



SPORTS

for Exceptional Athletes

SPORTS for Exceptional Athletes (S4EA) is a sports program serving athletes with developmental disabilities ages 5 through adult in San Diego. 8380 Vickers Street Suite E, San Diego, CA 92111 | Website: www.s4ea.org | E-mail: sds4ea@gmail.com | Phone 858-565-S4EA (7432).

SPORTS NEWS - MAY 2026

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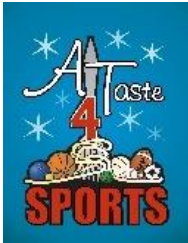
S4EA SPORTS Camp May 15-17 at Buckhorn Camp in Idyllwild

S4EA SPORTS Camp Session #1 on May 15-17 at [Buckhorn Camp in Idyllwild](#) (24641 Hwy 243, Idyllwild 92549) offers sports (bocce, Ga-Ga, human foosball, swimming, and an indoor gymnasium to play basketball, floor hockey, soccer, and volleyball) and traditional camp activities (crafts, hiking, dance, talent show) at a camp in the mountains in Idyllwild. Campers spend 2 nights in cabins under the guidance of camp counselors/chaperones. Persons with developmental disabilities, families, friends, volunteers, coaches, and supporters are all welcome to join S4EA at SPORTS Camp.

The S4EA SPORTS Camp Registration Fee is \$400 per person to help pay for lodging, meals, insurance, supplies, etc. Mail Fee & [S4EA Camp Registration Form](#) as soon as possible to S4EA (8380 Vickers St. #E, SD, CA 92111). \$100 advance deposit guarantees a spot at camp. If camper needs 1-on-1 chaperone, a Supplemental Staffing Fee of \$200 is charged. Transportation is available for \$100 or campers may be brought directly to Buckhorn Camp in Idyllwild which is a little over a 2 hour drive from San Diego. *S4EA has received Vendor Approval from Regional Center for SPORTS Camp. Please contact your Regional Center worker to apply & get approval for Registration Fee, Supplemental Staffing Fee &/or Transportation Fee.* For more info, call S4EA at (858)565-7432 or go to website at www.s4ea.org.

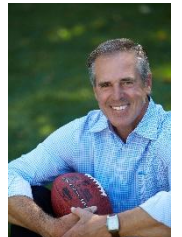


"A Taste 4 SPORTS" Gala Fundraiser June 27 at Balboa Park Club



S4EA is hosting for our members the 19th Annual "[A Taste 4 SPORTS](#)" Gala Fundraiser on Saturday, June 27th from 6-9pm at the [Balboa Park Club](#) (2150 Pan American Road West, SD 92101) featuring food & wine from 12-15 restaurants, personal chefs, caterers & wineries. S4EA is honoring former San Diego Chargers Placekicker Rolf Benirschke as our 2026 'SPORTS Man of the Year'. Mingle with notable local & celebrity figures, including Mad Mike from MTVs "Pimp My Ride", enjoy music from the band 'Kenny & the Jets' & bid on an exquisite array of auction items. Reservations are \$60 per person.

Sponsorship opportunities available at following levels: Platinum-\$10,000, Gold-\$5,000, Silver-\$1,000 & Bronze-\$500. Please donate gift certificates, trips, autographed sports memorabilia to enhance the auction. For more info, call 858-565-7432 or visit www.s4ea.org.



S4EA Bingo Bash Saturday May 30 at S4EA Office



SPORTS for Exceptional Athletes presents [Bingo Bash](#) on Saturday, May 30 at our [S4EA Office](#) (8380 Vickers St. #E, San Diego 92111) in Kearny Mesa from 3:30-5pm. We will play bingo outside. If you can, bring your own chair. For \$10.00 per set of 5 Bingo Cards, play Bingo with families & friends. Bingo winners will receive prizes. Snacks will be provided. Call S4EA at 858-565-7432 to reserve your spot.



S4EA Athlete Council Elects New Officers for 2026-2027

The S4EA Athlete Council had elections at S4EA Pancake Breakfast in April. Congratulations to the following officers: Pres-Joe Alvarez-Salas, VP-Rachel Goldbaum, Treasurer-McKenzie Crossley-Cox, Sec-Haley James, Sgt At Arms-Isaac Hernandez.








