1800 E 22nd St, NC 91950) \$20/mo. Jun 4-Aug 27 (Non-Swim 5:30/Swim 6:30)
 Sat 10:00-11:30am [La Mesa Pool](#) (5100 Memorial Dr, LM 91942) Jun 20-Aug 29 not 7/4&18-\$5/session(swim only)
 Day at the Beach-Sat Jul 18 9am-3pm Windansea teach surfing [La Jolla Shores](#)-Limited spots available-Call Clara 858-565-7432
 Meet-Aug 8 Sat 8:00am-1:00pm [St. Madeleine Sophie's Center](#) (2119 E. Madison Ave., El Cajon 92019)

Tennis  Mon 6:30-7:30pm [Barnes Tennis Center](#) (4490 W. Point Loma Blvd., SD 92107) Jun 1-Aug 31 not Aug 10
 Tourn-Sep 13 Sun 9am-3pm [Morley Field Tennis Courts](#) (2221 Morley Field Dr. near Texas & Upas St., SD 92104)

Also see Calendar for Practices, Tournaments, and Events.

San Diego Parks & Recreation – Therapeutic Recreation Services

The City of **SAN DIEGO** Parks and Recreation Department San Diego Parks & Recreation (SDP&R) – Therapeutic Recreation Services (TRS) provides therapeutic recreation programs for children and adults with any type of disability. SDP&R-TRS is co-sponsoring S4EA activities at SD City Facilities so that S4EA athletes and volunteers also need to register with SDP&R-TRS. S4EA athletes need to either register on-line with [SDRecConnect.com](#) or register at first practice with SDP&R-TRS. The facilities that S4EA uses in the summer are Park de la Cruz-Soccer Mon (Code: [132126](#)), Morley Field Bocce Courts-Bocce Tue (Code: [132127](#)) & Park de la Cruz Softball Field-Softball Wed (Code: [132128](#)).

S4EA Halloween SPORTS Camp October 23-25 at Camp Marston in Julian

S4EA has scheduled Halloween SPORTS Camp for October 23-25 at [Camp Marston](#) (4761 Pine Hills Rd, Julian 92036). Camp Marston offers sports & traditional camp activities (climbing tower, candle making, paintball slingshots, hikes, nature center, Ga-Ga, talent show, dance) as well as Halloween fun (haunted house, costumes & trick-or-treating). Campers spend 2 nights in group cabins with bathrooms under guidance of chaperones/camp counselors. Because Camp Marston is hilly, a camper using a wheelchair may be limited to certain activities (cabins & dining hall are accessible). Persons with disabilities, families, friends, volunteers, coaches & supporters are welcome to join S4EA at camp.







The S4EA SPORTS Camp Registration Fee is \$450 per person to help pay for lodging, meals, insurance, supplies, etc. Mail Fee & S4EA Camp Registration Form as soon as possible to S4EA (8380 Vickers St. #E, SD, CA 92111). \$100 advance deposit will guarantee a spot at camp. Transportation is available for \$100 or campers may be brought directly to Camp Marston in Julian which is a little over a 1 hour drive from San Diego. **S4EA has received Vendor Approval from Regional Center for SPORTS Camp (PQ8659). Please contact your Regional Center worker to apply & get approval for Registration Fee &/or Transportation Fee.**

\$100 1-on-1 Chaperone Fee (to help pay extra cost of 1-on-1 chaperone that camper's family brings). This fee is no longer paid by Regional Center, but by family. If parent can chaperone an additional camper besides their son/daughter, then S4EA waives the \$100 fee. 1-on-1 Chaperone Fee & Transportation Fee for parent must be paid in advance.

For more info, call S4EA at (858)565-7432 or go to website at www.s4ea.org.

