

## ABOUT US

SPORTS for Exceptional Athletes was founded in April 2007 by a group of coaches, parents, volunteers, and community members who found a need for a community based sports program for athletes with and without developmental disabilities in San Diego County. Many in the group have spent 10, 20, or more years serving the needs of persons with developmental disabilities.

## BOARD OF DIRECTORS

Pres: Tamara Ahrens-Gilbane  
VP: Willard 'Doc' Howard-Retired  
Treas: Skip Covell-National Certified  
Secretary: Matt Stickley-Geneva Financial  
Past Pres: Jerry Harris-Atty., Real Estate Broker  
Nicole Alvarez-San Diego Unified School District  
Rodney Caudillo-RLC Financial, Wedbush  
Isaac Hernandez-Athlete Council President  
Randy Levinson-Coast Commercial Ventures, LLC  
Adrian Lizano-Handle Bar Hot Sauce  
Kathy Nelson-Group Home Owner  
Kenyetta Pete-The Arc of San Diego & Ath. Rep.

## STAFF

Walter Jackson-Executive Director  
Clara Downes-Associate Director

## COMMUNITY PARTNERS

American Youth Soccer Organization  
The Arc of San Diego  
Down Syndrome Association of San Diego  
SD Park & Rec. Dept.-Therapeutic Rec. Services  
San Diego Police Officer's Association  
The Salvation Army Kroc Center

SPORTS for Exceptional Athletes  
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Website: [www.s4ea.org](http://www.s4ea.org)  
Phone: 858-565-7432



## HELP NEEDED!



SPORTS for Exceptional Athletes is a volunteer-based community-wide program that needs your help:

- To serve as coach, event organizer, fundraiser, sports official, or other worker.
- To provide sports facilities, equipment, meals, and other in-kind services.
- To provide operating funds for the SPORTS for Exceptional Athletes program here in San Diego County.
- To donate a vehicle to S4EA, call CARS toll-free at 877-537-5277.

SPORTS for Exceptional Athletes is a non-profit 501(c)(3) organization (ID # 20-8886536). Contributions are tax-deductible as allowed by law.



# SPORTS

## for Exceptional Athletes



SPORTS for Exceptional Athletes (S4EA) is a community based sports program serving athletes with developmental disabilities ages 5 through adult in San Diego County.\*

## PURPOSE

The purpose of SPORTS for Exceptional Athletes is to create enhanced opportunities for people with and without disabilities to interact and form lasting bonds of friendship through shared sports and recreational activities in their community.



\*Besides San Diego County, S4EA has affiliate programs in Montebello, Temecula, Torrance and Ventura.

## SPORTS SEASONS

### Summer (Jun – Sep)

\*Bocce  
Cycling  
Sailing  
\*Soccer  
\*Softball  
Tennis



### Fall (Sep – Dec)

\*Flag Football  
\*Floor Hockey  
\*Volleyball



### Winter (Jan – Mar)

\*Basketball  
Cross Country Skiing  
Downhill Skiing  
Snowboarding  
Snowshoeing  
Track



### Spring (Mar – June)

\*Baseball  
\*Basketball  
Cycling  
\*Floor Hockey



### Year-Round (Jan-Dec)

Bowling  
Figure Skating  
Golf  
Judo  
Speed Skating  
Swimming  
Table Tennis  
Walking/Running/Exercise



\*Team Sports - League Play

The year is divided into 'Sports Seasons' with team sports offering league play. League play consists of 10-12 week seasons of training and competition. Individual sports offer a season of training and skill building at weekly practices.

## DIVISIONS

Divisions are available for various ability levels in team sports. The first few weeks of each season consists of training and putting together the teams for the divisions. Teams may be made up of athletes with developmental disabilities, families, friends, and others in the community who want to play on inclusive teams. Divisions consist of 4-10 teams playing a single or double round robin format. Teams are then seeded in a winners-losers bracket for final competition to determine final place awards.



## TOURNAMENTS

Tournaments are available in both individual and team sports. Lunch and awards will be given to all athletes. Out-of-town teams will be invited to play in our San Diego tournaments and our teams will travel when out-of-town tournaments are available.

## REGISTRATION FEES



The Registration Fee for the 10-12 week sports season is \$20 per sport (plus any practice use fees paid directly to the facility for individual sports). Registered athletes and coaches will have secondary participant accident coverage. A shirt will be given to all registered athletes and coaches during their first season.

The approximate cost per athlete per sports season is \$100 (equipment, facilities, practices, insurance, t-shirt, awards, league play, overhead, tournament, etc.). Donations are needed to cover these costs.

***If an athlete is unable to pay a fee, financial assistance will be made available through SPORTS for Exceptional Athletes.***

For more information about the SPORTS for Exceptional Athletes program or to obtain an Athlete or Volunteer Registration form, please call 858-565-S4EA (7432).

***SPORTS - Special Program Opportunities in Recreation, Teamwork, and Sports***