S4EA Event Dates

- May 15-17 **S4EA SPORTS Camp-Buckhorn Camp in Idyllwild (Fri 4pm-Sun 1pm)**
- May 30 **S4EA Bingo Bash – S4EA Office (3:30-5pm)**
- June 27 **S4EA "A Taste 4 SPORTS" – Balboa Park Club (6-9pm)**
- July 18 **Windansea 'Day at the Beach'-La Jolla Shores Beach (9am-3pm)**
- August 8 **S4EA Swim Meet – St. Madeleine Sophie's Center, El Cajon (8am-1pm)**
- August 15 **S4EA/TRS Summer Sports Festival – Park de la Cruz (10am-3pm)**



S4EA Spring Season

<u>Sport-Practices</u>	<u>Day</u>	<u>Time</u>	<u>Location</u>	Spring Season Sports, Call S4EA at 858-565-7432 for more Info
Basketball	Mon	6:00-8:30pm	 <u>Park de la Cruz</u> (3901 Landis St., SD 92105) Apr 13-May 4 [Spring League] (Code: 129819)	
	Thu	4:00-5:30pm		
Bowling	Sun	10:45-12:20pm	<u>Mira Mesa Lanes</u> (8210 Mira Mesa Blvd, SD 92126)-\$5 per hour+, every other Sun	
			Call cathysturdivant@yahoo.com to confirm dates May 10 & 24	
Cycling	Sat	1:15-3:30pm	 May 2- <u>Crown Point Shores</u> to South Mission, May 9- <u>Lake Murray</u> around lake x2, May 16- <u>Mast Park</u> River Trail, May 23-No Ride, May 30- <u>De Anza Cove</u> Santa Fe Bike Trail [see calendar, S4EA website, coach or call S4EA at 858-565-7432 for more info]	
Pickleball	Mon	5:30-6:30pm	 <u>Park de la Cruz</u> (3901 Landis St., SD 92105) Mar 30-May 4 (Code: 129819)	
Swimming	Fri	7:00-8:00pm	<u>Copley YMCA</u> (4300 El Cajon Blvd, SD 92105) Apr 10-Dec 18 [swimmers only]	
	Day at the Beach-Sat Jul 18	9am-3pm	Windansea teach surfing <u>La Jolla Shores</u> -Limited spots available-Call Clara 858-565-7432	
Meet-Aug 8	Sat	8:00am-1:00pm	<u>St. Madeleine Sophie's Center</u> (2119 E. Madison Ave., El Cajon 92019)	

Also see Calendar for Practices, Tournaments, and Events.

Summer Sports include Bocce, Cycling, Soccer, Softball, Swimming & Tennis. See S4EA June Newsletter, visit S4EA website at www.s4ea.org or call S4EA at 858-565-7432 for more information.

San Diego Parks & Recreation-Therapeutic Recreation Services

The City of **SAN DIEGO** Parks and Recreation Department San Diego Parks & Recreation (SDP&R) – Therapeutic Recreation Services (TRS) provides therapeutic recreation programs for children and adults with any type of disability. SDP&R-TRS is co-sponsoring S4EA activities at SD City Facilities so that S4EA athletes and volunteers also need to register with SDP&R-TRS. S4EA athletes need to either register on-line with SDRecConnect.com or register at the first practice with SDP&R-TRS. The facilities that S4EA uses in the spring are Park de la Cruz-Basketball/Pickleball Mon (Code: [129819](#)) and Kearny Mesa Recreation Center-Junior Open Sports Thu (Code: [129820](#)).

S4EA Summer Sports Festival August 15 at Park de la Cruz

S4EA is bringing back the popular Summer Sports Festival on Saturday, August 15th to be held at Park de la Cruz (3901 Landis St., San Diego 92105) from 10am-3pm. Play a variety of sports such as Basketball, Bocce, Flag Football, Floor Hockey, Futsal, Lacrosse, Pickleball, Quidditch, Soccer, Softball & Volleyball. The picnic will also include lunch, music, relay races, fun & games, party time & socializing with your friends & family.