~ July 2026 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><u>Sports - Bocce (BC)</u> - Bowling (BO) - Cycling (CY) - Soccer (SO) - Softball (SB) - Swimming (SW) - Tennis (TE)</p>	<p><u>San Diego Co. Location</u> C - San Diego City EC - East County NC - North County SB - South Bay</p>	<p><u>Facilities</u> Barnes Tennis Center Copley YMCA La Mesa Pool Las Palmas Pool Mira Mesa Lanes</p>	<p><u>Facilities</u> Downtown IV Morley Field-Balboa Pk Park de la Cruz Robert Egger-S. Bay Rec Ctr</p>	<p><u>Community Giving Program</u> Please contact Clara at sds4ea@gmail.com or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program</p>	<p><u>Donate Stocks to S4EA</u> Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.</p>	<p><u>Vols Needed for Office Projects</u> Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help</p>
<p><u>Facebook Birthday FR</u> For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.</p>	<p><u>Designate S4EA with United Way</u> United Way & Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name & address: S4EA, 8380 Vickers St. #E, SD 92111. Thanks for your support</p>	<p>Donate to S4EA</p> 	<p>1</p>	<p>2 SW-SB 530-730 Las Palmas</p>	<p>3 SW-C 7-8pm Copley YMCA</p>	<p>4 Independence Day</p> 
<p>5 BO-C/NC 10:45a-12:20 Mira Mesa</p>	<p>6 SO-C 5:45-8pm Park de la Cruz TE-C 630-730pm Barnes Tennis</p>	<p>7 BC-C 5:30-7pm Morley Fd</p>	<p>8 SB-C 545-830pm Park de la Cruz</p>	<p>9 SW-SB 530-730 Las Palmas</p>	<p>10 SB-SB 5-6:30 Egger-SB Rec SO-SB 630-730 Egger-SB Rec SW-C 7-8pm Copley YMCA</p>	<p>11 CY 1:15-3:30pm Chula Vista Marina to South Imperial Beach SW-EC 10-11:30am LM Pool</p>
<p>12</p>	<p>13 SO-C 5:45-8pm Park de la Cruz TE-C 630-730pm Barnes Tennis</p>	<p>14 BC-C 5:30-7pm Morley Fd</p>	<p>15 SB-C 545-830pm Park de la Cruz</p>	<p>16 BC-NC 5:30-7 Downtown SW-SB 530-730 Las Palmas</p>	<p>17 SB-SB 5-6:30 Egger-SB Rec SO-SB 630-730 Egger-SB Rec SW-C 7-8pm Copley YMCA</p>	<p>18 Windansea  'Day at the Beach' LJ Shores 9am-3pm CY 1:15-3:30pm Liberty Station to Shelter Island & Navy Base</p>
<p>19 BO-C/NC 10:45a-12:20 Mira Mesa</p>	<p>20 SO-C 5:45-8pm Park de la Cruz TE-C 630-730pm Barnes Tennis</p>	<p>21 BC-C 5:30-7pm Morley Fd</p>	<p>22 SB-C 545-830pm Park de la Cruz</p>	<p>23 BC-NC 5:30-7 Downtown SW-SB 530-730 Las Palmas</p>	<p>24 SB-SB 5-6:30 Egger-SB Rec SO-SB 630-730 Egger-SB Rec SW-C 7-8pm Copley YMCA</p>	<p>25 S4EA Bingo Bash – S4EA Office 3:30-5pm</p>  <p>CY 1:15-3:30pm De Anza Cove to Fiesta Island & YMCA SW-EC 10-11:30am LM Pool</p>
<p>26</p>	<p>27 SO-C 5:45-8pm Park de la Cruz TE-C 630-730pm Barnes Tennis</p>	<p>28 BC-C 5:30-7pm Morley Fd</p>	<p>29 SB-C 545-830pm Park de la Cruz</p>	<p>30 BC-NC 5:30-7 Downtown SW-SB 530-730 Las Palmas</p>	<p>31 SB-SB 5-6:30 Egger-SB Rec SO-SB 630-730 Egger-SB Rec SW-C 7-8pm Copley YMCA</p>	

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

SPORTS – Special Program Opportunities in Recreation, Teamwork, and Sports



Celebrate 250 Years Independence Day on the 4th of July!



Message from Exec. Dir. Walter Jackson

Join S4EA at Bingo Bash on Sat July 25 at S4EA office & Halloween SPORTS Camp Oct 23-25 at Camp Marston in Julian. S4EA is running our summer sports in bocce, bowling, cycling, soccer, softball, swimming, and tennis. Browse thru Newsletter, visit www.s4ea.org or call S4EA at 858-565-7432 for more info.



SPORTS

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ADDRESS SERVICE REQUESTED

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Fax: 858-496-7309

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SPORTS Camp Chaperones Needed

Volunteers (especially males) age 18+ are needed to chaperone Halloween SPORTS Camp Oct 23-25 at Camp Marston in Julian. Family & friends are welcome to chaperone. No experience needed.

Call S4EA at 858-565-7432 to sign-up or send in [S4EA Volunteer Application for SPORTS Camp Chaperone](#).



How To Register In S4EA



If you are interested in becoming an athlete in SPORTS for Exceptional Athletes, please call the S4EA Office at 858-565-7432 and we will send you a Registration Packet. You can also download registration information ([Athlete Registration Form](#)) directly from the SPORTS for Exceptional Athletes website at www.s4ea.org. The Registration Fee is \$20 per sport (scholarships available). S4EA offers over 20 sports: basketball, bocce, bowling, cross country/downhill skiing, cycling, flag football, floor hockey, golf, ice skating, pickleball, snowboarding, snowshoeing, soccer, softball, swimming, table tennis, tennis, track, volleyball & walking/running/exercise workouts.

In team sports, teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams.

SPORTS for Exceptional Athletes (S4EA) is a sports program serving 1,400 athletes with developmental disabilities ages 5 through adult in San Diego County.

SPORTS Pledge

*I practice hard. I do my best. . .
I play with Pride. . . You'll be impressed!
We are SPORTS for Exceptional Athletes.*

S4EA Needs Your Help

SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
- To provide sports facilities, equipment, meals, and other in-kind services.
- To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County.
- To [donate a vehicle to S4EA](#), call toll free 855-500-7433; free pick-up; tax receipt provided; and no smog certificate required.

SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax deductible as allowed by law.

[Volunteers](#) are needed as coaches for the summer season in bocce, bowling, cycling, soccer, softball, swimming & tennis. You do not need any prior experience in the sport or working with persons with developmental disabilities, just a desire to help. Head coaches run the practices, while assistant coaches help the athletes under the direction of the head coach in teaching the athletes various sports skills. Volunteers also act as scorekeepers and timers in team sports league play. Coaches spend 2-3 hours weekly for a 3-month period. Call S4EA Office at 858-565-7432 to get involved.



WWW.FACEBOOK.COM/SPORTS4EA

Donate to S4EA



SPORTS Endowment Fund

S4EA has created the [SPORTS Endowment Fund](#) to help ensure long-term continuity and sustainability for S4EA. For more information on planned giving and other endowment options, call attorney Jerry Harris at 619-282-4415.