The SPORTS Festival is sponsored by SPORTS for Exceptional Athletes and co-sponsored by San Diego Parks & Recreation – Therapeutic Recreation Services (code: [132151](#)). Athletes with developmental disabilities, families, friends, coaches, volunteers, supporters, and others in the community are invited to play in our Sports Festival/Picnic. Join in the fun & games! Play as many sports as you want. There is no cost. To sign up or for more information, call SPORTS for Exceptional Athletes at 858-565-7432.

S4EA Thanks "A Taste 4 SPORTS" Event Sponsors

SPORTS for Exceptional Athletes thanks the Event Sponsors at "A Taste 4 SPORTS" to be held on June 27th at the Balboa Park Club:

Platinum Level

*Brian & Kimberly Cox

Silver Level

Ahrens Family
 *Flam Family
 Gillaspay Family
 HME
 *Jerry/Mary Ellen Harris Family
 *Richard Harris Family
 *Jackson/Snowdall Family
 Job Options Inc.
 *Greg Mitchell/Bill Randall
 *Rathbun Family
 Yates Family

Gold Level

*Nick Brumbach
 *SD City Firefighters #145
 Tipple Family
 UDW AFSCME #3930
 *Webb Family

Bronze Level

Alvarez Family
 Mary & Rick Cunningham Family
 *Clara Downes
 Glinatsis Family
 Goldbaum Family
 Jennifer Styer
 Brian Miller
 *Peters Family
 Super Wash/Dry Laundromat-CV
 *The Arc of San Diego
 Triad Components Group
 UNICO Engineering

"A Taste 4 SPORTS" Food & Drink Sponsors

AleSmith Brewing Co.
 Bread & Cie
 *CaliFino Tequila
 Creative Ideas
 *Guillermo's-Pepe's Street Tacos
 *Haley's Fabulous Desserts
 *MC Sweet Treats
 *Mimi's Kitchen
 *Pick Up Stix
 PRP Wine International
 *Richard's Bees
 *Screaming Pete's BBQ
 Super Nova Cafe
 Troy's Authentic Greek Cuisine
 Veterans Village of San Diego
 We Be OB... & many more

"A Taste 4 SPORTS" Auction & Raffle Items

Getaways to a variety of exciting locations.
Sports Memorabilia—baseball, golf, football, soccer, basketball, etc.
Gift Certificates/Tickets to local restaurants, museums, theatres, hotels, spa treatments, fun & games, whale watching, and more.
Artwork, Jewelry & many more items.
 To see a list of the Taste Auction Packages, visit: www.s4ea.org/taste4sports



*Confirmed Restaurants & Sponsors for 2026

~ May 2026 ~

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Spring Season - Basketball (BB) - Bowling (BO) - Cycling (CY) - Pickleball (PB) - Swimming (SW)	<u>San Diego Co. Location</u> C - San Diego City EC - East County NC - North County SB - South Bay	<u>Facilities</u> Copley YMCA Kearny Mesa Rec. Center Mira Mesa Lanes Park de la Cruz Gym		Donate to S4EA 	1 SW-C 7-8pm <u>Copley YMCA</u>	2 CY 1:15-3:30pm <u>Crown Point Shores to South Mission</u>
3	4 BB-C 6-8pm <u>Park de la Cruz</u> PB-C 5:30-6:30 <u>Park de la Cruz</u>	5	6	7 Open Gym-Jr 4-5:30pm <u>Kearny</u>	8 SW-C 7-8pm <u>Copley YMCA</u>	9 CY 1:15-3:30pm <u>Lake Murray</u> around lake x2
10 Mother's Day  BO-C/NC 10:45a-12:20 <u>Mira Mesa</u>	11	12	13	14	15 SPORTS Camp- Buckhorn Camp, Idyllwild  SW-C 7-8pm <u>Copley YMCA</u>	16 SPORTS Camp -Buckhorn Camp, Idyllwild  CY 1:15-3:30pm <u>Mast Park River Trail</u>
17 SPORTS Camp- Buckhorn Camp, Idyllwild 	18	19	20	21	22 SW-C 7-8pm <u>Copley YMCA</u>	23
24 BO-C/NC 10:45a-12:20 <u>Mira Mesa</u>	25 Memorial Day 	26	27	28	29 SW-C 7-8pm <u>Copley YMCA</u>	30 S4EA Bingo Bash – S4EA Office 3:30-5pm  CY 1:15-3:30pm <u>De Anza Cove Santa Fe Bike Trail</u>
31	<u>Community Giving Program</u> Please contact Clara at sds4ea@gmail.com or 858-565-7432 if your company has a community giving, matching gift or volunteer recognition program	<u>Donate Stocks to S4EA</u> Tax season has arrived & if you would like to donate appreciated securities, stocks, or real estate to S4EA, call attorney Jerry Harris at 619-282-4415.	<u>Vols Needed for Office Projects</u> Volunteers are needed to help with various office projects including mail-outs, newsletters, "A Taste 4 SPORTS", etc. Call S4EA at 858-565-7432 to help	<u>Facebook Birthday FR</u> For your birthday this year, please consider doing a Facebook birthday fundraiser for S4EA. Call S4EA at 858-565-7432 for more info.	<u>Board of Directors Elections</u> If you are interested in helping run our non-profit sports organization by becoming a board member, then call S4EA at 858-565-7432 by May 7.	<u>Designate S4EA with United Way</u> United Way & Ca State Employees charitable workplace campaigns start soon. Designate S4EA by giving United Way or Ca St. Emp. our full name & address: S4EA, 8380 Vickers St. #E, SD 92111. Thanks for your support

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.

SPORTS – Special Program Opportunities in Recreation, Teamwork, and Sports



Join S4EA at SPORTS Camp May 15-17!



Message from Exec. Dir. Walter Jackson

Join S4EA at Bingo Bash on Sat May 30 at S4EA Office and "A Taste 4 SPORTS" gala fundraiser on Sat Jun 27 at Balboa Park Club. S4EA is running our spring sports (basketball, bowling, cycling, pickleball, and swimming). Browse thru Newsletter, visit www.s4ea.org or call S4EA at 858-565-7432 for more info.



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SPORTS Camp-Chaperones Needed

Volunteers ages 18 & over are needed to chaperone for SPORTS Camp May 15-17 at Buckhorn Camp in Idyllwild. Family and friends are welcome to chaperone. No experience needed.

Call S4EA at 858-565-7432.



How To Register In S4EA



If you are interested in becoming an athlete in SPORTS for Exceptional Athletes, please call the S4EA Office at 858-565-7432 and we will send you a Registration Packet. You can also download registration information ([Athlete Registration Form](#)) directly from the SPORTS for Exceptional Athletes website at www.s4ea.org. The Registration Fee is \$20 per sport (scholarships available). S4EA offers over 20 sports: basketball, bocce, bowling, cross country/downhill skiing, cycling, flag football, floor hockey, golf, ice skating, pickleball, snowboarding, snowshoeing, soccer, softball, swimming, table tennis, tennis, track, volleyball & walking/running/exercise workouts.

In team sports, teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams.

SPORTS for Exceptional Athletes (S4EA) is a sports program serving 1,400 athletes with developmental disabilities ages 5 through adult in San Diego County.

SPORTS Pledge

*I practice hard. I do my best. . .
I play with Pride. . . You'll be impressed!
We are SPORTS for Exceptional Athletes.*

S4EA Needs Your Help

SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
- To provide sports facilities, equipment, meals, and other in-kind services.
- To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County.
- To [donate a vehicle to S4EA](#), call toll free 855-500-7433; free pick-up; tax receipt provided; and no smog certificate required.

SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax deductible as allowed by law.

Volunteers are needed as coaches for the spring & summer seasons in basketball, bocce, bowling, cycling, pickleball, soccer, softball, swimming & tennis. You do not need any prior experience in the sport or working with persons with developmental disabilities, just a desire to help. Head coaches run the practices, while assistant coaches help the athletes under the direction of the head coach in teaching the athletes various sports skills. Volunteers also act as scorekeepers and timers in team sports league play. Coaches spend 2-3 hours weekly for a 3-month period. Call S4EA Office at 858-565-7432 to get involved.



www.facebook.com/sports4ea

Donate to S4EA



SPORTS Endowment Fund

S4EA has created the [SPORTS Endowment Fund](#) to help ensure long-term continuity and sustainability for S4EA. For more information on planned giving and other endowment options, call attorney Jerry Harris at 619-282-4415.